

3 Counties Cross Country League Results							Team Points
Venue		Bedford					
		22-January-2017					
Pos.	No.	First Name	Surname	Club	Category	Points	
1	941	David	Green	Northampton Road Runners	M	1	1
2	337	Steven	Horton	Bedford Harriers	MV35-2ndClaim	2	2
3	128	Tim	Harris	Amphthill & Flitwick Flyers	MV35	3	3
4	146	Craig	Palmer	Amphthill & Flitwick Flyers	M	4	4
5	1375	Richard	Loader	Wellingborough AC	M	5	5
6	840	Jim	McConnel	North Herts Road Runners	MV40	6	6
7	251	Charlie	Palmer	Bedford Harriers	MV35-2ndClaim		
8	895	Mark	Vaughan	North Herts Road Runners	MV45	7	7
9	1127	Robert	Barnes	Stopsley Striders	M	8	8
10	777	Adam	Bowler	North Herts Road Runners	M	9	9
11	814	Robert John	Harris	North Herts Road Runners	MV35-2ndClaim	10	10
12	953	Chris	Lamb	Northampton Road Runners	MV35-2ndClaim	11	11
13	861	Edward	Price	North Herts Road Runners	MV40-2ndClaim		
14	957	Norbet	Mihalik	Northampton Road Runners	M	12	12
15	159	Mark	Waine	Amphthill & Flitwick Flyers	MV45	13	13
16	323	Pete	Graham	Bedford Harriers	M	14	14
17	930	Matthew	Crosse	Northampton Road Runners	MV45	15	15
18	884	Darren	Sunter	North Herts Road Runners	MV35	16	16
19	293	Stuart	Dare	Bedford Harriers	MV35	17	17
20	108	Peter Jr	Benedickter	Amphthill & Flitwick Flyers	M	18	18
21	155	Terry	Stanley	Amphthill & Flitwick Flyers	M	19	19
22	440	Danny	Winn	Bedford Harriers	M	20	20
23	864	John	Rayner	North Herts Road Runners	MV35	21	21
24	1282	Greg	Spellman	Wellingborough AC	MV50	22	22
25	448	Scott	Penfold	Bedford Harriers	M	23	23
26	131	Phil	Holland	Amphthill & Flitwick Flyers	MV35	24	24
27	126	Ian	Halpin	Amphthill & Flitwick Flyers	M	25	25
28	819	Dan	Hills	North Herts Road Runners	M	26	26
29	1016	Hayley	Munn	Northampton Road Runners	F-2ndClaim	1	27
30	1322	Peter	Currington	Wellingborough AC	M-2ndClaim	27	28
31	768	John	Auld	North Herts Road Runners	M	28	29
32	288	David	Course	Bedford Harriers	MV35	29	30
33	954	Tony	Letts	Northampton Road Runners	MV45	30	31
34	590	Lee	Murphy	Dunstable Road Runners	M	31	32
35	380	Andy	Palombella	Bedford Harriers	MV35	32	33
36	1465	Stuart	De Freyne	Wootton Road Runners	M	33	34
37	453	James	Elworthy	Bedford Harriers	MV35-Guest		
38	138	John	Mitcalf	Amphthill & Flitwick Flyers	MV40	34	35
39	174	Giles	Shorley	Amphthill & Flitwick Flyers	MV40	35	36
40	613	Matt	Earles	Dunstable Road Runners	MV40	36	37
41	1328	Simon	Mayes	Wellingborough AC	M-2ndClaim		
42	117	John	Decesare	Amphthill & Flitwick Flyers	MV45	37	38
43	696	Martin	Crane	Leighton Fun Runners	MV45-2ndClaim	38	39
44	1481	Simon	Tootell	Wootton Road Runners	MV35	39	40
45	986	Ilir	Brecani	Northampton Road Runners	MV35	40	41
46	178	Alex	Anstee	Amphthill & Flitwick Flyers	MV35	41	42
47	497	Rob	Morgan	Biggleswade AC	MV40	42	43
48	1578	Tim	Thurlow	Wootton Road Runners	MV35	43	44
