

3 Counties Cross Country League Results

Venue **Well'boro**

25-November-2018

Amphthill & Flitwick Flyers

Team Score **778**

Men

No.	First Name	Surname	Age Cat		Team
141	Tim	Harris	M35-39	2	2
111	Peter Jr	Benedickter	M25-29	7	7
138	Ian	Halpin	M30-34	9	9
184	Joe	Strange	M25-29	10	10
135	Stephen	Green	M35-39	14	14
190	Mark	Waine	M45-49	19	19
189	Steven	Upton	M40-44	22	22
145	Phil	Holland	M40-44	24	24
				107	107

Women

No.	First Name	Surname	Age Cat		Team
228	Kerry	Large	F30-34	12	136
196	Jess	Anstee	F35-39	17	156
195	Jo	Aatkar	F50-54	24	184
252	Dayle	Walker	F20-24	29	195

82 **671**

Bedford Harriers

Team Score **1165**

Men

No.	First Name	Surname	Age Cat		Team
367	Ian	Hammett	M35-39	17	17
489	Danny	Winn	M30-34	20	20
300	Ed	Castro	M30-34	21	21
412	Neil	Loader	M50-54	55	57
307	Jon	Clark	M50-54	65	67
403	Jason	Lake	M45-49	102	109
293	Justin	Burrell	M45-49	105	113
277	Tony	Barnes	M55-59	109	118
				494	522

Women

No.	First Name	Surname	Age Cat		Team
400	Sally	Knight	F45-49	11	133
324	Dea	Ditchfield	F50-54	15	146
298	Sally	Cartwright	F50-54	22	173
453	Claire	Rulton	F40-44	26	191

74 **643**

Biggleswade AC

Team Score **1619**

Men

No.	First Name	Surname	Age Cat		Team
548	Nick	Haworth	M40-44	48	50
555	Rob	Morgan	M40-44	69	71
528	Marcus	Davey	M45-49	76	80
510	Charlie	Arnold	M60-64	120	130
567	Malcolm	Steward	M40-44	144	163
558	Damien	Pitts	M35-39	155	177
547	Neil	Harvey	M55-59	184	220
543	Ian	Grimwood	M65-69	210	272
				1006	1163

Women

No.	First Name	Surname	Age Cat		Team
520	Hannah	Broom	F35-39	4	74
554	Natalie	Morgan	F40-44	9	114
511	Emma	Bailey	F40-44	10	127
578	Natalie	Garner	F25-29	13	141

36 **456**

Dunstable Road Runners

Team Score **2853**

Men

No.	First Name	Surname	Age Cat		Team
645	Mark	Cornell	M50-54	103	111
639	Sean	Byrne	M45-49	114	123
683	Stuart	Lamond	M30-34	117	126
736	David	Morgan	M50-54	153	175
676	Peter	Keane	M55-59	157	179
737	David	Willis	M40-44	197	243
638	Ian	Byford	M60-64	204	258
735	Clifford	Punter	M55-59	209	270
				1254	1485

Women

No.	First Name	Surname	Age Cat		Team
674	Amanda	Jefferys	F45-49	64	276
680	Tina	Keynon	F50-54	107	340
705	Tara	Pountney	F40-44	120	357
692	Claire	Mcfauld	F30-34	149	395

440 **1368**

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Leighton Fun Runners

Team Score

1553

Men

No.	First Name	Surname	Age Cat		Team
821	Dan	Green	M40-44	41	41
823	Steve	Harrison	M45-49	63	65
808	Tom	Ellerton	M25-29	80	84
791	Colin	Aitken	M35-39	88	92
825	Andrew	Heale	M50-54	89	93
819	Matthew	Gilbert	M40-44	94	98
855	Chris	Stenner	M50-54	133	148
822	Kevin	Hare	M45-49	147	167
				735	788

