

3 Counties Cross Country League Results

Venue		Wootton		27-January-2019			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
1	1924	Hayden	Arnall	Rugby & Northampton AC	M17-19	1	1	1
2	1497	Robert	Barnes	Stopsley Striders	M30-34	2	2	1
3	184	Joe	Strange	Amphthill & Flitwick Flyers	M25-29	3	3	1
4	135	Stephen	Green	Amphthill & Flitwick Flyers	M35-39	4	4	1
5	1681	Craig	Clements	Wellingborough & District AC	M35-39	5	5	2
6	1925	David	Ball	Rugby & Northampton AC	M35-39	6	6	3
7	1205	Norbert	Mihalik	Northampton Road Runners	M35-39	7	7	4
8	1958	Chris	Lamb	Rugby & Northampton AC	M30-34	8	8	2
9	514	Steven	Baldwin	Biggleswade AC	M25-29	9	9	2
10	300	Ed	Castro	Bedford Harriers	M30-34	10	10	3
11	1840	Andy	Fairley	Wootton Road Runners	M40-44	11	11	1
12	189	Steven	Upton	Amphthill & Flitwick Flyers	M40-44	12	12	2
13	1684	Simon	Mayes	Wellingborough & District AC	M25-29	13	13	3
14	1029	Edward	Price	North Herts Road Runners	M40-44	14	14	3
15	1005	Jim	McConnel	North Herts Road Runners	M45-49	15	15	1
16	1040	Matthew	Sayers	North Herts Road Runners	M40-44	16	16	4
17	160	Lee	Murphy	Amphthill & Flitwick Flyers	M25-29	17	17	4
18	1200	Tony	Letts	Northampton Road Runners	M50-54	18	18	1
19	1080	Wayne	Bell	North Herts Road Runners	M40-44	19	19	5
20	1676	Greg	Spellman	Wellingborough & District AC	M50-54	20	20	2
21	1598	Matt	Dine	Team East Haddon	M35-39	21	21	5
22	145	Phil	Holland	Amphthill & Flitwick Flyers	M40-44	22	22	6
23	103	Dave	Ackerley	Amphthill & Flitwick Flyers	M25-29	23	23	5
24	472	Sean	Tarrant	Bedford Harriers	M20-24	24	24	1
25	1920	Zak	Allen	Rugby & Northampton AC	M20-24	25	25	2
26	1671	Paul	Huckle	Wellingborough & District AC	M30-34	26	26	4
27	1877	Geoff	Bonnett	Wootton Road Runners	M25-29	27	27	6
28	155	Chris	Littlejohn	Amphthill & Flitwick Flyers	M35-39	28	28	6
29	190	Mark	Waine	Amphthill & Flitwick Flyers	M45-49	29	29	2
30	1239	Matthew	Clarke	Northampton Road Runners	M40-44	30	30	7
31	1033	John	Rayner	North Herts Road Runners	M35-39	31	31	7
32	1672	Jason	French	Wellingborough & District AC	M35-39	32	32	8
33	1975	Joe	Musgrove	Rugby & Northampton AC	M17-19	33	33	2
34	182	Terry	Stanley	Amphthill & Flitwick Flyers	M30-34	34	34	5
35	1189	Tom	High	Northampton Road Runners	M25-29	35	35	7
36	122	John	Decesare	Amphthill & Flitwick Flyers	M50-54	36	36	3
37	974	Robert John	Harris	North Herts Road Runners	M40-44	37	37	8
38	1866	Jame	Stringer	Wootton Road Runners	M30-34	38	38	6
39	802	Martin	Crane	Leighton Fun Runners	M45-49	39	39	3
40	1705	Patrick	Barber	Wellingborough & District AC	M30-34	40	40	7
41	1019	Stewart	Overton	North Herts Road Runners	M35-39	41	41	9
42	1003	Darren	Matussa	North Herts Road Runners	M40-44	42	42	9
43	1581	Andy	Green	Team East Haddon	M50-54	43	43	4
44	1816	Richard	Lack	Wootton Road Runners	M45-49	44	44	4
45	1082	Natalie	Lawrence	North Herts Road Runners	F30-34	1	45	1
46	1163	Iilir	Brecani	Northampton Road Runners	M40-44	45	46	10
47	1929	Simon	Bickers	Rugby & Northampton AC	M55-59	46	47	1
48	1611	Chris	Bell	Team East Haddon	M50-54	47	48	5
49	1990	Jon	Taylor	Rugby & Northampton AC	M40-44	48	49	11
50	2001	Adam	Bebbington	Rugby & Northampton AC	M17-19	49	50	3
