

3 Counties Cross Country League Results

Venue **Wing**

29-November-2015

Pos.	No.	First Name	Surname	Club	Category	Points
1	527	Darren	Deed	Dunstable Road Runners	m-2ndClaim	1
2	713	Andrew	Leach	North Herts Road Runners	mV50	2
3	843	David	Green	Northampton Road Runners	m	3
4	134	Tim	Harris	Amphill & Flitwick Flyers	m	4
5	719	Jim	McConnel	North Herts Road Runners	mV40	5
6	1186	Mariusz	Iwaniec	Wellingborough AC	m	6
7	521	Steve	Buckle	Dunstable Road Runners	m-2ndClaim	0
8	738	Mark	Vaughan	North Herts Road Runners	mV45	7
9	877	Will	Jones	Northampton Road Runners	m	8
10	254	Christopher	Dilley	Bedford Harriers	m	9
11	1093	Jack	Bond	Team East Haddon	m-2ndClaim	10
12	269	Ian	Hammett	Bedford Harriers	m	11
13	276	Phillip	Jamieson	Bedford Harriers	m	12
14	174	Paul	Mizon	Amphill & Flitwick Flyers	m-2ndClaim	13
15	322	Danny	Winn	Bedford Harriers	m	14
16	266	Pete	Graham	Bedford Harriers	m	15
17	108	Martin	Beare	Amphill & Flitwick Flyers	mV50	16
18	135	Stephen	Hartley	Amphill & Flitwick Flyers	mV40	17
19	929	Hayley	Munn	Northampton Road Runners	f-2ndClaim	1
20	1092	Ed	Wise	Team East Haddon	m-2ndClaim	0
21	1268	James	Armstong	Wootton Road Runners	m	18
22	544	Lee	Murphy	Dunstable Road Runners	m	19
23	739	James	Walsh	North Herts Road Runners	mV45	20
24	1077	Andy	Green	Team East Haddon	mV50	21
25	561	Winston	Woodward	Dunstable Road Runners	mV40	22
26	857	Norbet	Mihalik	Northampton Road Runners	m	23
27	566	Lyndon	Moore	Dunstable Road Runners	mV40-2ndClaim	0
28	853	Tony	Letts	Northampton Road Runners	mV45	24
29	1141	Jon	Kemp	Wellingborough AC	mV40	25
30	630	Martin	Crane	Leighton Fun Runners	mV40-2ndClaim	26
31	259	Gary	Finch	Bedford Harriers	mV45	27
32	651	Ben	Sampson	Leighton Fun Runners	m	28
33	1288	Simon	Tootell	Wootton Road Runners	m	29
34	648	Steve	Harrison	Leighton Fun Runners	mV40	30
35	1279	Richard	Lack	Wootton Road Runners	mV45	31
36	506	Juliet	Nayler	Biggleswade AC	fV40	2
37	459	Paul	Davies	Biggleswade AC	mV45	32
38	1122	Peter	Currington	Wellingborough AC	m-2ndClaim	33
39	241	Tony	Barnes	Bedford Harriers	mV50	34
40	685	John	Auld	North Herts Road Runners	m	35
41	161	Simon	Read	Amphill & Flitwick Flyers	mV40-2ndClaim	0
42	647	Daniel	Green	Leighton Fun Runners	mV40	36
43	332	David	Course	Bedford Harriers	m	37
44	370	Anna	Folland	Bedford Harriers	fV45	3
45	458	Paul	Cooke	Biggleswade AC	m	38
46	1203	Kelly	Barnett	Wellingborough AC	f	4