Women

No.	First Name	Surname	Age Cat		Team
828	Zoe	Illingworth	F45-49	21	168
864	Elle	Laird	F30-34	25	189
865	Rosie	Booth	F40-44	33	202
839	Karen	McLean	F50-54	35	206

114

765

North Herts Road Runners

Team Score

689

Men

No.	First Name	Surname	Age Cat		Team
1072	Thomas	Webb	M30-34	6	6
1058	Darren	Sunter	M35-39	8	8
1080	Wayne	Bell	M40-44	11	11
1040	Matthew	Sayers	M40-44	12	12
1029	Edward	Price	M40-44	13	13
1003	Darren	Matussa	M40-44	33	33
998	Nick	Malpeli	M50-54	43	43
1077	Vincent	Wright	M40-44	47	49
				173	175

Women

No.	First Name	Surname	Age Cat		Team
1082	Natalie	Lawrence	F30-34	1	44
910	Paula	Adams	F45-49	7	107
939	Jane	Clarke	F35-39	19	160
1073	Ellie	Webb	F25-29	34	203

61

514

Northampton Road Runners

Team Score

1701

Men

No.	First Name	Surname	Age Cat		Team
1205	Norbert	Mihalik	M35-39	16	16
1200	Tony	Letts	M50-54	23	23
1163	Iir	Breani	M40-44	37	37
1237	Mitchell	Baines	M25-29	83	87
1218	Andy	Shaw	M35-39	86	90
1242	Robert	Hemingway	M35-39	92	96
1206	Peter	Moor	M45-49	106	115
1166	Mick	Conroy	M55-59	123	134
				566	598

Women

No.	First Name	Surname	Age Cat		Team
1185	Jocelyn	Granger	F55-59	51	249
1210	Elaine	Palmer	F50-54	60	268
1157	Suzanne	Baldwin	F50-54	66	279
1230	Paula	Towers	F50-54	82	307

259

1103

Olney Runners

Team Score

2495

Men

No.	First Name	Surname	Age Cat		Team
1358	Steve	Holton	M35-39	57	59
1356	Stephen	Dicks	M45-49	101	108
1374	Rob	Rieke	m55-59	124	135
1363	Chris	Ling	M35-39	126	138
1354	Justin	Crook	M40-44	145	164
1352	Chris	Barnes	M50-54	164	188
1366	Rob	White	M45-49	171	205
1360	Matthew	Fox	M45-49	174	209
				1062	1206

Women

No.	First Name	Surname	Age Cat		Team
1344	Lisa	Russell	F45-49	23	181
1348	Sarah	McAuliffe	F30-34	94	322
1340	Liz	Conibere	F65-69	134	380
	Last	Lady		160	406

411

1289

3 Counties Cross Country League Results

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Stopsley Striders

Team Score 1699

Men

No.	First Name	Surname	Age Cat		Team
1497	Robert	Barnes	M30-34	5	5
1493	Tom	Rankin	M20-24	39	39
1480	Gez	Fallon	M45-49	67	69
1495	Pat	Blessing	M55-59	87	91
1512	Danny	Kelly	M55-59	97	101
1479	Martin	Fallon	M50-54	111	120
1505	Andy	Reid	M65-69	148	169
1516	Charlie	Jolly	M45-49	160	183
				714	777

Women

No.	First Name	Surname	Age Cat		Team
1466	Christine	Lathwell	F40-44	2	46
1459	Miriam	Linforth	F35-39	44	238
1460	Katicia	Blanchard	F20-24	85	312
1506	Natasha	Hall	F30-34	98	326

229 922

Team East Haddon

Team Score 1382

Men

No.	First Name	Surname	Age Cat		Team
1581	Andy	Green	M50-54	42	42
1611	Chris	Bell	M50-54	53	55
1596	Tim	Webster	M30-34	64	66
1587	Stuart	Wheeldon	M45-49	68	70
1591	Adrian	Homer	M45-49	72	76
1619	Steve	Dransfield	m35-39	77	81
1608	Charles	Spencer	M30-34	81	85
1616	Olly	Pearson	M35-39	99	103
				556	578