51	1674	Jon	Kemp	Wellingborough & District AC	M45-49	50	51	5
52	125	Joshua	Dyball	Amphthill & Flitwick Flyers	M30-34	51	52	8
53	1936	Vince	Carroll	Rugby & Northampton AC	M45-49	52	53	6
54	1312	Ben	Warren	Dunstable Road Runners	M17-19	53	54	4
55	1591	Adrian	Homer	Team East Haddon	M45-49	54	55	7
56	1596	Tim	Webster	Team East Haddon	M30-34	55	56	9
57	520	Hannah	Broom	Biggleswade AC	F35-39	2	57	1
58	1693	John	Wayland	Wellingborough & District AC	M40-44	56	58	12
59	1971	Brendan	Moen	Rugby & Northampton AC	M50-54	57	59	6

3 Counties Cross Country League Results

Venue		Wootton		27-January-2019			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
60	107	Martin	Beare	Amphthill & Flitwick Flyers	M55-59	58	60	2
61	149	Dan	Karaiskou	Amphthill & Flitwick Flyers	M20-24	59	61	3
62	975	Lee	Hayes	North Herts Road Runners	M50-54	60	62	7
63	1696	Julian	Blackwell	Wellingborough & District AC	M45-49	61	63	8
64	172	Simon	Read	Amphthill & Flitwick Flyers	M40-44	62	64	13
65	1950	Oliver	Harvey	Rugby & Northampton AC	M20-24	63	65	4
66	1619	Steve	Dransfield	Team East Haddon	M35-39	64	66	10
67	339	Gary	Finch	Bedford Harriers	M50-54	65	67	8
68	1466	Christine	Lathwell	Stopsley Striders	F40-44	3	68	1
69	987	James	Keogh	North Herts Road Runners	M40-44	66	69	14
70	1218	Andy	Shaw	Northampton Road Runners	M35-39	67	70	11
71	821	Dan	Green	Leighton Fun Runners	M40-44	68	71	15
72	584	Alan	Des Kell	Biggleswade AC	m25-29-Guest			8
73	515	Aaron	Ball	Biggleswade AC	M30-34	69	72	10
74	143	Stephen	Hartley	Amphthill & Flitwick Flyers	M45-49	70	73	9
75	1587	Stuart	Wheeldon	Team East Haddon	M45-49	71	74	10
76	1722	Kelly	Barnett	Wellingborough & District AC	F25-29	4	75	1
77	1075	David	Weston	North Herts Road Runners	M35-39	72	76	12
78	526	Paul	Cooke	Biggleswade AC	M40-44	73	77	16
79	1993	Richard	Thomas	Rugby & Northampton AC	M40-44	74	78	17
80	1692	Ady	King	Wellingborough & District AC	M45-49	75	79	11
81	1689	Peter	Cowler	Wellingborough & District AC	M40-44	76	80	18
82	1943	Steve	Dixon	Rugby & Northampton AC	M40-44	77	81	19
83	808	Tom	Ellerton	Leighton Fun Runners	M25-29	78	82	9
84	1982	Nigel	Roberts	Rugby & Northampton AC	M45-49	79	83	12
85	1047	Adrian	Sherwood	North Herts Road Runners	M50-54	80	84	9
86	112	Andy	Bierton	Amphthill & Flitwick Flyers	M45-49	81	85	13
87	972	Katie	Harbon	North Herts Road Runners	F20-24	5	86	1
88	1480	Gez	Fallon	Stopsley Striders	M45-49	82	87	14
89	1237	Mitchell	Baines	Northampton Road Runners	M25-29	83	88	10
90	412	Neil	Loader	Bedford Harriers	M50-54	84	89	10
91	791	Colin	Aitken	Leighton Fun Runners	M35-39	85	90	13
92	825	Andrew	Heale	Leighton Fun Runners	M50-54	86	91	11
93	1599	Peter	Chandley	Team East Haddon	M50-54	87	92	12
94	1363	Chris	Ling	Olney Runners	M35-39	88	93	14
95	852	James	Smith	Leighton Fun Runners	M45-49	89	94	15
96	2008	Sam	Tallett	Rugby & Northampton AC	M30-34	90	95	11
97	510	Charlie	Arnold	Biggleswade AC	M60-64	91	96	1
98	1697	Neil	McDonald	Wellingborough & District AC	M55-59	92	97	3
99	142	Callum	Harrison	Amphthill & Flitwick Flyers	M25-29	93	98	11
100	1006	Astrid	McKeown	North Herts Road Runners	F45-49	6	99	1
101	1353	Simon	Cook	Olney Runners	M45-49	94	100	16
