

3 Counties Cross Country League Results

Venue **North Herts**

16-December-2018

Ampthill & Flitwick Flyers

Team Score

651

Men

No.	First Name	Surname	Age Cat		Team
141	Tim	Harris	M35-39	1	1
615	Harry	Smith	m20-24	5	5
135	Stephen	Green	M35-39	6	6
138	Ian	Halpin	M30-34	9	9
190	Mark	Waine	M45-49	10	10
189	Steven	Upton	M40-44	18	18
160	Lee	Murphy	M25-29	25	25
122	John	Decesare	M50-54	31	31
				105	105

Women

No.	First Name	Surname	Age Cat		Team
228	Kerry	Large	F30-34	12	123
215	Amy	Farr	F35-39	14	132
196	Jess	Anstee	F35-39	20	142
256	Lisa	Wells	F50-54	23	149

69

546

Bedford Harriers

Team Score

823

Men

No.	First Name	Surname	Age Cat		Team
367	Ian	Hammett	M35-39	19	19
300	Ed	Castro	M30-34	20	20
383	Phil	Jamieson	M30-34	24	24
500	Mark	E-Jones	M50-54	29	29
339	Gary	Finch	M50-54	40	40
412	Neil	Loader	M50-54	42	42
307	Jon	Clark	M50-54	64	67
277	Tony	Barnes	M55-59	76	80
				314	321

Women

No.	First Name	Surname	Age Cat		Team
400	Sally	Knight	F45-49	8	109
427	Juliet	Naylor	F45-49	9	110
298	Sally	Cartwright	F50-54	18	140
365	Chloe	Haffenden	F20-24	21	143

56

502

Biggleswade AC

Team Score

1109

Men

No.	First Name	Surname	Age Cat		Team
514	Steven	Baldwin	M25-29	21	21
548	Nick	Haworth	M40-44	51	53
555	Rob	Morgan	M40-44	70	73
528	Marcus	Davey	M45-49	73	76
510	Charlie	Arnold	M60-64	95	101
570	John	Stott	M45-49	117	130
567	Malcolm	Steward	M40-44	118	131
558	Damien	Pitts	M35-39	123	145
				668	730

Women

No.	First Name	Surname	Age Cat		Team
520	Hannah	Broom	F35-39	3	54
554	Natalie	Morgan	F40-44	5	89
578	Natalie	Garner	F25-29	10	115
511	Emma	Bailey	F40-44	11	121

29

379

Dunstable Road Runners

Team Score

1900

Men

No.	First Name	Surname	Age Cat		Team
679	Steve	Kerin	M30-34	66	69
683	Stuart	Lamond	M30-34	93	99
639	Sean	Byrne	M45-49	97	103
713	Jose	Santos	M40-44	105	114
645	Mark	Cornell	M50-54	111	122
676	Peter	Keane	M55-59	131	155
736	David	Morgan	M50-54	135	161
688	Shilen	Mantri	M45-49	154	187
				892	1010

Women

No.	First Name	Surname	Age Cat		Team
664	Ruth	Grint	F50-54	26	158
703	Lisa	Phee	F35-39	49	226
707	Tara	Quinn	F40-44	58	245
674	Amanda	Jefferys	F45-49	65	261

198

890

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Leighton Fun Runners

Team Score

1434

Men

No.	First Name	Surname	Age Cat		Team
835	Peter	Mackrell	M35-39	7	7
821	Dan	Green	M40-44	56	59
825	Andrew	Heale	M50-54	78	82
791	Colin	Aitken	M35-39	81	85
852	James	Smith	M45-49	98	104
819	Matthew	Gilbert	M40-44	99	105
798	Jim	Buttleman	M50-54	121	136
822	Kevin	Hare	M45-49	134	160
				674	738

Women

No.	First Name	Surname	Age Cat		Team
815	Katy	Garnham-Lee	F25-29	22	144
865	Rosie	Booth	F40-44	30	174
864	Elle	Laird	F30-34	32	182
839	Karen	McLean	F50-54	37	196

