

3 Counties Cross Country League Results

Venue **Bedford**

3-January-2016

Ampthill & Flitwick Flyers

Men

No.	First Name	Surname	Vet	2nd	Score
134	Tim	Harris	0	0	1
126	Paul	Farmer	0	0	5
171	Mark	Waine	V45	0	9
170	Steven	Upton	V40	0	12
135	Stephen	Hartley	V40	0	13
158	Craig	Palmer	0	0	14
108	Martin	Beare	V50	0	18
					72

Ladies

No.	First Name	Surname	Vet	2nd	Score
238	Sarah	Kerr	0	x	3
196	Nicola	Bowerman	V40	0	7
220	Deborah	Beare	0	0	15
					25

Total 97

Bedford Harriers

Men

No.	First Name	Surname	Vet	2nd	Score
274	Steven	Horton	0	0	8
254	Christopher	Dilley	0	0	10
276	Phillip	Jamieson	0	0	15
269	Ian	Hammett	0	0	16
322	Danny	Winn	0	0	23
259	Gary	Finch	V45	0	32
310	Kevin	Shelton-Smith	V55	0	44
					148

Ladies

No.	First Name	Surname	Vet	2nd	Score
371	Gill	Fullen	V50	0	4
370	Anna	Folland	V45	0	5
393	Kirstie	Meeten	V35	0	6
					15

Total 163

Biggleswade AC

Men

No.	First Name	Surname	Vet	2nd	Score
459	Paul	Davies	V45	0	38
469	John	Mcgrath	V50	0	40
464	Nick	Haworth	0	0	51
458	Paul	Cooke	0	0	63
470	Rob	Morgan	0	0	81
475	Vince	Plosky	V40	0	100
473	Damian	Pitts	0	0	123
					496

Ladies

No.	First Name	Surname	Vet	2nd	Score
506	Juliet	Nayler	V40	0	2
499	Isobel	Everest	V40	0	8
502	Lindsay	Lister	V50	0	18
					28

Total 524

Dunstable Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
561	Winston	Woodward	V40	0	34
544	Lee	Murphy	0	0	39
543	John	Murphy	V45	0	70
523	Mark	Cornell	V50	0	84
526	Robert	Curtis	V50	0	95
571	Mick	Courtney	V50	0	101
537	Peter	Keane	V50	0	125
					548

Ladies

No.	First Name	Surname	Vet	2nd	Score
588	Ruth	Grint	V45	0	31
614	Teresa	Warren	V45	0	48
606	Emily	Prejac	0	0	54
					133

Total 681

Leighton Fun Runners

Men

No.	First Name	Surname	Vet	2nd	Score
648	Steve	Harrison	V40	0	37
647	Daniel	Green	V40	0	64
642	John	Preston	V40	0	66
639	Graeme	Meichtry	0	0	75
1386	Neil	Warby	0	0	91
629	Jim	Buttleman	V50	0	94
637	Rob	Laughton	V40	0	96
					523

Ladies

No.	First Name	Surname	Vet	2nd	Score
652	Verity	Allsopp	0	0	37
655	Janice	Brazier	V50	0	41
668	Sally	Dickinson	0	0	55
					133

Total 656

3 Counties Cross Country League Results

Venue **Bedford**

3-January-2016

North Herts Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
738	Mark	Vaughan	V45	0	6
719	Jim	McConnel	V40	0	7
685	John	Auld	0	0	36
704	Richard	Harbon	V50	0	42
712	James	Keogh	0	0	55
741	Steve	Williamson	V50	0	61
718	Darren	Matussa	0	0	86

293

Ladies

No.	First Name	Surname	Vet	2nd	Score
784	Astrid	Mckeown	V40	0	9
759	Paula	Adams	V45	0	17
772	Yuko	Gordon	V60	0	28

54

Total

347

Northampton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
843	David	Green	0	0	2
877	Will	Jones	0	0	11
853	Tony	Letts	V45	0	21
826	Ilir	Brecani	0	0	53
880	Mick	Conroy	V55	0	74
840	Mark	Garrett	V55	0	77
842	Dan	Gosling	0	0	92