47	1015	Gez	Fallon	Stopsley Striders	mV45	39
48	1124	John	Donaldson	Wellingborough AC	mV55	40
49	1132	Mike	Gooch	Wellingborough AC	mV45	41
50	1011	Paul	Davis	Stopsley Striders	m	42
51	704	Richard	Harbon	North Herts Road Runners	mV50	43
52	784	Astrid	McKeown	North Herts Road Runners	fV40	5
53	1130	Dariusz	Gertchen	Wellingborough AC	mV40	44
54	1165	Ben	Shirley	Wellingborough AC	m	45
55	196	Nicola	Bowerman	Amphill & Flitwick Flyers	fV40	6
56	1128	Jason	French	Wellingborough AC	m	46
57	1110	Emma	Bond	Team East Haddon	f-2ndClaim	7
58	712	James	Keogh	North Herts Road Runners	m	47
59	1090	Stuart	Wheeldon	Team East Haddon	mV45	48
60	543	John	Murphy	Dunstable Road Runners	mV45	49
61	465	Giles	Hawthorne	Biggleswade AC	mV40	50
62	642	John	Preston	Leighton Fun Runners	mV40	51
63	310	Kevin	Shelton-Smith	Bedford Harriers	mV55	52
64	1034	Nathan	Scott	Stopsley Striders	m	53
65	778	Katie	Harbon	North Herts Road Runners	f	8
66	1096	Matt	Dine	Team East Haddon	m	54
67	297	Andy	Palembello	Bedford Harriers	m	55
68	639	Graeme	Meichtry	Leighton Fun Runners	m	56
69	499	Isobel	Everest	Biggleswade AC	fV40	9
70	393	Kirstie	Meeten	Bedford Harriers	fV35	10
71	836	Stuart	Drummond	Northampton Road Runners	m	57
72	1275	Graham	Hollowell	Wootton Road Runners	mV45	58
73	123	James	Down	Amphill & Flitwick Flyers	m-2ndClaim	0
74	1280	Paul	Matthews	Wootton Road Runners	mV45	59
75	308	David	Sharman	Bedford Harriers	m	60
76	550	Lee	Richardson	Dunstable Road Runners	mV45	61
77	744	Mark	Young	North Herts Road Runners	mV50	62
78	286	Neil	Lovesey	Bedford Harriers	mV60	63
79	133	James	Handley	Amphill & Flitwick Flyers	m	64
80	162	Bobby	Riddaway	Amphill & Flitwick Flyers	mV45	65
81	1177	David	Yarnall	Wellingborough AC	m	66
82	470	Rob	Morgan	Biggleswade AC	m	67
83	1313	Julie	Dixon	Wootton Road Runners	fV45	11
84	1079	Adrian	Homer	Team East Haddon	mV45	68
85	356	Sally	Cartwright	Bedford Harriers	fV45	12
86	144	Dan	Karaiskou	Amphill & Flitwick Flyers	m	69
87	526	Robert	Curtis	Dunstable Road Runners	mV50	70
88	1184	Roger	Bullen	Wellingborough AC	mV50	71
89	954	Dean	Sartin	Olney Runners	m	72
90	1271	Stuart	Defreyne	Wootton Road Runners	m	73
91	1293	Michael	Carrea	Wootton Road Runners	m	74
92	1111	Rebecca	Leadbetter	Team East Haddon	f-2ndClaim	0
93	1149	Dean	McCoy	Wellingborough AC	mV40	75
94	1318	Maree	Jesson	Wootton Road Runners	fV40-2ndClaim	13
95	880	Mick	Conroy	Northampton Road Runners	mV55	76
96	1150	Neil	McDonald	Wellingborough AC	mV50	77
97	1009	Rob	Corrie	Stopsley Striders	m	78
98	1272	Niall	Gardiner	Wootton Road Runners	mV40	79