49	1277	Julian	Blackwell	Wellingborough AC	MV45	44	45
50	148	Simon	Read	Amphthill & Flitwick Flyers	MV40-2ndClaim	45	46
51	1308	Jon	Kemp	Wellingborough AC	MV45	46	47
52	1463	Richard	Lack	Wootton Road Runners	MV45	47	48
53	837	Nicholas	Malpeli	North Herts Road Runners	MV50	48	49
54	737	Steve	Harrison	Leighton Fun Runners	MV45	49	50

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55	665	Loui	Faulkner	Dunstable Road Runners	M	50	51
56	1239	Matt	Dine	Team East Haddon	MV35	51	52
57	1339	Kelly	Barnett	Wellingborough AC	F	2	53
58	829	James	Keogh	North Herts Road Runners	MV35	52	54
59	1215	Christine	Lathwell	Stopsley Striders	FV40	3	55
60	873	Adrian	Sherwood	North Herts Road Runners	MV50	53	56
61	1213	Gez	Fallon	Stopsley Striders	MV45	54	57
62	909	Stewart	Overton	North Herts Road Runners	MV35	55	58
63	1220	Andy	Green	Team East Haddon	MV50	56	59
64	1090	Steve	Holton	Olney Runners	M	57	60
65	765	Katie	Harbon	North Herts Road Runners	F	4	61
66	608	Lyndon	Moore	Dunstable Road Runners	MV40	58	62
67	166	Ed	Druce	Ampthill & Flitwick Flyers	MV40	59	63
68	1309	Ben	Shirley	Wellingborough AC	MV35	60	64
69	404	Kevin	Shelton-Smith	Bedford Harriers	MV55	61	65
70	1210	Alan	Barry	Stopsley Striders	M	62	66
71	1226	Stuart	Wheeldon	Team East Haddon	MV45	63	67
72	149	Bobby	Riddaway	Ampthill & Flitwick Flyers	MV45	64	68
73	1074	Steve	Dicks	Olney Runners	MV40	65	69
74	904	Vincent	Wright	North Herts Road Runners	MV40	66	70
75	1230	Adrian	Homer	Team East Haddon	MV45	67	71
76	683	Dan	Green	Leighton Fun Runners	MV40	68	72
77	502	Juliet	Nayler	Biggleswade AC	FV40	5	73
78	1122	Dean	Sartin	Olney Runners	MV35	69	74
79	1316	Tom	Roberts	Wellingborough AC	M-2ndClaim		
80	591	John	Murphy	Dunstable Road Runners	MV45	70	75
81	813	Richard	Harbon	North Herts Road Runners	MV50	71	76
82	1327	Nick	Sinnott	Wellingborough AC	MV40	72	77
83	1376	Ian	Barrett	Wellingborough AC	MV40	73	78
84	1325	John	Donaldson	Wellingborough AC	MV55	74	79
85	1225	James	Makin	Team East Haddon	M	75	80
86	313	Anna	Folland	Bedford Harriers	FV45	6	81
87	698	Matthew	Gilbert	Leighton Fun Runners	MV40	76	82
88	310	Alastair	Fadden	Bedford Harriers	MV50	77	83
89	499	Paul	Cooke	Biggleswade AC	MV40	78	84
90	1139	Adrian	Copp	Stopsley Striders	MV40	79	85
91	1000	Sarah	Davis	Northampton Road Runners	FV45	7	86
92	1130	Ahmed	Berrah	Stopsley Striders	M	80	87
93	1315	Zac	O`Neil	Wellingborough AC	MV35	81	88
94	261	Tony	Barnes	Bedford Harriers	MV50	82	89
95	127	James	Handley	Ampthill & Flitwick Flyers	MV35	83	90
96	688	Jim	Buttleman	Leighton Fun Runners	MV50	84	91
97	182	Richard	Stanley	Ampthill & Flitwick Flyers	MV50	85	92
98	1461	Graham	Hollowell	Wootton Road Runners	MV50	86	93
99	906	Greg	Pounder	North Herts Road Runners	M	87	94
100	510	Nick	Haworth	Biggleswade AC	MV35	88	95
101	439	Jon	Clark	Bedford Harriers	MV50	89	96