102	1356	Stephen	Dicks	Olney Runners	M45-49	95	101	17
103	307	Jon	Clark	Bedford Harriers	M50-54	96	102	13
104	1604	Lindsay	Scott	Team East Haddon	F30-34	7	103	2
105	1495	Pat	Blessing	Stopsley Striders	M55-59	97	104	4
106	427	Juliet	Naylor	Bedford Harriers	F45-49	8	105	2
107	277	Tony	Barnes	Bedford Harriers	M55-59	98	106	5
108	578	Natalie	Garner	Biggleswade AC	F25-29	9	107	2
109	1713	Lisa	Smith	Wellingborough & District AC	F35-39	10	108	2
110	1986	Laurence	Scott	Rugby & Northampton AC	M55-59	99	109	6
111	639	Sean	Byrne	Dunstable Road Runners	M45-49	100	110	18
112	1828	Chris	Chapman	Wootton Road Runners	M40-44	101	111	20
113	1615	Andy	Peel	Team East Haddon	M35-39	102	112	15
114	346	David	Frampton	Bedford Harriers	M60-64	103	113	2
115	422	Gary	McKeaveney	Bedford Harriers	M35-39	104	114	16
116	1699	Roger	Bullen	Wellingborough & District AC	M55-59	105	115	7
117	1608	Charles	Spencer	Team East Haddon	M30-34	106	116	12
118	162	Gavin	Nicholson	Amphthill & Flitwick Flyers	M40-44	107	117	21

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
119	1590	Rob	White	Team East Haddon	M55-59	108	118	8
120	554	Natalie	Morgan	Biggleswade AC	F40-44	11	119	2
121	1829	Graham	Hollowell	Wootton Road Runners	M50-54	109	120	14
122	1508	Ahmed	Berrah	Stopsley Striders	M35-39	110	121	17
123	1618	Stacey	Dransfield	Team East Haddon	F35-39	12	122	3
124	1242	Robert	Hemingway	Northampton Road Runners	M35-39	111	123	18
125	645	Mark	Cornell	Dunstable Road Runners	M50-54	112	124	15
126	1166	Mick	Conroy	Northampton Road Runners	M55-59	113	125	9
127	819	Matthew	Gilbert	Leighton Fun Runners	M40-44	114	126	22
128	373	Adam	Hills	Bedford Harriers	M40-44	115	127	23
129	683	Stuart	Lamond	Dunstable Road Runners	M30-34	116	128	13
130	139	James	Handley	Amphill & Flitwick Flyers	M40-44	117	129	24
131	295	Gary	Butler	Bedford Harriers	M50-54	118	130	16
132	194	Will	Willmott	Amphill & Flitwick Flyers	M40-44	119	131	25
133	1367	Duncan	Winner	Olney Runners	M40-44	120	132	26
134	1687	Andrew	Redden	Wellingborough & District AC	M30-34	121	133	14
135	1206	Peter	Moor	Northampton Road Runners	M45-49	122	134	19
136	920	John	Auld	North Herts Road Runners	M35-39	123	135	19
137	138	Ian	Halpin	Amphill & Flitwick Flyers	M30-34	124	136	15
138	403	Jason	Lake	Bedford Harriers	M45-49	125	137	20
139	1670	Martin	Newton	Wellingborough & District AC	M40-44	126	138	27
140	570	John	Stott	Biggleswade AC	M45-49	127	139	21
141	713	Jose	Santos	Dunstable Road Runners	M40-44	128	140	28
142	1865	Craig	Goodman	Wootton Road Runners	M30-34	129	141	16
143	1653	Mark	Bonham	Wellingborough & District AC	M50-54	130	142	17
144	910	Paula	Adams	North Herts Road Runners	F45-49	13	143	3
145	1872	John	White	Wootton Road Runners	M40-44	131	144	29
146	2010	Lee	Woodward	Rugby & Northampton AC	M45-49	132	145	22
147	1216	Andrew	Rosewell	Northampton Road Runners	M30-34	133	146	17
148	511	Emma	Bailey	Biggleswade AC	F40-44	14	147	3
149	855	Chris	Stenner	Leighton Fun Runners	M50-54	134	148	18
150	1232	Dave	Whatton	Northampton Road Runners	M50-54	135	149	19
151	157	Philip	Mead	Amphill & Flitwick Flyers	M30-34	136	150	18