330

Ladies

No.	First Name	Surname	Vet	2nd	Score
929	Hayley	Munn	0	x	1
896	Sarah	Davis	V45	0	13
889	Penny	Andrews	V50	0	47

61

Total

391

Olney Runners

Men

No.	First Name	Surname	Vet	2nd	Score
954	Dean	Sartin	0	0	68
966	Steve	Dicks	V40	0	80
943	Simon	Cook	V40	0	85
941	Craig	Austin	V45	0	105
959	Mike	Pezaro	0	0	107
958	Rob	White	V40	0	129
964	Chris	Barnes	V45	0	131

705

Ladies

No.	First Name	Surname	Vet	2nd	Score
985	Georgia	Richardson	0	0	30
998	Lisa	Russell	V40	0	39
1371	Rachel	Bailey	V40	0	49

118

Total

823

Stopsley Striders

Men

No.	First Name	Surname	Vet	2nd	Score
1033	Mark	Sains	0	0	26
1034	Nathan	Scott	0	0	48
1015	Gez	Fallon	V45	0	49
1039	Danny	Kelly	V50	0	82
1041	Glynn	Simmons	V45	0	87
1003	Ben	Bodsworth	0	0	88
1042	Pat	Blessing	V50	0	90

470

Ladies

No.	First Name	Surname	Vet	2nd	Score
1069	Christine	Lathwell	V35	0	14
1061	Linda	Scanlan	V35	0	23
1060	Liz	Rollinson	V40	0	25

62

Total

532

Team East Haddon

Men

No.	First Name	Surname	Vet	2nd	Score
1077	Andy	Green	V50	0	20
1090	Stuart	Wheeldon	V45	0	27
1096	Matt	Dine	0	0	47
1087	Matthew	Tyrell	V40	0	57
1347	Seb	Thies	0	x	89
1079	Adrian	Homer	V45	0	93
1091	Rob	White	V50	0	99

432

Ladies

No.	First Name	Surname	Vet	2nd	Score
1116	Sally	Tilt	V40	0	35
1113	Sarah	Cosford	0	0	44
1115	Liv	Thompson	0	0	46

125

Total

557

3 Counties Cross Country League Results

Venue **Bedford**

3-January-2016

Wellingborough AC

Men

No.	First Name	Surname	Vet	2nd	Score
1186	Mariusz	Iwaniec	0	0	4
1122	Peter	Currington	0	x	17
1192	Richard	Loader	0	0	19
1141	Jon	Kemp	V40	0	28
1168	Greg	Spellman	V45	0	30
1165	Ben	Shirley	0	0	43
1132	Mike	Gooch	V45	0	45

186

Ladies

No.	First Name	Surname	Vet	2nd	Score
1203	Kelly	Barnett	0	0	11
1205	Katharine	Baxter	0	0	24
1223	Louise	Kemp	V35	0	32

67

Total

253

Wootton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
1305	Michael	Aldridge	V40	0	3
1279	Richard	Lack	V45	0	31
1288	Simon	Tootell	0	0	33
1280	Paul	Matthews	V45	0	71
1293	Michael	Carrea	0	0	98
1275	Graham	Hollowell	V45	0	108
1290	Mike	Wheeler	0	0	121

465

Ladies

No.	First Name	Surname	Vet	2nd	Score
1318	Maree	Jesson	V40	x	20
1333	Frances	Hooper	V35	0	53
1323	Janet	Mitchell	V50	0	93

166

Total

631

3 Counties Cross Country League Results

Venue **Bedford**

3-January-2016

Team Summary

	Men		Ladies		Combined Team	
Ampthill & Flitwick Flyers	1	72	2	25	1	97
Bedford Harriers	2	148	1	15	2	163
Biggleswade AC	9	496	3	28	6	524
Dunstable Road Runners	11	548	10	133	11	681
Leighton Fun Runners	10	523	10	133	10	656
North Herts Road Runners	4	293	4	54	4	347
Northampton Road Runners	5	330	5	61	5	391
Olney Runners	12	705	8	118	12	823
Stopsley Striders	8	470	6	62	7	532
Team East Haddon	6	432	9	125	8	557
Wellingborough AC	3	186	7	67	3	253
Wootton Road Runners	7	465	12	166	9	631