102	495	Isobel	Everest	Biggleswade AC	FV40	8	97
103	1131	Pat	Blessing	Stopsley Striders	MV50	90	98
104	204	Deborah	Beare	Ampthill & Flitwick Flyers	F	9	99
105	1326	Jason	French	Wellingborough AC	MV35	91	100
106	341	Stephen	James	Bedford Harriers	MV45	92	101
107	1291	Mark	Bonham	Wellingborough AC	MV45	93	102
108	123	Jeremy	Godfrey	Ampthill & Flitwick Flyers	M	94	103

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Venue		Bedford		22-January-2017			
Pos.	No.	First Name	Surname	Club	Category	Points	
109	316	Gill	Fullen	Bedford Harriers	FV50	10	104
110	588	Lee	Richardson	Dunstable Road Runners	MV45	95	105
111	227	Hattie	Oakley-King	Amphthill & Flitwick Flyers	F	11	106
112	971	Ed	Taylor	Northampton Road Runners	MV50	96	107
113	145	Paul	Owen	Amphthill & Flitwick Flyers	MV45	97	108
114	1240	Peter	Chandley	Team East Haddon	MV50	98	109
115	1573	Kat	Burr	North Herts Road Runners	FV35	12	110
116	184	Callum	Harrison	Amphthill & Flitwick Flyers	M	99	111
117	1229	Rob	White	Team East Haddon	MV50	100	112
118	203	Sophia	Bartlett	Amphthill & Flitwick Flyers	FV40	13	113
119	482	Hannah	Broom	Biggleswade AC	FV35	14	114
120	567	Robert	Curtis	Dunstable Road Runners	MV50	101	115
121	202	Jess	Anstee	Amphthill & Flitwick Flyers	F	15	116
122	173	Mark	Trew	Amphthill & Flitwick Flyers	MV35	102	117
123	669	Sean	Byrne	Dunstable Road Runners	MV45	103	118
124	501	Paul	Davies	Biggleswade AC	MV45	104	119
125	275	Gary	Butler	Bedford Harriers	MV50	105	120
126	1304	Andrew	Redden	Wellingborough AC	M	106	121
127	1255	Robert	Gaskill	Team East Haddon	M	107	122
128	500	Giles	Hawthorne	Biggleswade AC	MV40	108	123
129	1150	Martin	Fallon	Stopsley Striders	MV45	109	124
130	1302	Andy	Watts	Wellingborough AC	MV35	110	125
131	142	Chris	Newnham	Amphthill & Flitwick Flyers	MV50	111	126
132	444	Oliver	Jones	Bedford Harriers	MV35	112	127
133	141	Stephen	Mullens	Amphthill & Flitwick Flyers	MV50	113	128
134	1155	Paul	Keech	Stopsley Striders	MV55	114	129
135	958	Peter	Moor	Northampton Road Runners	MV40	115	130
136	1159	Daniel	Mann	Stopsley Striders	MV35	116	131
137	1477	Terry	Peters	Wootton Road Runners	MV60	117	132
138	137	Philip	Mead	Amphthill & Flitwick Flyers	M	118	133
139	156	Ben	Stoneman	Amphthill & Flitwick Flyers	MV45	119	134
140	488	Natalie	Morgan	Biggleswade AC	FV40	16	135
141	326	Sally	Gurney	Bedford Harriers	FV40	17	136
142	915	Darren	Baldwin	Northampton Road Runners	MV50	120	137
143	911	Ronnie	Ambrose	Northampton Road Runners	MV50	121	138
144	1579	Robert	Milburn	North Herts Road Runners	MV35	122	139
145	208	Louise	Clark	Amphthill & Flitwick Flyers	FV40	18	140
146	130	Ross	Henson	Amphthill & Flitwick Flyers	MV40	123	141
147	107	Jeremy	Bell	Amphthill & Flitwick Flyers	MV50	124	142
148	761	Paula	Adams	North Herts Road Runners	FV45	19	143