152	2004	Michael	Harvey	Rugby & Northampton AC	M40-44	137	151	30
153	401	Stuart	Knight	Bedford Harriers	M50-54	138	152	20
154	1746	Oliver	Towell	Wellingborough & District AC	M35-39	139	153	20
155	1976	Bernie	Myers	Rugby & Northampton AC	M55-59	140	154	10
156	1180	Mark	Garrett	Northampton Road Runners	M55-59	141	155	11
157	1252	Dan	Cliff	Northampton Road Runners	M40-44	142	156	31
158	822	Kevin	Hare	Leighton Fun Runners	M45-49	143	157	23
159	1512	Danny	Kelly	Stopsley Striders	M55-59	144	158	12
160	308	Mark	Clements	Bedford Harriers	M35-39	145	159	21
161	324	Dea	Ditchfield	Bedford Harriers	F50-54	15	160	1
162	1602	Liv	Thompson	Team East Haddon	F30-34	16	161	3
163	133	Martin	Godin	Amphill & Flitwick Flyers	M60-64	146	162	3
164	1887	Jo	Gardner	Wootton Road Runners	F30-34	17	163	4
165	365	Chloe	Haffenden	Bedford Harriers	F20-24	18	164	2
166	1714	Louise	Kemp	Wellingborough & District AC	F40-44	19	165	4
167	1374	Rob	Rieke	Olney Runners	M55-59	147	166	13
168	1196	Mark	Kennedy	Northampton Road Runners	M40-44	148	167	32
169	1167	Robert	Corless	Northampton Road Runners	M35-39	149	168	22
170	1352	Chris	Barnes	Olney Runners	M50-54	150	169	21
171	1505	Andy	Reid	Stopsley Striders	M65-69	151	170	1
172	973	Richard	Harbon	North Herts Road Runners	M55-59	152	171	14
173	828	Zoe	Illingworth	Leighton Fun Runners	F45-49	20	172	4
174	1661	Mark	Viccars	Wellingborough & District AC	M55-59	153	173	15
175	1354	Justin	Crook	Olney Runners	M40-44	154	174	33
176	1366	Rob	White	Olney Runners	M45-49	155	175	24
177	1988	Zoe	Shepherd	Rugby & Northampton AC	F35-39	21	176	4

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
178	140	Robert	Hardwick	Amphill & Flitwick Flyers	M35-39	156	177	23
179	453	Claire	Rulton	Bedford Harriers	F40-44	22	178	5
180	270	William	Abram	Bedford Harriers	M45-49	157	179	25
181	1178	John	Fleming	Northampton Road Runners	M45-49	158	180	26
182	1344	Lisa	Russell	Olney Runners	F45-49	23	181	5
183	736	David	Morgan	Dunstable Road Runners	M50-54	159	182	22
184	947	Ian	Datlen	North Herts Road Runners	M45-49	160	183	27
185	1521	Peter	Brown	Stopsley Striders	M35-39	161	184	24
186	220	Caroline	Gilby	Amphill & Flitwick Flyers	F50-54	24	185	2
187	161	Chris	Newnham	Amphill & Flitwick Flyers	M55-59	162	186	16
188	865	Rosie	Booth	Leighton Fun Runners	F40-44	25	187	6
189	1620	Matt	Eckett	Team East Haddon	M40-44	163	188	34
190	330	Frank	Esaw	Bedford Harriers	M65-69	164	189	2
191	1248	Alan	Wadsworth	Northampton Road Runners	M35-39	165	190	25
192	874	Nic	Dimmock	Leighton Fun Runners	M45-49	166	191	28
193	1723	Katherine	Baxter-Smith	Wellingborough & District AC	F30-34	26	192	5
194	871	Mike	Clark	Leighton Fun Runners	M60-64	167	193	4
195	1622	Duncan	Mitchell	Team East Haddon	M45-49	168	194	29
196	195	Jo	Aatkar	Amphill & Flitwick Flyers	F50-54	27	195	3
197	815	Katy	Garnham-Lee	Leighton Fun Runners	F25-29	28	196	3
198	1068	Andrew	Underhill	North Herts Road Runners	M40-44	169	197	35
199	1199	Shaun	Ledington	Northampton Road Runners	M40-44	170	198	36
200	106	Andy	Atherton	Amphill & Flitwick Flyers	M55-59	171	199	17
201	119	Paul	Court	Amphill & Flitwick Flyers	M45-49	172	200	30