99	1290	Mike	Wheeler	Wootton Road Runners	m	80
100	136	Ross	Henson	Amphill & Flitwick Flyers	m	81
101	851	Mark	Kennedy	Northampton Road Runners	mV40	82
102	167	Richard	Stanley	Amphill & Flitwick Flyers	mV50	83
103	1157	Andrew	Redden	Wellingborough AC	m	84
104	1039	Danny	Kelly	Stopsley Striders	mV50	85
105	629	Jim	Buttleman	Leighton Fun Runners	mV50	86
106	873	Richard	Wild	Northampton Road Runners	m-2ndClaim	87
107	943	Simon	Cook	Olney Runners	mV40	88
108	130	Jeremy	Godfrey	Amphill & Flitwick Flyers	m	89
109	1118	Mark	Bonham	Wellingborough AC	mV45	90
110	690	Adam	Bowler	North Herts Road Runners	m	91
111	1156	Michael	Quinn	Wellingborough AC	mV50	92
112	879	Steve	Cory	Northampton Road Runners	mV55	93
113	655	Janice	Brazier	Leighton Fun Runners	fV50	14
114	256	David	Elliott	Bedford Harriers	mV40	94
115	523	Mark	Cornell	Dunstable Road Runners	mV50	95
116	1142	Mal	Kildin	Wellingborough AC	mV45	96
117	1042	Pat	Blessing	Stopsley Striders	mV50	97
118	694	Mark	Cook	North Herts Road Runners	mV50	98
119	691	Stewart	Bryant	North Herts Road Runners	mV55	99
120	681	Natasha	Pitman	North Herts Road Runners	fV40	15
121	106	Roger	Ball	Amphill & Flitwick Flyers	mV40	100
122	1023	Paul	Keech	Stopsley Striders	mV55	101
123	1134	Alan	Griffiths	Wellingborough AC	mV45	102
124	759	Paula	Adams	North Herts Road Runners	fV45	16
125	181	Jonny	Oakley	Amphill & Flitwick Flyers	mV50	103
126	821	Darren	Baldwin	Northampton Road Runners	mV50	104
127	1285	Terry	Peters	Wootton Road Runners	mV60	105
128	537	Peter	Keane	Dunstable Road Runners	mV50	106
129	473	Damian	Pitts	Biggleswade AC	m	107
130	193	Sophia	Bartlett	Amphill & Flitwick Flyers	fV40	17
131	202	Claire	Fisher	Amphill & Flitwick Flyers	fV40	18
132	817	Ronnie	Ambrose	Northampton Road Runners	mV50	108
133	646	Jason	Charley	Leighton Fun Runners	mV40	109
134	1151	Martin	Newton	Wellingborough AC	m	110
135	1115	Liv	Thompson	Team East Haddon	f	19
136	649	Ian	Mulry	Leighton Fun Runners	mV40	111
137	143	Richie	Jones	Amphill & Flitwick Flyers	mV50	112
138	652	Verity	Allsopp	Leighton Fun Runners	f	20
139	460	Marc	Deans	Biggleswade AC	mV50	113
140	1284	Peter	O'hare	Wootton Road Runners	mV40	114
141	502	Lindsay	Lister	Biggleswade AC	fV50	21
142	281	Stuart	Knight	Bedford Harriers	mV50	115
143	1218	Sarah	Ellwood	Wellingborough AC	fV40	22
144	107	Mike	Bannister	Amphill & Flitwick Flyers	m	116
145	838	John	Fleming	Northampton Road Runners	mV45	117
146	225	Sarah	Thomson	Amphill & Flitwick Flyers	fV35	23
147	872	Dave	Whatton	Northampton Road Runners	mV50	118
148	220	Deborah	Beare	Amphill & Flitwick Flyers	f	24
149	331	Steven	James	Bedford Harriers	mV45	119
150	109	Jeremy	Bell	Amphill & Flitwick Flyers	mV50	120

151	1182	Mark	Viccars	Wellingborough AC	mV50	121
152	772	Yuko	Gordon	North Herts Road Runners	fV60	25
153	485	Chris	Adams	Biggleswade AC	mV55	122
154	1016	Martin	Fallon	Stopsley Striders	mV45	123
155	190	Jo	Aatkar	Amptill & Flitwick Flyers	fV45	26
156	157	Paul	Owen	Amptill & Flitwick Flyers	mV45	124
157	1125	Mark	Edwards	Wellingborough AC	mV45	125
158	1017	Gary	Fowler	Stopsley Striders	mV50	126
159	508	Fiona	Wynde	Biggleswade AC	fV40	27
160	311	Graham	Short	Bedford Harriers	mV55	127
161	841	Martin	Gooding	Northampton Road Runners	mV50	128
162	901	Beckie	Hollowell	Northampton Road Runners	fV40	28
163	1113	Sarah	Cosford	Team East Haddon	f	29
164	958	Rob	White	Olney Runners	mV40	129
165	249	Chris	Capps	Bedford Harriers	mV60	130
166	1146	Keith	Lok	Wellingborough AC	mV40	131
167	588	Ruth	Grint	Dunstable Road Runners	fV45	30
168	131	Martin	Godin	Amptill & Flitwick Flyers	mV55	132
169	876	Terry	Begley	Northampton Road Runners	mV40	133
170	204	Caroline	Gilby	Amptill & Flitwick Flyers	fV50	31
171	333	Jon	Elworthy	Bedford Harriers	m	134
172	1116	Sally	Tilt	Team East Haddon	fV40	32
173	214	Hattie	Oakley-King	Amptill & Flitwick Flyers	f	33
174	840	Mark	Garrett	Northampton Road Runners	mV55	135
175	318	Rob	Wallis	Bedford Harriers	mV55	136
176	407	Veronica	Singleton- Lawley	Bedford Harriers	fV55-2ndClaim	34
177	315	Mark	Taggart	Bedford Harriers	mV40	137
178	606	Emily	Prejac	Dunstable Road Runners	f	35
179	1223	Louise	Kemp	Wellingborough AC	fV35	36
180	569	Steve	Burgess	Dunstable Road Runners	mV45	138
181	587	Anne	Golding	Dunstable Road Runners	fV55	37
182	1008	Derek	Christopher	Stopsley Striders	mV65	139
183	228	Keri	Withers	Amptill & Flitwick Flyers	fV50	38
184	1269	Stephen	Atkinson	Wootton Road Runners	mV45	140
185	484	Frank	McLoughlin	Biggleswade AC	mV50	141
186	1241	Natasha	Wain	Wellingborough AC	fV40	39
187	530	Paul	Eggleton	Dunstable Road Runners	mV55	142
188	128	Fraser	Geddes	Amptill & Flitwick Flyers	m	143
189	221	Julie	Pritchett	Amptill & Flitwick Flyers	fV40	40
190	668	Sally	Dickinson	Leighton Fun Runners	f	41
191	525	Bill	Crane	Dunstable Road Runners	mV60	144
192	495	Hannah	Broom	Biggleswade AC	fV35	42
193	1024	Daniel	Mann	Stopsley Striders	m	145
194	777	Jo	Harbon	North Herts Road Runners	fV50	43
195	602	Lisa	Phee	Dunstable Road Runners	fV35	44
196	413	Beverley	Tredget	Bedford Harriers	fV50	45
197	293	George	Murphy	Bedford Harriers	m	146
198	505	Natalie	Morgan	Biggleswade AC	fV35	46
199	163	Mark	Rouse	Amptill & Flitwick Flyers	mV40	147
200	456	Nigel	Bush	Biggleswade AC	mV65	148
201	613	Freya	Vafadari	Dunstable Road Runners	f	47
202	654	Deena	Bland	Leighton Fun Runners	fV35	48