149	874	Peter	Sibbett	North Herts Road Runners	MV50	125	144
150	124	Martin	Godin	Amphthill & Flitwick Flyers	MV55	126	145
151	938	Mark	Garrett	Northampton Road Runners	MV55	127	146
152	1164	Andy	Reid	Stopsley Striders	MV60	128	147
153	674	Jamie	Stancombe	Dunstable Road Runners	MU20-Guest		
154	1111	Mike	Pezaro	Olney Runners	MV40	129	148
155	574	Peter	Keane	Dunstable Road Runners	MV50	130	149
156	1567	Lisa	Russel	Olney Runners	FV40	20	150
157	1569	David	Shakespeare	Olney Runners	MV50	131	151
158	151	Mark	Rouse	Amphthill & Flitwick Flyers	MV40	132	152
159	1113	Georgia	Richardson	Olney Runners	F	21	153
160	335	Dave	Holt	Bedford Harriers	MV60	133	154
161	1067	Justin	Crook	Olney Runners	MV35	134	155
162	566	Bill	Crane	Dunstable Road Runners	MV60	135	156

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Pos.	No.	First Name	Surname	Club	Category	Points	
163	961	Seb	Perry	Northampton Road Runners	MV45	136	157
164	677	Craig	Sweet	Dunstable Road Runners	MV40	137	158
165	250	Keri	Withers	Amphthill & Flitwick Flyers	FV50	22	159
166	186	Ashley	Larman	Amphthill & Flitwick Flyers	MV40	138	160
167	327	Nora	Haggart	Bedford Harriers	FV60	23	161
168	407	Juliet	Smith	Bedford Harriers	FV45	24	162
169	987	David	Frost	Northampton Road Runners	MV50	139	163
170	731	Zoe	Illingworth	Leighton Fun Runners	FV40-2ndClaim	25	164
171	183	Phil	Horan	Amphthill & Flitwick Flyers	MV45	140	165
172	1575	Robert	Hardwick	Amphthill & Flitwick Flyers	M	141	166
173	165	Richard	Gale	Amphthill & Flitwick Flyers	MV35	142	167
174	232	Julie	Pritchett	Amphthill & Flitwick Flyers	FV40	26	168
175	1392	Gary	Thacker	Wellingborough AC	MV40	143	169
176	185	Bryan	Rouse	Amphthill & Flitwick Flyers	MV40	144	170
177	1561	Duncan	Winner	Olney Runners	MV40	145	171
178	804	Yuko	Gordon	North Herts Road Runners	FV65	27	172
179	1508	Francess	Hooper	Wootton Road Runners	FV35	28	173
180	910	Chloe	Lucas	North Herts Road Runners	F	29	174
181	1359	Louise	Kemp	Wellingborough AC	FV35	30	175
182	1054	Chris	Barnes	Olney Runners	MV45	146	176
183	1460	Dave	Jones	Wootton Road Runners	MV40	147	177
184	1333	Helen	Etherington	Wellingborough AC	FV35	31	178
185	1134	Graham	Busch	Stopsley Striders	MV60	148	179
186	157	Jason	Theobald	Amphthill & Flitwick Flyers	MV45	149	180
187	1216	Sam	Cortese	Team East Haddon	MV55	150	181
188	901	Johnny	Spinks	North Herts Road Runners	MV50	151	182
189	218	Theresa	Jackson	Amphthill & Flitwick Flyers	FV45	32	183
190	858	Chris	Poole	North Herts Road Runners	M	152	184
191	414	Mark	Taggart	Bedford Harriers	MV40	153	185
192	504	Zoe	Lawson	Biggleswade AC	FV40	33	186
193	426	Rob	Wallis	Bedford Harriers	MV55	154	187
194	722	Katy	Garnham-Lee	Leighton Fun Runners	FV35	34	188
195	512	Gary	Fairhurst	Biggleswade AC	MV35	155	189
196	695	Martin	Addrison	Leighton Fun Runners	MV60	156	190