202	296	Rachel	Cameron	Bedford Harriers	F35-39	29	201	5
203	1159	Dave	Blackburn	Northampton Road Runners	M60-64	173	202	5
204	1738	Claire	Boyles	Wellingborough & District AC	F30-34	30	203	6
205	867	David	Pym	Leighton Fun Runners	M50-54	174	204	23
206	930	Jillian	Boys	North Herts Road Runners	F40-44	31	205	7
207	234	Michelle	Morris	Amphill & Flitwick Flyers	F30-34	32	206	7
208	494	Duncan	Worthy	Bedford Harriers	M35-39	175	207	26
209	1368	David	Shakespeare	Olney Runners	M50-54	176	208	24
210	839	Karen	McLean	Leighton Fun Runners	F50-54	33	209	4
211	113	Mark	Billington	Amphill & Flitwick Flyers	M50-54	177	210	25
212	2020	Carla	Whitmore	Bedford Harriers	F20-24	34	211	3
213	425	Rachel	Moss	Bedford Harriers	F35-39	35	212	6
214	481	Rob	Walls	Bedford Harriers	M55-59	178	213	18
215	824	Sam	Heady	Leighton Fun Runners	F35-39	36	214	7
216	1459	Miriam	Linforth	Stopsley Striders	F35-39	37	215	8
217	191	Jon	Walker	Amphill & Flitwick Flyers	M55-59	179	216	19
218	725	Teresa	Warren	Dunstable Road Runners	F45-49	38	217	6
219	1378	Donna	Evans	Olney Runners	F35-39	39	218	9
220	547	Neil	Harvey	Biggleswade AC	M55-59	180	219	20
221	1250	Mark	Nicholls	Northampton Road Runners	M50-54	181	220	26
222	1881	Gill	Jakeman	Wootton Road Runners	F40-44	40	221	8
223	676	Peter	Keane	Dunstable Road Runners	M55-59	182	222	21
224	1708	Emma	Moore	Wellingborough & District AC	F35-39	41	223	10
225	2028	Tim	Southam	Bedford Harriers	M40-44	183	224	37
226	470	Mark	Taggart	Bedford Harriers	M45-49	184	225	31
227	1856	Louise	Birkett-swan	Wootton Road Runners	F40-44	42	226	9
228	246	Katie	Ruditis	Amphill & Flitwick Flyers	F35-39	43	227	11
229	1678	James	Terry	Wellingborough & District AC	M45-49	185	228	32
230	1187	Alan	Hall	Northampton Road Runners	M60-64	186	229	6
231	804	Sally	Dickinson	Leighton Fun Runners	F45-49	44	230	7
232	275	Lucy	Baldwin	Bedford Harriers	F35-39	45	231	12
233	1185	Jocelyn	Granger	Northampton Road Runners	F55-59	46	232	1
234	1954	Helen	Jones	Rugby & Northampton AC	F50-54	47	233	5
235	1742	Sarah	Ellwood	Wellingborough & District AC	F40-44	48	234	10
236	299	Russell	Cartwright	Bedford Harriers	M55-59	187	235	22

3 Counties Cross Country League Results

Venue		Wootton		27-January-2019			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
237	1607	Robin	Schumacher	Team East Haddon	M50-54	188	236	27
238	703	Lisa	Phee	Dunstable Road Runners	F35-39	49	237	13
239	620	George	Karaiskou	Amphthill & Flitwick Flyers	M20-24	189	238	5
240	366	Nora	Haggart	Bedford Harriers	F60-64	50	239	1
241	1165	Matt	Bushell	Northampton Road Runners	M40-44	190	240	38
242	407	Richard	Lawson	Bedford Harriers	M45-49	191	241	33
243	1249	Charlotte	Davis	Northampton Road Runners	F17-19	51	242	1
244	495	Mark	Keens	Bedford Harriers	M40-44	192	243	39
245	343	Lawrence	Folley	Bedford Harriers	M55-59	193	244	23
246	735	Clifford	Punter	Dunstable Road Runners	M55-59	194	245	24
247	1359	Roger	Mann	Olney Runners	M60-64	195	246	7
248	549	Giles	Hawthorne	Biggleswade AC	M40-44	196	247	40
249	1826	Carrie	Carruthers	Wootton Road Runners	F55-59	52	248	2
250	193	Simon	Wilkins	Amphthill & Flitwick Flyers	M45-49	197	249	34
