

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Amphthill & Flitwick Flyers

Team Score

951

Men

No.	First Name	Surname	Age Cat		Team
184	Joe	Strange	M25-29	3	3
135	Stephen	Green	M35-39	4	4
189	Steven	Upton	M40-44	12	12
160	Lee	Murphy	M25-29	17	17
145	Phil	Holland	M40-44	22	22
103	Dave	Ackerley	M25-29	23	23
155	Chris	Littlejohn	M35-39	28	28
190	Mark	Waine	M45-49	29	29
				138	138

Women

No.	First Name	Surname	Age Cat		Team
220	Caroline	Gilby	F50-54	24	185
195	Jo	Aatkar	F50-54	27	195
234	Michelle	Morris	F30-34	32	206
246	Katie	Ruditis	F35-39	43	227

126

813

Bedford Harriers

Team Score

1232

Men

No.	First Name	Surname	Age Cat		Team
300	Ed	Castro	M30-34	10	10
472	Sean	Tarrant	M20-24	24	24
339	Gary	Finch	M50-54	65	67
412	Neil	Loader	M50-54	84	89
307	Jon	Clark	M50-54	96	102
277	Tony	Barnes	M55-59	98	106
346	David	Frampton	M60-64	103	113
422	Gary	McKeaveney	M35-39	104	114
				584	625

Women

No.	First Name	Surname	Age Cat		Team
427	Juliet	Naylor	F45-49	8	105
324	Dea	Ditchfield	F50-54	15	160
365	Chloe	Haffenden	F20-24	18	164
453	Claire	Rulton	F40-44	22	178

63

607

Biggleswade AC

Team Score

1614

Men

No.	First Name	Surname	Age Cat		Team
514	Steven	Baldwin	M25-29	9	9
515	Aaron	Ball	M30-34	69	72
526	Paul	Cooke	M40-44	73	77
510	Charlie	Arnold	M60-64	91	96
570	John	Stott	M45-49	127	139
547	Neil	Harvey	M55-59	180	219
549	Giles	Hawthorne	M40-44	196	247
576	Robin	Wynde	M60-64	231	325
				976	1184

Women

No.	First Name	Surname	Age Cat		Team
520	Hannah	Broom	F35-39	2	57
578	Natalie	Garner	F25-29	9	107
554	Natalie	Morgan	F40-44	11	119
511	Emma	Bailey	F40-44	14	147

36

430

Dunstable Road Runners

Team Score

2283

Men

No.	First Name	Surname	Age Cat		Team
1312	Ben	Warren	M17-19	53	54
639	Sean	Byrne	M45-49	100	110
645	Mark	Cornell	M50-54	112	124
683	Stuart	Lamond	M30-34	116	128
713	Jose	Santos	M40-44	128	140
736	David	Morgan	M50-54	159	182
676	Peter	Keane	M55-59	182	222
735	Clifford	Punter	M55-59	194	245
				1044	1205

Women

No.	First Name	Surname	Age Cat		Team
725	Teresa	Warren	F45-49	38	217
703	Lisa	Phee	F35-39	49	237
707	Tara	Quinn	F40-44	59	260
705	Tara	Pountney	F40-44	126	364

272

1078

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Leighton Fun Runners

Team Score

1505

Men

No.	First Name	Surname	Age Cat		Team
802	Martin	Crane	M45-49	39	39
821	Dan	Green	M40-44	68	71
808	Tom	Ellerton	M25-29	78	82
791	Colin	Aitken	M35-39	85	90
825	Andrew	Heale	M50-54	86	91
852	James	Smith	M45-49	89	94
819	Matthew	Gilbert	M40-44	114	126
855	Chris	Stenner	M50-54	134	148
				693	741

Women

No.	First Name	Surname	Age Cat		Team
828	Zoe	Illingworth	F45-49	20	172
865	Rosie	Booth	F40-44	25	187
815	Katy	Garnham-Lee	F25-29	28	196
839	Karen	McLean	F50-54	33	209