197	103	Andy	Atherton	Amphthill & Flitwick Flyers	MV50	157	191
198	400	Anna	Rust	Bedford Harriers	F	35	192
199	344	Niki	Jones	Bedford Harriers	FV45	36	193
200	1366	Kelly	Wedge	Wellingborough AC	FV40	37	194
201	1475	Steve	Atkinson	Wootton Road Runners	MV45	158	195
202	1377	Steve	Adams	Wellingborough AC	MV60	159	196
203	1355	Felicity	Aries	Wellingborough AC	FV55	38	197
204	487	Chris	Clarke	Biggleswade AC	MV60	160	198
205	1253	Robin	Schumacher	Team East Haddon	MV50	161	199
206	1340	Sarah	Ellwood	Wellingborough AC	FV40	39	200
207	406	Veronica	Singleton- Lawley	Bedford Harriers	FV55-2ndClaim	40	201
208	1158	Daniel	Lewis	Stopsley Striders	MV35	162	202
209	1199	Vanessa	Thompson	Stopsley Striders	FV40	41	203
210	523	Neil	Harvey	Biggleswade AC	MV55	163	204
211	900	Steve	Williamson	North Herts Road Runners	MV50	164	205
212	1020	Wendy	Parker	Northampton Road Runners	FV50	42	206
213	1034	Vicki	Baker	Northampton Road Runners	FV35	43	207
214	955	Mark	Lewis	Northampton Road Runners	MV50	165	208
215	607	Robert	Lee	Dunstable Road Runners	MV35	166	209
216	810	Jo	Harbon	North Herts Road Runners	FV50	44	210

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217	812	Helen	Harbon	North Herts Road Runners	F	45	211
218	164	Simon	Wilkins	Amphthill & Flitwick Flyers	MV40	167	212
219	653	Sue	McAvock	Dunstable Road Runners	FV40	46	213
220	509	Stuart	Goodwin	Biggleswade AC	MV35	168	214
221	391	Matt	Pyecroft	Bedford Harriers	MV40	169	215
222	675	Becks	Sharpe	Dunstable Road Runners	F	47	216
223	1184	Hannah	Fothergill	Stopsley Striders	F	48	217
224	1189	Miriam	Linforth	Stopsley Striders	F	49	218
225	1480	Jon	Saw	Wootton Road Runners	MV35	170	219
226	421	Sacha	Trude	Bedford Harriers	FV45	50	220
227	282	Lisa	Chapple	Bedford Harriers	FV50	51	221
228	1318	Guy	Travers	Wellingborough AC	MV45	171	222
229	153	Dave	Stanley	Amphthill & Flitwick Flyers	MV60	172	223
230	244	Lisa	Wells	Amphthill & Flitwick Flyers	FV45	52	224
231	346	Tony	Jones	Bedford Harriers	MV55	173	225
232	1275	Joanna	Szymborska	Team East Haddon	FV45	53	226
233	413	Phillip	Supple	Bedford Harriers	MV45	174	227
234	764	Matt	Ankers	North Herts Road Runners	M	175	228
235	917	Dave	Blackburn	Northampton Road Runners	MV55	176	229
236	233	Niki	Rouse	Amphthill & Flitwick Flyers	FV45	54	230
237	902	Adam	Wilson	North Herts Road Runners	MV45	177	231
238	1242	Joanna	Brinkman	Team East Haddon	FV45	55	232
239	345	Noel	Jones	Bedford Harriers	MV50	178	233
240	451	Moir	Leadbetter	Bedford Harriers	F	56	234
241	1108	David	O'Connor	Olney Runners	MV50	179	235
242	1163	Stewart	Read	Stopsley Striders	MV40	180	236
243	1479	Steve	Smith	Wootton Road Runners	MV60	181	237
244	1233	Rob	Watkinson	Team East Haddon	MV50	182	238
245	693	Mark	McLoughlin	Leighton Fun Runners	MV50	183	239
246	1114	Jim	Richardson	Olney Runners	MV50	184	240