251	462	Ronnie	Singleton-Lawley	Bedford Harriers	F55-59	53	250	3
252	1843	Kay	Duffy	Wootton Road Runners	F40-44	54	251	11
253	448	Karen	Robertson	Bedford Harriers	F55-59	55	252	4
254	1965	Trudi	Mawby	Rugby & Northampton AC	F35-39	56	253	14
255	1879	Jerry	Inniss	Wootton Road Runners	M55-59	198	254	25
256	861	Glenn	Watson	Leighton Fun Runners	M50-54	199	255	28
257	1716	Natasha	Wain	Wellingborough & District AC	F45-49	57	256	8
258	971	Jo	Harbon	North Herts Road Runners	F50-54	58	257	6
259	497	Peter	Pack	Bedford Harriers	M55-59	200	258	26
260	446	Alan	Rickhuss	Bedford Harriers	M50-54	201	259	29
261	707	Tara	Quinn	Dunstable Road Runners	F40-44	59	260	12
262	1255	Damien	Jones	Northampton Road Runners	M30-34	202	261	19
263	1977	Helen	Needham	Rugby & Northampton AC	F45-49	60	262	9
264	1686	Marc	Sanderson	Wellingborough & District AC	M40-44	203	263	41
265	686	Robert	Lee	Dunstable Road Runners	M35-39	204	264	27
266	1853	Janet	Mitchell	Wootton Road Runners	F55-59	61	265	5
267	1228	Roger	Taylor	Northampton Road Runners	M50-54	205	266	30
268	870	Emily	McClelland	Leighton Fun Runners	F30-34	62	267	8
269	1621	Jo	Love	Team East Haddon	F45-49	63	268	10
270	842	Stephen	Moore	Leighton Fun Runners	M55-59	206	269	27
271	214	Zoey	Didlick	Amphthill & Flitwick Flyers	F40-44	64	270	13
272	1577	Sam	Cortese	Team East Haddon	M60-64	207	271	8
273	1888	Ed	Stivala	Wootton Road Runners	M50-54	208	272	31
274	335	Peter	Fadden	Bedford Harriers	M20-24	209	273	6
275	1348	Sarah	McAuliffe	Olney Runners	F30-34	65	274	9
276	385	Tony	Jones	Bedford Harriers	M55-59	210	275	28
277	1347	Helen	Margetts	Olney Runners	F40-44	66	276	14
278	1253	Sam	Crouch	Northampton Road Runners	F40-44	67	277	15
279	1361	David	O'Connor	Olney Runners	M50-54	211	278	32
280	750	Michael	Harrison	Wootton Road Runners	M40-44	212	279	42
281	388	Niki	Jones	Bedford Harriers	F45-49	68	280	11
282	233	Jo	Morris	Amphthill & Flitwick Flyers	F45-49	69	281	12
283	355	Richard	Gallivan	Bedford Harriers	M60-64	213	282	9
284	255	Samantha	Walters	Amphthill & Flitwick Flyers	F40-44	70	283	16
285	337	Robin	Fiander	Bedford Harriers	M60-64	214	284	10
286	1464	Karen	Ashby	Stopsley Striders	F55-59	71	285	6
287	260	Nicola	Wilkins	Amphthill & Flitwick Flyers	F40-44	72	286	17
288	347	Amanda	Friman	Bedford Harriers	F60-64	73	287	2
289	1343	Rachel	David	Olney Runners	F50-54	74	288	7
290	1867	Andrea	Collingwood	Wootton Road Runners	F40-44	75	289	18
291	360	Dave	Girling	Bedford Harriers	M65-69	215	290	3
292	868	Matthew	Kelly	Leighton Fun Runners	M50-54	216	291	33
293	358	Lesley	Gaunt	Bedford Harriers	F55-59	76	292	7
294	499	Kerry	M-Battern	Bedford Harriers	F40-44	77	293	19
295	331	Chris	Fadden	Bedford Harriers	M55-59	217	294	29

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
296	1731	Lauren	Wood	Wellingborough & District AC	F25-29	78	295	4
297	1864	Samantha	Inniss	Wootton Road Runners	F40-44	79	296	20
298	1730	Jackie	King	Wellingborough & District AC	F50-54	80	297	8
299	1161	Stephen	Boyce	Northampton Road Runners	M60-64	218	298	11
300	1017	Lucy	O'Connor	North Herts Road Runners	F55-59	81	299	8
301	1717	Amy	Kelly	Wellingborough & District AC	F30-34	82	300	10