106

764

North Herts Road Runners

Team Score

588

Men

No.	First Name	Surname	Age Cat		Team
1029	Edward	Price	M40-44	14	14
1005	Jim	McConnel	M45-49	15	15
1040	Matthew	Sayers	M40-44	16	16
1080	Wayne	Bell	M40-44	19	19
1033	John	Rayner	M35-39	31	31
974	Robert John	Harris	M40-44	37	37
1019	Stewart	Overton	M35-39	41	41
1003	Darren	Matussa	M40-44	42	42
				215	215

Women

No.	First Name	Surname	Age Cat		Team
1082	Natalie	Lawrence	F30-34	1	45
972	Katie	Harbon	F20-24	5	86
1006	Astrid	McKeown	F45-49	6	99
910	Paula	Adams	F45-49	13	143

25

373

Northampton Road Runners

Team Score

1471

Men

No.	First Name	Surname	Age Cat		Team
1205	Norbert	Mihalik	M35-39	7	7
1200	Tony	Letts	M50-54	18	18
1239	Matthew	Clarke	M40-44	30	30
1189	Tom	High	M25-29	35	35
1163	Illir	Brecani	M40-44	45	46
1218	Andy	Shaw	M35-39	67	70
1237	Mitchell	Baines	M25-29	83	88
1242	Robert	Hemingway	M35-39	111	123
				396	417

Women

No.	First Name	Surname	Age Cat		Team
1185	Jocelyn	Granger	F55-59	46	232
1249	Charlotte	Davis	F17-19	51	242
1253	Sam	Crouch	F40-44	67	277
1221	Jo	Smith	F50-54	85	303

249

1054

Olney Runners

Team Score

2059

Men

No.	First Name	Surname	Age Cat		Team
1363	Chris	Ling	M35-39	88	93
1353	Simon	Cook	M45-49	94	100
1356	Stephen	Dicks	M45-49	95	101
1367	Duncan	Winner	M40-44	120	132
1374	Rob	Rieke	M55-59	147	166
1352	Chris	Barnes	M50-54	150	169
1354	Justin	Crook	M40-44	154	174
1366	Rob	White	M45-49	155	175
				1003	1110

Women

No.	First Name	Surname	Age Cat		Team
1344	Lisa	Russell	F45-49	23	181
1378	Donna	Evans	F35-39	39	218
1348	Sarah	McAuliffe	F30-34	65	274
1347	Helen	Margetts	F40-44	66	276

193

949

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Stopsley Striders

Team Score

2013

Men

No.	First Name	Surname	Age Cat		Team
1497	Robert	Barnes	M30-34	2	2
1480	Gez	Fallon	M45-49	82	87
1495	Pat	Blessing	M55-59	97	104
1508	Ahmed	Berrah	M35-39	110	121
1512	Danny	Kelly	M55-59	144	158
1505	Andy	Reid	M65-69	151	170
1521	Peter	Brown	M35-39	161	184
1478	Dave	Adam	M60-64	223	312
				970	1138

Women

No.	First Name	Surname	Age Cat		Team
1466	Christine	Lathwell	F40-44	3	68
1459	Miriam	Linforth	F35-39	37	215
1464	Karen	Ashby	F55-59	71	285
1443	Barbora	Uhroková	F30-34	86	307

197

875

Team East Haddon

Team Score

1109

Men

No.	First Name	Surname	Age Cat		Team
1598	Matt	Dine	M35-39	21	21
1581	Andy	Green	M50-54	43	43
1611	Chris	Bell	M50-54	47	48
1591	Adrian	Homer	M45-49	54	55
1596	Tim	Webster	M30-34	55	56
1619	Steve	Dransfield	M35-39	64	66
1587	Stuart	Wheeldon	M45-49	71	74
1599	Peter	Chandley	M50-54	87	92
				442	455