Women

No.	First Name	Surname	Age Cat		Team
1604	Lindsay	Scott	F30-34	6	106
1618	Stacey	Dransfield	f35-39	14	144
1602	Liv	Thompson	F30-34	18	158
1578	Val	Bridges	F65-69	150	396

188 804

Wellingborough & District AC

Team Score 802

Men

No.	First Name	Surname	Age Cat		Team
1651	Alex	Ash	M25-29	4	4
1684	Simon	Mayes	M25-29	15	15
1676	Greg	Spellman	M50-54	29	29
1674	Jon	Kemp	M45-49	40	40
1679	Ben	Shirley	M40-44	56	58
1696	Julian	Blackwell	M45-49	61	63
1692	Ady	King	M45-49	66	68
1705	Patrick	Barber	M30-34	70	73
				341	350

Women

No.	First Name	Surname	Age Cat		Team
1722	Kelly	Barnett	F25-29	3	72
1713	Lisa	Smith	F35-39	5	104
1733	Helen	Etherington	F35-39	8	110
1714	Louise	Kemp	F40-44	20	166

36 452

Wootton Road Runners

Team Score 1756

Men

No.	First Name	Surname	Age Cat		Team
1840	Andy	Fairley	M40-44	27	27
1816	Richard	Lack	M45-49	49	51
1866	Jame	Stringer	M30-34	110	119
1865	Craig	Goodman	M30-34	118	128
1820	Paul	Matthews	M45-49	122	132
1857	Chris	McFaul	M45-49	125	137
1841	Ian	Wild	M35-39	127	139
1852	Phil	Wood	M35-39	128	140
				806	873

Women

No.	First Name	Surname	Age Cat		Team
1887	Jo	Gardner	F30-34	16	150
1858	Frances	Hooper	F40-44	37	224
1885	Amanda	Barnes	F30-34	43	236
1882	Helen	Driscoll	F30-34	63	273

159 883

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Rugby & Northampton AC

Team Score

1040

Men

No.	First Name	Surname	Age Cat		Team
1955	Dominic	Jones	M25-29	1	1
1928	Abedom	Beyene	M17-19	3	3
1925	David	Ball	M35-39	18	18
1958	Chris	Lamb	M30-34	25	25
1942	Peter	Currington	M30-34	26	26
1918	Peter	Adams	M40-44	28	28
1975	Joe	Musgrove	M17-19	31	31
2002	James	Wizard	m17-19	34	34
				166	166

Women

No.	First Name	Surname	Age Cat		Team
1941	Angela	Copson	F70-74	28	194
1954	Helen	Jones	F50-54	31	199
1967	Jodie	McGrath	F30-34	39	227
1977	Helen	Needham	F45-49	53	254

151

874

Team Summary

	Men		Women		Team			
Ampthill & Flitwick Flyers	1	107	5	82	2	107	671	778
Bedford Harriers	5	494	4	74	5	522	643	1165
Biggleswade AC	11	1006	1	36	8	1163	456	1619
Dunstable Road Runners	13	1254	13	440	13	1485	1368	2853
Leighton Fun Runners	9	735	6	114	7	788	765	1553
North Herts Road Runners	3	173	3	61	1	175	514	689
Northampton Road Runners	7	566	11	259	10	598	1103	1701
Olney Runners	12	1062	12	411	12	1206	1289	2495
Stopsley Striders	8	714	10	229	9	777	922	1699
Team East Haddon	6	556	9	188	6	578	804	1382
Wellingborough & District AC	4	341	1	36	3	350	452	802
Wootton Road Runners	10	806	8	159	11	873	883	1756
Rugby & Northampton AC	2	166	7	151	4	166	874	1040

Total of Scoring Men's Teams	8788	Contribution to Team Scores	44.99%
Total of Scoring Women's Teams	10744		55.01%