302	912	Linda	Aird	North Herts Road Runners	F60-64	83	301	3
303	530	Jennie	Day	Biggleswade AC	F50-54	84	302	9
304	1221	Jo	Smith	Northampton Road Runners	F50-54	85	303	10
305	118	Rob	Cook	Amphill & Flitwick Flyers	M60-64	219	304	12
306	1027	Andrew	Porter	North Herts Road Runners	M70-74	220	305	1
307	357	Steve	Gaunt	Bedford Harriers	M55-59	221	306	30
308	1443	Barbora	Uhroková	Stopsley Striders	F30-34	86	307	11
309	1957	Efthymia	Katsogianni	Rugby & Northampton AC	F50-54	87	308	11
310	217	Rebecca	Fleckney	Amphill & Flitwick Flyers	F35-39	88	309	15
311	795	Christine	Ayres	Leighton Fun Runners	F65-69	89	310	1
312	353	Stephen	Gale	Bedford Harriers	M55-59	222	311	31
313	1478	Dave	Adam	Stopsley Striders	M60-64	223	312	13
314	689	Steven	Mcallister	Dunstable Road Runners	M35-39	224	313	28
315	1174	Sheena	Desborough	Northampton Road Runners	F45-49	90	314	13
316	251	Mei	Trace	Amphill & Flitwick Flyers	F50-54	91	315	12
317	171	Andy	Ralphs	Amphill & Flitwick Flyers	M45-49	225	316	35
318	236	Debbie	Newell	Amphill & Flitwick Flyers	F45-49	92	317	14
319	1012	Geoff	Murray-Rochard	North Herts Road Runners	M60-64	226	318	14
320	1244	Adrian	Matthews	Northampton Road Runners	M40-44	227	319	43
321	288	Tom	Brassington	Bedford Harriers	M60-64	228	320	15
322	1492	Paul	Duffy	Stopsley Striders	M40-44	229	321	44
323	2003	Kirsty	Lewnes	Rugby & Northampton AC	F30-34	93	322	12
324	480	Diane	Wallis	Bedford Harriers	F55-59	94	323	9
325	180	Dave	Stanley	Amphill & Flitwick Flyers	M65-69	230	324	4
326	576	Robin	Wynde	Biggleswade AC	M60-64	231	325	16
327	748	Susan	Homer	Wootton Road Runners	F25-29	95	326	5
328	749	Andrew	Mason	Wootton Road Runners	M35-39	232	327	29
329	1070	Sue	Vaughan	North Herts Road Runners	F50-54	96	328	13
330	2026	Rachel	Cooke	Bedford Harriers	F45-49	97	329	15
331	485	Helen	Whiting	Bedford Harriers	F30-34	98	330	13
332	553	Maria	Merridan	Biggleswade AC	F45-49	99	331	16
333	857	Paul	Thomas	Leighton Fun Runners	M70-74	233	332	2
334	847	Sally	Puddephatt	Leighton Fun Runners	F50-54	100	333	14
335	1454	Evelyn	Lutterodt	Stopsley Striders	F45-49	101	334	17
336	859	Celia	Walker	Leighton Fun Runners	F55-59	102	335	10
337	1487	Philip	Abbitt	Stopsley Striders	M65-69	234	336	5
338	2007	Chloe	Tallett	Rugby & Northampton AC	F30-34	103	337	14
339	1226	Debra	Tame	Northampton Road Runners	F50-54	104	338	15
340	1709	Mary	Pearson	Wellingborough & District AC	F30-34	105	339	15
341	319	Carole	Darnell	Bedford Harriers	F55-59	106	340	11
342	1201	Jo	Letts	Northampton Road Runners	F45-49	107	341	18
343	303	Jeanette	Cheetham	Bedford Harriers	F50-54	108	342	16
344	1456	Lucy	Joseph	Stopsley Striders	F50-54	109	343	17
345	941	Lindsay	Cook	North Herts Road Runners	F40-44	110	344	21
346	1894	Carl	Dillow	Wootton Road Runners	M40-44	235	345	45
347	375	Cint	Horne	Bedford Harriers	F50-54	111	346	18
348	258	Emma	White	Amphill & Flitwick Flyers	F40-44	112	347	22
349	1247	Maria	Minett	Northampton Road Runners	F50-54	113	348	19
350	1208	Caroline	Owers	Northampton Road Runners	F50-54	114	349	20
351	372	Kathy	Hewitt	Bedford Harriers	F55-59	115	350	12
352	352	Sara	Gale	Bedford Harriers	F55-59	116	351	13