247	982	Keiran	Shephard	Northampton Road Runners	M	185	241
248	1252	Sarah	Ryder	Team East Haddon	F	57	242
249	213	Rebecca	Fleckney	Amphthill & Flitwick Flyers	FV35	58	243
250	1035	Jo	Humphrey	Northampton Road Runners	FV40	59	244
251	623	Anne	Golding	Dunstable Road Runners	FV55	60	245
252	1175	Karen	Ashby	Stopsley Striders	FV55	61	246
253	505	Sarah Jane	Seaman	Biggleswade AC	F	62	247
254	1102	Roger	Mann	Olney Runners	MV55	186	248
255	489	Damien	Pitts	Biggleswade AC	M	187	249
256	992	Suzanne	Baldwin	Northampton Road Runners	FV45	63	250
257	507	Ian	Grimwood	Biggleswade AC	MV60	188	251
258	709	Stephen	Moore	Leighton Fun Runners	MV50	189	252
259	236	Christine	Sharman	Amphthill & Flitwick Flyers	FV50	64	253
260	723	Kelly	McGall	Leighton Fun Runners	F	65	254
261	454	Richard	Woodward	Bedford Harriers	MV35	190	255
262	352	Viv	Kilgour	Bedford Harriers	FV50	66	256
263	1478	Mick	Wood	Wootton Road Runners	MV65	191	257
264	217	Charlene	Halpin	Amphthill & Flitwick Flyers	F	67	258
265	309	Christopher	Fadden	Bedford Harriers	MV50	192	259
266	379	Russell	Page	Bedford Harriers	MV55	193	260
267	686	Graham	Cooper	Leighton Fun Runners	MV50	194	261
268	438	Peter	Fadden	Bedford Harriers	MU20	195	262
269	660	Nicola	Cassidy	Dunstable Road Runners	FV40	68	263
270	322	Dave	Girling	Bedford Harriers	MV65	196	264

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271	931	Jon	Dilworth	Northampton Road Runners	MV60	197	265
272	220	Laura	Johnston	Amphthill & Flitwick Flyers	FV45	69	266
273	315	Elaine	Fullard	Bedford Harriers	FV55	70	267
274	304	Julie	Driver	Bedford Harriers	FV50	71	268
275	1142	Martin	Smith	Stopsley Striders	MV40	198	269
276	239	Louise	Wilkins	Amphthill & Flitwick Flyers	FV45	72	270
277	1566	Justin	Schofield	Olney Runners	MV45	199	271
278	1166	Tony	Riley	Stopsley Striders	MV70	200	272
279	1070	Rachael	David	Olney Runners	FV50	73	273
280	691	Keith	Phillips	Leighton Fun Runners	MV65	201	274
281	584	Jonathan	Venning	Dunstable Road Runners	MV60	202	275
282	1501	Lenka	Watson	Wootton Road Runners	FV35	74	276
283	1362	Helen	King	Wellingborough AC	FV35	75	277
284	1352	Lynda	Rowse	Wellingborough AC	FV50	76	278
285	506	Juliet	Grimwood	Biggleswade AC	FV50	77	279
286	1019	Rachel	Palmer	Northampton Road Runners	F	78	280
287	684	Gary	Reid	Leighton Fun Runners	MV50	203	281
288	729	Taraneh	Gerami	Leighton Fun Runners	FV55-2ndClaim		
289	907	Rachel	Pounder	North Herts Road Runners	F	79	282
290	1353	Sarah	Rowse	Wellingborough AC	F	80	283
291	670	Sean	Kirtley	Dunstable Road Runners	MV40	204	284
292	582	Adrian	Shotbolt	Dunstable Road Runners	MV40	205	285
293	248	Emma	Clare	Amphthill & Flitwick Flyers	FV40	81	286
294	1287	Guy	Emmans	Wellingborough AC	MV60	206	287
295	1343	Mary	Pearson	Wellingborough AC	F	82	288