121

696

North Herts Road Runners

Team Score

512

Men

No.	First Name	Surname	Age Cat		Team
1072	Thomas	Webb	M30-34	4	4
929	Adam	Bowler	M35-39	8	8
1069	Mark	Vaughan	M45-49	13	13
1019	Stewart	Overton	M35-39	14	14
1040	Matthew	Sayers	M40-44	15	15
1029	Edward	Price	M40-44	17	17
1033	John	Rayner	M35-39	26	26
974	Robert John	Harris	M40-44	28	28
				125	125

Women

No.	First Name	Surname	Age Cat		Team
1082	Natalie	Lawrence	F30-34	1	46
1006	Astrid	McKeown	F45-49	6	96
910	Paula	Adams	F45-49	7	107
939	Jane	Clarke	F35-39	16	138

30

387

Northampton Road Runners

Team Score

1780

Men

No.	First Name	Surname	Age Cat		Team
1205	Norbert	Mihalik	M35-39	11	11
1200	Tony	Letts	M50-54	22	22
1163	Illir	Breani	M40-44	38	38
1239	Matthew	Clarke	M40-44	57	60
1242	Robert	Hemingway	M35-39	71	74
1216	Andrew	Rosewell	M30-34	94	100
1245	Bryan	Ogilvie	m35-39	96	102
1166	Mick	Conroy	M55-59	107	117
				496	524

Women

No.	First Name	Surname	Age Cat		Team
1221	Jo	Smith	F50-54	72	282
1174	Sheena	Desborough	F45-49	96	317
1209	Rachel	Palmer	F25-29	103	327
1201	Jo	Letts	F45-49	106	330

377

1256

Olney Runners

Team Score

2422

Men

No.	First Name	Surname	Age Cat		Team
1356	Stephen	Dicks	M45-49	74	77
1353	Simon	Cook	M45-49	79	83
1374	Rob	Rieke	m55-59	104	113
1363	Chris	Ling	M35-39	113	125
1367	Duncan	Winner	M40-44	133	159
1366	Rob	White	M45-49	143	172
1352	Chris	Barnes	M50-54	147	177
1354	Justin	Crook	M40-44	149	179
				942	1085

Women

No.	First Name	Surname	Age Cat		Team
1348	Sarah	McAuliffe	F30-34	76	286
1343	Rachel	David	F50-54	78	288
1341	Faith	Jones	F60-64	145	377
1346	Kirsten	Chantrell	F40-44	151	386

450

1337

3 Counties Cross Country League Results

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Stopsley Striders

Team Score **1780**

Men

No.	First Name	Surname	Age Cat		Team
1497	Robert	Barnes	M30-34	3	3
1480	Gez	Fallon	M45-49	67	70
1495	Pat	Blessing	M55-59	77	81
1475	John	Chapman	M60-64	90	95
1512	Danny	Kelly	M55-59	91	97
1479	Martin	Fallon	M50-54	92	98
1483	Philip	Davies	M25-29	109	119
1503	Christian	Bredenkamp	M50-54	120	134
				649	697

Women

No.	First Name	Surname	Age Cat		Team
1466	Christine	Lathwell	F40-44	2	50
1454	Evelyn	Lutterodt	F45-49	101	324
1452	Kulwinder	Assra	F50-54	124	353
1463	Judy	Reid	F65-69	127	356

354 **1083**

Team East Haddon

Team Score **1753**

Men

No.	First Name	Surname	Age Cat		Team
1581	Andy	Green	M50-54	36	36
1596	Tim	Webster	M30-34	41	41
1611	Chris	Bell	M50-54	44	44
1587	Stuart	Wheeldon	M45-49	54	57
1608	Charles	Spencer	M30-34	80	84
1590	Rob	White	M55-59	89	94
1599	Peter	Chandley	M50-54	103	112
1615	Andy	Peel	M35-39	114	127
				561	595