203	662	Georgi	Preston	Leighton Fun Runners	fv40	49
204	1188	Julian	Blackwell	Wellingborough AC	mV40	149
205	1316	Hannah	Harris	Wootton Road Runners	f	50
206	1323	Janet	Mitchell	Wootton Road Runners	fv50	51
207	911	Wendy	Parker	Northampton Road Runners	fv50	52
208	875	David	Frost	Northampton Road Runners	mV50	150
209	1217	Stephanie	Dennis	Wellingborough AC	f	53
210	796	Barbara	Sayers	North Herts Road Runners	fv40	54
211	319	Richard	Watson	Bedford Harriers	mV45	151
212	316	Mark	Tinkler	Bedford Harriers	mV55	152
213	1152	Tom	Newton	Wellingborough AC	mV55	153
214	1006	Kelvin	Chadwick	Stopsley Striders	m	154
215	909	Elaine	Palmer	Northampton Road Runners	fv45	55
216	545	Andrew	Noyes	Dunstable Road Runners	mV50	155
217	1076	Sam	Cortese	Team East Haddon	mV55	156
218	417	Sarah	Wanden	Bedford Harriers	fv45	56
219	129	Steve	Gibbons	Amphill & Flitwick Flyers	mV40	157
220	1286	Jon	Saw	Wootton Road Runners	m	158
221	1282	Simon	Mitchell	Wootton Road Runners	mV55	159
222	1112	Lindsay	Scott	Team East Haddon	f	57
223	760	Linda	Aird	North Herts Road Runners	fv55	58
224	194	Annette	Bell	Amphill & Flitwick Flyers	fv50	59
225	787	Ashley	Murray-Rochard	North Herts Road Runners	f	60
226	596	Lisa	Langford	Dunstable Road Runners	fv35	61
227	467	Peter	Howell	Biggleswade AC	mV65	160
228	1281	James	Meade	Wootton Road Runners	mV45	161
229	819	Martin	Andrews	Northampton Road Runners	m	162
230	177	Jeremy	Lewis	Amphill & Flitwick Flyers	mV45	163
231	258	Christopher	Fadden	Bedford Harriers	mV50	164
232	1297	Steve	Smith	Wootton Road Runners	mV60	165
233	926	Liz	Dabell	Northampton Road Runners	fv50	62
234	101	Paresh	Aatkar	Amphill & Flitwick Flyers	mV50	166
235	124	Terry	Down	Amphill & Flitwick Flyers	mV60-2ndClaim	0
236	357	Jeanette	Cheetham	Bedford Harriers	fv50	63
237	1048	Karen	Ashby	Stopsley Striders	fv55	64
238	1064	Lorraine	Webb	Stopsley Striders	fv40	65
239	689	Paul	Bowal	North Herts Road Runners	mV50	167
240	1378	Simon	Cain	Stopsley Striders	mV45	168
241	231	Suz	Forsey	Amphill & Flitwick Flyers	f	66
242	1012	Dave	Debnam	Stopsley Striders	mV65	169
243	1219	Kim	Geeves	Wellingborough AC	f	67
244	686	Brian	Bailey	North Herts Road Runners	mV65	170
245	554	Paul	Stack	Dunstable Road Runners	mV50	171
246	378	Jacinta	Horne	Bedford Harriers	fv50	68
247	801	Sue	Vaughan	North Herts Road Runners	fv45	69
248	232	Helen	Kearns	Amphill & Flitwick Flyers	fv55	70
249	1055	Adele	Heathcote	Stopsley Striders	f	71
250	461	Stuart	Goodwin	Biggleswade AC	m	172
251	891	Suzanne	Baldwin	Northampton Road Runners	fv45	72
252	1291	Mick	Wood	Wootton Road Runners	mV60	173
253	916	Rebecca	Shillington	Northampton Road Runners	fv45	73
254	155	Brendan	O'Mahoney	Amphill & Flitwick Flyers	mV55	174