296	1010	Keran	Irving	Northampton Road Runners	FV45	83	289
297	1028	Mary	Sullivan	Northampton Road Runners	FV60	84	290
298	785	Lindsay	Cook	North Herts Road Runners	FV40	85	291
299	908	Andee	Price	North Herts Road Runners	FV35	86	292
300	240	Nicola	Wilkins	Amphthill & Flitwick Flyers	FV40	87	293
301	1017	Caroline	Owers	Northampton Road Runners	FV50	88	294
302	795	Helen	Ferguson	North Herts Road Runners	FV50	89	295
303	697	Masoud	Gerami	Leighton Fun Runners	MV55-2ndClaim		
304	198	Emily	Mead	Amphthill & Flitwick Flyers	F	90	296
305	221	Claire	Jones	Amphthill & Flitwick Flyers	FV50	91	297
306	1310	Shaun	De Clancy	Wellingborough AC	MV50	207	298
307	226	Nichole	Neate	Amphthill & Flitwick Flyers	FV40	92	299
308	739	Sally	Puddephatt	Leighton Fun Runners	FV45	93	300
309	437	Cathy	Clark	Bedford Harriers	FV50	94	301
310	995	Helen	Blackburn	Northampton Road Runners	FV50	95	302
311	1563	Kelly	Arnold	Olney Runners	F	96	303
312	626	Tina	Keane	Dunstable Road Runners	FV50	97	304
313	1370	Kirsty	Dodd	Wellingborough AC	FV35	98	305
314	1350	Sally	Hewitt	Wellingborough AC	FV60	99	306
315	1064	Kate	Cook	Olney Runners	FV35	100	307
316	416	Tracey	Thompson	Bedford Harriers	FV45	101	308
317	1323	Dom	Coleman	Wellingborough AC	M	208	309
318	378	Susan	Pack	Bedford Harriers	FV50	102	310
319	216	Pat	Godfrey	Amphthill & Flitwick Flyers	FV65	103	311
320	1021	Paula	Pinney	Northampton Road Runners	FV45	104	312
321	825	Brian	Judkins	North Herts Road Runners	MV60	209	313
322	1564	Sophie	Dennis	Olney Runners	FV40	105	314
323	1115	Carolyn	Richardson	Olney Runners	FV50	106	315
324	1572	Gill	Hardy	Olney Runners	FV40	107	316

3 Counties Cross Country League Results							Team Points
Venue		Bedford					
		22-January-2017					
Pos.	No.	First Name	Surname	Club	Category	Points	
325	1055	Dee	Bethune	Olney Runners	FV65	108	317
326	1194	Maria	Petts	Stopsley Striders	FV35	109	318
327	1192	Kate	Neale	Stopsley Striders	FV50	110	319
328	1389	Graham	Bayes	Wellingborough AC	MV65	210	320
329	741	Tracy	Cardno	Leighton Fun Runners	FV45	111	321
330	1076	Lisa	Edwards	Olney Runners	FV40	112	322
331	1066	Sarah	Crabb	Olney Runners	F	113	323
332	1005	Sally	Garrett	Northampton Road Runners	FV50	114	324
333	1217	Val	Bridges	Team East Haddon	FV60	115	325
334	676	Claire	McFauld	Dunstable Road Runners	F	116	326
335	514	Corinne	Calligan	Biggleswade AC	FV35	117	327
336	520	Vikki	Vowles	Biggleswade AC	FV45	118	328
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3 Counties Cross Country League Results							Team Points
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3 Counties Cross Country League Results							Team Points
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3 Counties Cross Country League Results							Team Points
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