Women

No.	First Name	Surname	Age Cat		Team
1602	Liv	Thompson	F30-34	15	135
1603	Sarah	Ryder	F25-29	53	233
1578	Val	Bridges	F65-69	154	390
	Last	Lady		163	400

385 **1158**

Wellingborough & District AC

Team Score **821**

Men

No.	First Name	Surname	Age Cat		Team
1651	Alex	Ash	M25-29	2	2
1681	Craig	Clements	M35-39	12	12
1672	Jason	French	M35-39	27	27
1674	Jon	Kemp	M45-49	32	32
1679	Ben	Shirley	M40-44	46	47
1696	Julian	Blackwell	M45-49	58	61
1689	Peter	Cowler	M40-44	68	71
1692	Ady	King	M45-49	69	72
				314	324

Women

No.	First Name	Surname	Age Cat		Team
1722	Kelly	Barnett	F25-29	4	78
1713	Lisa	Smith	F35-39	13	126
1733	Helen	Etherington	F35-39	19	141
1714	Louise	Kemp	F40-44	24	152

60 **497**

Wootton Road Runners

Team Score **2663**

Men

No.	First Name	Surname	Age Cat		Team
1840	Andy	Fairley	M40-44	23	23
1816	Richard	Lack	M45-49	39	39
1829	Graham	Hollowell	M50-54	112	124
1872	John	White	M40-44	116	129
1850	Steve	Smith	M60-64	186	243
1890	Michael	Wood	M65-69	228	351
1819	Gerald	Billis	M75-99	233	378
	Last	Man		238	400
				1175	1687

Women

No.	First Name	Surname	Age Cat		Team
1815	Phoebe	Lowick	F30-34	33	184
1858	Frances	Hooper	F40-44	43	219
1843	Kay	Duffy	F40-44	67	271
1864	Samantha	Inniss	F40-44	84	302

227 **976**

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Rugby & Northampton AC

Team Score

1419

Men

No.	First Name	Surname	Age Cat		Team
1925	David	Ball	M35-39	16	16
1975	Joe	Musgrove	M17-19	30	30
1936	Vince	Carroll	M45-49	34	34
1929	Simon	Bickers	M55-59	35	35
1971	Brendan	Moen	M50-54	48	49
2001	Adam	Bebbington	M17-19	52	55
1950	Oliver	Harvey	M20-24	75	79
1968	Alex	McMurtrie	M50-54	139	166

429 464

Women

No.	First Name	Surname	Age Cat		Team
1941	Angela	Copson	F70-74	34	189
1997	Catherine	Williams	F55-59	38	201
1965	Trudi	Mawby	F35-39	62	255
1935	Emma	Burrows	F25-29	90	310

224 955

Team Summary

	Men		Women		Team			
Ampthill & Flitwick Flyers	1	105	5	69	2	105	546	651
Bedford Harriers	3	314	3	56	4	321	502	823
Biggleswade AC	9	668	1	29	5	730	379	1109
Dunstable Road Runners	11	892	7	198	11	1010	890	1900
Leighton Fun Runners	10	674	6	121	7	738	696	1434
North Herts Road Runners	2	125	2	30	1	125	387	512
Northampton Road Runners	6	496	11	377	9	524	1256	1780
Olney Runners	12	942	13	450	12	1085	1337	2422
Stopsley Striders	8	649	10	354	9	697	1083	1780
Team East Haddon	7	561	12	385	8	595	1158	1753
Wellingborough & District AC	3	314	4	60	3	324	497	821
Wootton Road Runners	13	1175	9	227	13	1687	976	2663
Rugby & Northampton AC	5	429	8	224	6	464	955	1419

Total of Scoring Men's Teams	8405	Contribution to	44.08%
Total of Scoring Women's Teams	10662	Team Scores	55.92%