Women

No.	First Name	Surname	Age Cat		Team
1604	Lindsay	Scott	F30-34	7	103
1618	Stacey	Dransfield	F35-39	12	122
1602	Liv	Thompson	F30-34	16	161
1621	Jo	Love	F45-49	63	268

98

654

Wellingborough & District AC

Team Score

785

Men

No.	First Name	Surname	Age Cat		Team
1681	Craig	Clements	M35-39	5	5
1684	Simon	Mayes	M25-29	13	13
1676	Greg	Spellman	M50-54	20	20
1671	Paul	Huckle	M30-34	26	26
1672	Jason	French	M35-39	32	32
1705	Patrick	Barber	M30-34	40	40
1674	Jon	Kemp	M45-49	50	51
1693	John	Wayland	M40-44	56	58
				242	245

Women

No.	First Name	Surname	Age Cat		Team
1722	Kelly	Barnett	F25-29	4	75
1713	Lisa	Smith	F35-39	10	108
1714	Louise	Kemp	F40-44	19	165
1723	Katherine	Baxter-Smith	F30-34	26	192

59

540

Wootton Road Runners

Team Score

1494

Men

No.	First Name	Surname	Age Cat		Team
1840	Andy	Fairley	M40-44	11	11
1877	Geoff	Bonnett	M25-29	27	27
1866	Jame	Stringer	M30-34	38	38
1816	Richard	Lack	M45-49	44	44
1828	Chris	Chapman	M40-44	101	111
1829	Graham	Hollowell	M50-54	109	120
1865	Craig	Goodman	M30-34	129	141
1872	John	White	M40-44	131	144
				590	636

Women

No.	First Name	Surname	Age Cat		Team
1887	Jo	Gardner	F30-34	17	163
1881	Gill	Jakeman	F40-44	40	221
1856	Louise	Birkett-swain	F40-44	42	226
1826	Carrie	Carruthers	F55-59	52	248

151

858

3 Counties Cross Country League Results

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27-January-2019

Rugby & Northampton AC

Team Score

1143

Men

No.	First Name	Surname	Age Cat		Team
1924	Hayden	Arnall	M17-19	1	1
1925	David	Ball	M35-39	6	6
1958	Chris	Lamb	M30-34	8	8
1920	Zak	Allen	M20-24	25	25
1975	Joe	Musgrove	M17-19	33	33
1929	Simon	Bickers	M55-59	46	47
1990	Jon	Taylor	M40-44	48	49
2001	Adam	Bebbington	M17-19	49	50
				216	219

Women

No.	First Name	Surname	Age Cat		Team
1988	Zoe	Shepherd	F35-39	21	176
1954	Helen	Jones	F50-54	47	233
1965	Trudi	Mawby	F35-39	56	253
1977	Helen	Needham	F45-49	60	262

184

924

Team Summary

	Men		Women		Team			
Ampthill & Flitwick Flyers	1	138	7	126	3	138	813	951
Bedford Harriers	7	584	4	63	6	625	607	1232
Biggleswade AC	11	976	2	36	10	1184	430	1614
Dunstable Road Runners	13	1044	13	272	13	1205	1078	2283
Leighton Fun Runners	9	693	6	106	9	741	764	1505
North Herts Road Runners	2	215	1	25	1	215	373	588
Northampton Road Runners	5	396	12	249	7	417	1054	1471
Olney Runners	12	1003	10	193	12	1110	949	2059
Stopsley Striders	10	970	11	197	11	1138	875	2013
Team East Haddon	6	442	5	98	4	455	654	1109
Wellingborough & District AC	4	242	3	59	2	245	540	785
Wootton Road Runners	8	590	8	151	8	636	858	1494
Rugby & Northampton AC	3	216	9	184	5	219	924	1143
Total of Scoring Men's Teams			8328		Contribution to Team Scores		45.64%	
Total of Scoring Women's Teams			9919				54.36%	