

3 Counties Cross Country League Results

Venue **North Herts**

20-December-2015

Ampthill & Flitwick Flyers

Men

No.	First Name	Surname	Vet	0	Score
134	Tim	Harris	0	0	2
126	Paul	Farmer	0	0	7
174	Paul	Mizon	0	x	12
135	Stephen	Hartley	V40	0	18
151	John	Mitcalf	V40	0	21
108	Martin	Beare	V50	0	27
113	Andy	Bierton	V40	0	37
					124

Ladies

No.	First Name	Surname	Vet	0	Score
196	Nicola	Bowerman	V40	0	8
220	Deborah	Beare	0	0	20
202	Claire	Fisher	V40	0	22
					50

Total 174

Bedford Harriers

Men

No.	First Name	Surname	Vet	0	Score
254	Christopher	Dilley	0	0	9
269	Ian	Hammett	0	0	11
322	Danny	Winn	0	0	16
276	Phillip	Jamieson	0	0	22
259	Gary	Finch	V45	0	30
241	Tony	Barnes	V50	0	32
297	Andy	Palembello	0	0	39
					159

Ladies

No.	First Name	Surname	Vet	0	Score
393	Kirstie	Meeten	V35	0	5
370	Anna	Folland	V45	0	6
371	Gill	Fullen	V50	0	7
					18

Total 177

Biggleswade AC

Men

No.	First Name	Surname	Vet	0	Score
464	Nick	Haworth	0	0	34
459	Paul	Davies	V45	0	38
469	John	Mcgrath	V50	0	45
458	Paul	Cooke	0	0	53
465	Giles	Hawthorne	V40	0	85
470	Rob	Morgan	0	0	103
460	Marc	Deans	V50	0	119
					477

Ladies

No.	First Name	Surname	Vet	0	Score
506	Juliet	Nayler	V40	0	3
499	Isobel	Everest	V40	0	12
502	Lindsay	Lister	V50	0	17
					32

Total 509

Dunstable Road Runners

Men

No.	First Name	Surname	Vet	0	Score
521	Steve	Buckle	0	x	10
544	Lee	Murphy	0	0	33
543	John	Murphy	V45	0	43
518	Stuart	Berry	V45	0	57
538	Stuart	Lamond	0	0	61
546	Mark	Pedder	0	0	64
550	Lee	Richardson	V45	0	65
					333

Ladies

No.	First Name	Surname	Vet	0	Score
607	Sam	Pretty	0	x	11
606	Emily	Prejac	0	0	28
588	Ruth	Grint	V45	0	31
					70

Total 403

Leighton Fun Runners

Men

No.	First Name	Surname	Vet	0	Score
648	Steve	Harrison	V40	0	35
629	Jim	Buttleman	V50	0	71
647	Daniel	Green	V40	0	84
649	Ian	Mulry	V40	0	129
627	Martin	Addrison	V55	0	133
643	Rob	Roy	V50	0	144
638	Mark	McLoughlin	V50	0	176
					772

Ladies

No.	First Name	Surname	Vet	0	Score
652	Verity	Allsopp	0	0	26
658	Katy	Garnham-Lee	0	0	47
654	Deena	Bland	V35	0	60
					133

Total 905

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Men

No.	First Name	Surname	Vet	0	Score
719	Jim	McConnel	V40	0	4
738	Mark	Vaughan	V45	0	8
727	John	Rayner	0	0	14
739	James	Walsh	V45	0	26
685	John	Auld	0	0	31
730	Adrian	Sherwood	V50	0	52
712	James	Keogh	0	0	54

189

Ladies

No.	First Name	Surname	Vet	0	Score
784	Astrid	Mckeown	V40	0	9
778	Katie	Harbon	0	0	10
759	Paula	Adams	V45	0	19

38

Total

227

Northampton Road Runners

Men

No.	First Name	Surname	Vet	0	Score
877	Will	Jones	0	0	6
853	Tony	Letts	V45	0	17
857	Norbet	Mihalik	0	0	19
826	Ilir	Brecani	0	0	44
880	Mick	Conroy	V55	0	72
879	Steve	Cory	V55	0	74
851	Mark	Kennedy	V40	0	90