255	1117	Sarah	Ryder	Team East Haddon	f	74
256	416	Diane	Wallis	Bedford Harriers	fV55	75
257	1314	Tracey	Ferris	Wootton Road Runners	fV35	76
258	1229	Mary	Pearson	Wellingborough AC	f	77
259	119	Rob	Cook	Amphill & Flitwick Flyers	mV55	175
260	1030	Lance	Richardson	Stopsley Striders	mV60	176
261	263	Richard	Gallivan	Bedford Harriers	mV55	177
262	559	Jonathan	Venning	Dunstable Road Runners	mV60	178
263	428	Eva	Kouacs	Bedford Harriers	fV45	78
264	1283	Tim	Molloy	Wootton Road Runners	mV40	179
265	403	Elaine	Reynolds	Bedford Harriers	fV55	79
266	930	Sue	Lewis	Northampton Road Runners	fV45	80
267	1379	Finbar	Willis	Stopsley Striders	mV55	180
268	373	Lesley	Gaunt	Bedford Harriers	fV50	81
269	349	Claire	Adamson	Bedford Harriers	f	82
270	481	Simon	Strong	Biggleswade AC	mV45	181
271	380	Sally	Ingram	Bedford Harriers	fV45	83
272	430	Kim	Patrick	Bedford Harriers	fV40	84
273	368	Michelle	Fadden	Bedford Harriers	fV45	85
274	387	Jenny	King	Bedford Harriers	fV55	86
275	908	Jo	Letts	Northampton Road Runners	fV40	87
276	250	Jaswant	Chana	Bedford Harriers	mV65	182
277	968	Dee	Bethune	Olney Runners	fV65	88
278	1222	Sally	Hewitt	Wellingborough AC	fV60	89
279	348	Anne	Adamson	Bedford Harriers	fV50	90
280	216	Caroline	O'Mahoney	Amphill & Flitwick Flyers	fV50	91
281	1202	Felicity	Aries	Wellingborough AC	fV50	92
282	990	Claire	White	Olney Runners	fV40	93
283	971	Bethan	Courtman	Olney Runners	fV45	94
284	802	Helen	Ferguson	North Herts Road Runners	fV45	95
285	894	Helen	Blackburn	Northampton Road Runners	fV50	96
286	1072	Kim	Caddy	Stopsley Striders	f	97
287	1059	Judy	Reid	Stopsley Striders	fV60	98
288	236	Claire	Jones	Amphill & Flitwick Flyers	fV50	99
289	384	Angie	Kay	Bedford Harriers	fV55	100
290	765	Lindsay	Cook	North Herts Road Runners	fV40	101
291	435	Tracey	Thompson	Bedford Harriers	fV40	102
292	1052	Valerie	Dawson	Stopsley Striders	fV50	103
293	928	Lisa	Burdon	Northampton Road Runners	fV40	104
294	711	Brian	Judkins	North Herts Road Runners	mV60	183
295	396	Susan	Pack	Bedford Harriers	fV50	105
296	374	Ria	Greenwood	Bedford Harriers	f	106
297	977	Helen	Hines	Olney Runners	fV40	107
298	427	Sylvia	Snowling	Bedford Harriers	f	108
299	923	Carol	Whatton	Northampton Road Runners	fV50	109
300	1047	Pam	Abbitt	Stopsley Striders	fV65	110
301	199	Jane	Cook	Amphill & Flitwick Flyers	fV60	111
302	725	Geoff	Pettengell	North Herts Road Runners	mV65	184
303	377	Lorena	Henderson	Bedford Harriers	fV40	112
304	372	Angela	Gallivan	Bedford Harriers	fV55	113
305	768	Monica	Cullin	North Herts Road Runners	fV70	114