

3 Counties Cross Country League Results

Venue **Dunstable**

26-November-2017

Amphill & Flitwick Flyers

Team Score

695

Men

No.	First Name	Surname	Vet	2nd	Score	Team
137	Tim	Harris	V35		6	6
134	Ian	Halpin			13	13
176	Mark	Waine	V45		14	14
170	Joe	Strange		x	17	17
141	Phil	Holland	V40		18	18
175	Steven	Upton	V40		20	20
107	Martin	Beare	V50		31	31
165	Giles	Shorley	V40		37	37

156 156

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
198	Nicola	Bowerman	V40		4	67
192	Jess	Anstee	V35		16	140
197	Emma	Blackwell			18	165
202	Louise	Clark	V40		20	167

58 539

Bedford Harriers

Team Score

960

Men

No.	First Name	Surname	Vet	2nd	Score	Team
312	Peter	Graham			7	7
323	Phil	Jamieson			23	23
277	David	Course	V40		28	28
346	Neil	Loader	V50		51	51
297	Gary	Finch	V45		69	73
415	Bryan	Seago	V45		70	74
383	Kevin	Shelton-Smith	V55		72	76
380	Dave	Sharman	V40		83	90

403 422

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
379	Kirste	Sharman	V40		5	77
268	Sally	Cartwright	V50		14	135
338	Sally	Knight	V40		15	136
313	Nora	Haggart	V60		27	190

61 538

Biggleswade AC

Team Score

1105

Men

No.	First Name	Surname	Vet	2nd	Score	Team
512	Jamie	Hall			4	4
523	Rob	Morgan	V40		26	26
495	Paul	Cooke	V40		79	85
497	Marcus	Davey	V45		81	87
498	Paul	Davies	V45		92	99
528	Damien	Pitts			109	120
481	Charlie	Arnold	V60		126	142
538	John	Stott	V45		135	151

652 714

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
520	Elaine	Livera			1	63
502	Isobel	Everest	V45		8	100
525	Juliet	Nayler	V45		9	106
489	Hannah	Broom	V35		12	122

30 391

Dunstable Road Runners

Team Score

1595

Men

No.	First Name	Surname	Vet	2nd	Score	Team
646	Winston	Woodward	V40		33	33
574	Matt	Earles	V40		56	56
653	Ben	Wells			67	71
586	Stuart	Lamond			74	79
648	Liam	Hoare			76	82
645	Steve	Kerin			78	84
571	Robert	Curtis	V50		101	110
590	Cahal	McConville	V50		111	124

596 639

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
608	Teresa	Warren	V45		38	217
635	Jeannette	Walster	V50		45	239
597	Lisa	Phee	V35		46	240
578	Anne	Golding	V55		54	260

183 956

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Leighton Fun Runners

Team Score

1813

Men

No.	First Name	Surname	Vet	2nd	Score	Team
694	Martin	Crane	V45	x	29	29
683	Dan	Green	V40		66	70
727	Steve	Harrison	V45		82	88
681	Andrew	Heale	V50		96	104
729	Tom	Ellerton			110	121
696	Matthew	Gilbert	V40		116	129
728	Steve	Ellerton	V55		133	149
732	James	Smith	V45		161	186

793 876

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
725	Zoe	Illingworth	V40	x	19	166
713	Katy	Garnham-Lee			24	183
708	Dawn	Kennedy	V40		66	278
716	Lindsey	Rigby	V45		89	310

198 937

North Herts Road Runners

Team Score

576

Men

No.	First Name	Surname	Vet	2nd	Score	Team
863	Jim	McConnel	V40		8	8
784	Adam	Bowler			10	10
895	Edward	Price	V40		11	11
772	John	Auld	V35		12	12
899	John	Rayner	V35		15	15
904	Matthew	Sayers	V40		21	21
1673	Ryan	Smith	V40		27	27
836	Dan	Hills	V35		35	35

139 139

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
828	Katie	Harbon			2	64
864	Astrid	Mckeown	V40		7	89
791	Jane	Clarke	V35		10	113
887	Natasha	Pitman	V40		21	171

40 437

Northampton Road Runners

Team Score

1749

Men

No.	First Name	Surname	Vet	2nd	Score	Team
944	David	Green			3	3
961	Tony	Letts	V45		19	19
922	Illir	Brecani	V40		41	41
927	Mick	Conroy	V55		106	116
983	Ed	Taylor	V55		120	133
986	Dave	Whatton	V50		128	144
916	Darren	Baldwin	V50		142	159
911	Ronnie	Ambrose	V50		154	176

713 791

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1011	Liz	Dabell	V50		28	191
1033	Wendy	Parker	V50		48	247
1002	Vicki	Baker	V40		52	252
1032	Elaine	Palmer	V50		60	268