353	395	Bill	Khinda	Bedford Harriers	M65-69	236	352	6
354	340	Debi	Fisher	Bedford Harriers	F25-29	117	353	6

3 Counties Cross Country League Results

Venue **Wootton**

27-January-2019

Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
355	1441	Kate	Neale	Stopsley Striders	F55-59	118	354	14
356	1229	James	Thorpe	Northampton Road Runners	M45-49	237	355	36
357	1721	Margaret	Bond	Wellingborough & District AC	F60-64	119	356	4
358	1819	Gerald	Billis	Wootton Road Runners	M75-99	238	357	1
359	322	Caroline	Diggle	Bedford Harriers	F45-49	120	358	19
360	1160	Helen	Blackburn	Northampton Road Runners	F50-54	121	359	21
361	1243	Jess	Fowler	Northampton Road Runners	F25-29	122	360	7
362	1341	Faith	Jones	Olney Runners	F60-64	123	361	5
363	565	Julie	Spavins	Biggleswade AC	F50-54	124	362	22
364	341	Katie	Fletcher	Bedford Harriers	F25-29	125	363	8
365	705	Tara	Pountney	Dunstable Road Runners	F40-44	126	364	23
366	1509	Nicole	Young	Stopsley Striders	F30-34	127	365	16
367	1524	John	Morrow	Stopsley Striders	M50-54	239	366	34
368	391	Richard	Joy	Bedford Harriers	M35-39	240	367	30
369	1316	Tracey	Palmer	Dunstable Road Runners	F40-44	128	368	24
370	837	Caroline	Mann	Leighton Fun Runners	F45-49	129	369	20
371	983	Brian	Judkins	North Herts Road Runners	M60-64	241	370	17
372	644	Sarah	Cornell	Dunstable Road Runners	F50-54	130	371	23
373	271	Pauline	Abram	Bedford Harriers	F50-54	131	372	24
374	1448	Helen	Metcalfe	Stopsley Striders	F30-34	132	373	17
375	1217	Karen	Shakespeare	Northampton Road Runners	F45-49	133	374	21
376	1233	Carol	Whatton	Northampton Road Runners	F55-59	134	375	15
377	437	Jackie	Popland	Bedford Harriers	F60-64	135	376	6
378	1177	Karen	Eke	Northampton Road Runners	F55-59	136	377	16
379	546	Colin	Harries	Biggleswade AC	M70-74	242	378	3
380	1744	Graham	Bayes	Wellingborough & District AC	M70-74	243	379	4
381	1895	Laura	Chapman	Wootton Road Runners	F35-39	137	380	16
382	1375	Adele	White	Olney Runners	F55-59	138	381	17
383	1525	Antonia	Munn	Stopsley Striders	F50-54	139	382	25
384	223	Vickie	Humber	Amphill & Flitwick Flyers	F40-44	140	383	25
385	221	Pat	Godfrey	Amphill & Flitwick Flyers	F65-69	141	384	2
386	301	Jack	Chana	Bedford Harriers	M65-69	244	385	7
387	1519	Frances	Moss	Stopsley Striders	F60-64	142	386	7
388	1162	Chrissy	Boyce	Northampton Road Runners	F60-64	143	387	8
389	1181	Sally	Garrett	Northampton Road Runners	F55-59	144	388	18
390	1528	Tricia	Forde	Stopsley Striders	F60-64	145	389	9
391	392	Melanie	Joy	Bedford Harriers	F35-39	146	390	17
392	1444	Loraine	Paine	Stopsley Striders	F50-54	147	391	26
393	177	Dave	Sedgley	Amphill & Flitwick Flyers	M75-99	245	392	2
394	583	Lynn	Hill	Biggleswade AC	F50-54	148	393	27
395	692	Claire	Mcfauld	Dunstable Road Runners	F30-34	149	394	18
396	1439	Sylvia	Thomas	Stopsley Striders	F55-59	150	395	19
397	1469	Jill	Bywaters	Stopsley Striders	F50-54	151	396	28
398	371	Lorena	Henderson	Bedford Harriers	F45-49	152	397	22
399	582	Rachel	Fox	Biggleswade AC	F45-49	153	398	23
400	1578	Val	Bridges	Team East Haddon	F65-69	154	399	3
401	356	Angela	Gallivan	Bedford Harriers	F60-64	155	400	10
402	419	Elaine	Massie	Bedford Harriers	F45-49	156	401	24