322

Ladies

No.	First Name	Surname	Vet	0	Score
929	Hayley	Munn	0	x	1
896	Sarah	Davis	V45	0	15
901	Beckie	Hollowell	V40	0	34

50

Total

372

Olney Runners

Men

No.	First Name	Surname	Vet	0	Score
954	Dean	Sartin	0	0	76
966	Steve	Dicks	V40	0	81
943	Simon	Cook	V40	0	87
953	Russell	Rose	V45	0	127
964	Chris	Barnes	V45	0	148
945	Justin	Crook	0	0	166
946	Keith	Curwood	0	0	187

872

Ladies

No.	First Name	Surname	Vet	0	Score
972	Helen	Diamand	V40	0	73
968	Dee	Bethune	V65	0	105
990	Claire	White	V40	0	107

285

Total

1157

Stopsley Striders

Men

No.	First Name	Surname	Vet	0	Score
1045	Robert	Barnes	0	0	13
1033	Mark	Sains	0	0	15
1034	Nathan	Scott	0	0	36
1011	Paul	Davis	0	0	58
1015	Gez	Fallon	V45	0	68
1007	John	Chapman	V55	0	78
1039	Danny	Kelly	V50	0	82

350

Ladies

No.	First Name	Surname	Vet	0	Score
1068	Natalie	Lawrence	0	0	4
1069	Christine	Lathwell	V35	0	16
1060	Liz	Rollinson	V40	0	23

43

Total

393

Team East Haddon

Men

No.	First Name	Surname	Vet	0	Score
1093	Jack	Bond	0	x	5
1077	Andy	Green	V50	0	24
1090	Stuart	Wheeldon	V45	0	41
1096	Matt	Dine	0	0	42
1087	Matthew	Tyrell	V40	0	69
1091	Rob	White	V50	0	101
1076	Sam	Cortese	V55	0	170

452

Ladies

No.	First Name	Surname	Vet	0	Score
1110	Emma	Bond	0	x	13
1115	Liv	Thompson	0	0	21
1116	Sally	Tilt	V40	0	40

74

Total

526

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Wellingborough AC

Men

No.	First Name	Surname	Vet	0	Score
1186	Mariusz	Iwaniec	0	0	3
1168	Greg	Spellman	V45	0	20
1122	Peter	Currington	0	x	23
1141	Jon	Kemp	V40	0	25
1132	Mike	Gooch	V45	0	49
1124	John	Donaldson	V55	0	50
1165	Ben	Shirley	0	0	51

221

Ladies

No.	First Name	Surname	Vet	0	Score
1203	Kelly	Barnett	0	0	2
1218	Sarah	Ellwood	V40	0	33
1223	Louise	Kemp	V35	0	41

76

Total

297

Wootton Road Runners

Men

No.	First Name	Surname	Vet	0	Score
1305	Michael	Aldridge	V40	0	1
1279	Richard	Lack	V45	0	28
1288	Simon	Tootell	0	0	29
1293	Michael	Carrea	0	0	62
1280	Paul	Matthews	V45	0	67
1275	Graham	Hollowell	V45	0	70
1272	Niall	Gardiner	V40	0	94

351

Ladies

No.	First Name	Surname	Vet	0	Score
1318	Maree	Jesson	V40	x	18
1333	Frances	Hooper	V35	0	50
1319	Eliza	Kurczewska	0	0	58

126

Total

477

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Team Summary

	Men		Ladies		Combined Team	
Ampthill & Flitwick Flyers	1	124	5	50	1	174
Bedford Harriers	2	159	1	18	2	177
Biggleswade AC	10	477	2	32	9	509
Dunstable Road Runners	6	333	7	70	7	403
Leighton Fun Runners	11	772	11	133	11	905
North Herts Road Runners	3	189	3	38	3	227
Northampton Road Runners	5	322	5	50	5	372
Olney Runners	12	872	12	285	12	1157
Stopsley Striders	7	350	4	43	6	393
Team East Haddon	9	452	8	74	10	526
Wellingborough AC	4	221	9	76	4	297
Wootton Road Runners	8	351	10	126	8	477