188 958

Olney Runners

Team Score

2634

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1094	Darren	Darkins			60	60
1075	Simon	Cook	V45		114	127
1078	Stephen	Dicks	V45		122	137
1086	John	Risby	V60		127	143
1076	Justin	Crook	V35		136	152
1089	Rob	White	V40		147	164
1074	Chris	Barnes	V45		150	170
1090	Duncan	Winner	V40		158	180

1014 1133

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1051	Liz	Conibere	V65		123	358
	Last	Lady			140	381
	Last	Lady			140	381
	Last	Lady			140	381

543 1501

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Stopsley Striders

Team Score

1444

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1183	Robert	Barnes			5	5
1201	Matthew	Lewis			36	36
1195	Ahmed	Berrah	V35		54	54
1166	Gez	Fallon	V45		62	62
1169	Philip	Davies			88	95
1165	Martin	Fallon	V45		91	98
1205	Glynn	Simmons	V50		93	101
1211	Martyn	Porthouse	V35		97	105

526 556

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1152	Christine	Lathwell	V40		3	65
1145	Miriam	Linforth	V35		40	223
1150	Karen	Ashby	V55		69	282
1210	Kat	Tuloo	V35		93	318

205 888

Team East Haddon

Team Score

2700

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1239	Matt	Dine	V35		34	34
1237	Tim	Webster			44	44
1220	Andy	Green	V50		50	50
1251	Dewi	Halcrow			52	52
1252	Richard	Watson			73	78
1216	Sam	Cortese	V55		198	245
	Last	Man			241	381
	Last	Man			241	381

933 1265

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1224	Joanna	Szymborska	V45		77	292
	Last	Lady			140	381
	Last	Lady			140	381
	Last	Lady			140	381

497 1435

Wellingborough AC

Team Score

949

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1278	Alex	Ash			2	2
1303	Greg	Spellman	V50		22	22
1301	Jon	Kemp	V45		39	39
1308	Craig	Clements	V35		42	42
1298	Paul	Huckle			48	48
1325	Julian	Blackwell	V45		57	57
1306	Ben	Shirley	V40		63	66
1329	Zac	O'Neil	V35		64	68

337 344

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1381	Kelly	Barnett			6	80
1368	Lisa	Smith			11	119
1369	Louise	Kemp	V35		29	193
1360	Emma	Moore	V35		37	213

83 605

Wootton Road Runners

Team Score

1104

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1481	Andy	Fairley	V40		16	16
1518	Geoff	Bonnett			24	24
1458	Peter	Adams	V40		25	25
1487	Jason	Eales	V40		30	30
1479	Stuart	DeFreyne			32	32
1457	Richard	Lack	V45		43	43
1466	Tim	ThurLOW	V40		49	49
1471	Dean	Weldon	V45		65	69

284 288

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1456	Phoebe	Lowick			31	196
1497	Louise	Birkett-swan	V40		32	199
1499	Frances	Hooper	V35		34	210
1467	Carrie	Carruthers	V55		35	211

132 816

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Rugby & Northampton AC

Team Score

1431

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1595	Dominic	Jones			1	1
1593	Hayen	Arnall			9	9
1559	Brendan	Moen	V50		38	38
1561	Nigel	Roberts	V45		55	55
1594	Oliver	Munns			58	58
1588	Harry	Peart			75	81
1556	Vince	Carroll	V45		80	86
1563	Adrian	White	V55		139	155

455 483

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1599	Sally	Tilt	V40		26	188
1578	Angela	Copson	V70		36	212
1577	Catherine	Williams	V55		55	262
1601	Cheryl	Thomas	V45		73	286

190 948

Team Summary

	Men		Ladies		Team			
Ampthill & Flitwick Flyers	2	156	3	58	2	156	539	695
Bedford Harriers	5	403	4	61	4	422	538	960
Biggleswade AC	9	652	1	30	6	714	391	1105
Dunstable Road Runners	8	596	7	183	9	639	956	1595
Leighton Fun Runners	11	793	10	198	11	876	937	1813
North Herts Road Runners	1	139	2	40	1	139	437	576
Northampton Road Runners	10	713	8	188	10	791	958	1749
Olney Runners	13	1014	13	543	12	1133	1501	2634
Stopsley Striders	7	526	11	205	8	556	888	1444
Team East Haddon	12	933	12	497	13	1265	1435	2700
Wellingborough AC	4	337	5	83	3	344	605	949
Wootton Road Runners	3	284	6	132	5	288	816	1104
Rugby & Northampton AC	6	455	9	190	7	483	948	1431

Total of Scoring Men's Teams	7806	Contribution to Team Scores	41.62%
Total of Scoring Women's Teams	10949		58.38%