

# 3 Counties Cross Country League Results

Venue **Wellingborough**

**25-October-2015**

## **Ampthill & Flitwick Flyers**

### *Men*

| No. | First Name | Surname | Vet |   | Score     |
|-----|------------|---------|-----|---|-----------|
| 171 | Mark       | Waine   | V45 |   | 6         |
| 137 | Phil       | Holland |     |   | 7         |
| 104 | Alex       | Ash     |     |   | 11        |
| 108 | Martin     | Beare   | V50 |   | 15        |
| 151 | John       | Mitcalf | V40 |   | 18        |
| 174 | Paul       | Mizon   |     | x | 19        |
| 113 | Andy       | Bierton | V40 |   | 23        |
|     |            |         |     |   | <b>99</b> |

### *Ladies*

| No. | First Name | Surname  | Vet |  | Score     |
|-----|------------|----------|-----|--|-----------|
| 196 | Nicola     | Bowerman | V40 |  | 5         |
| 225 | Sarah      | Thomson  | V35 |  | 12        |
| 192 | Jess       | Anstee   |     |  | 14        |
|     |            |          |     |  | <b>31</b> |

**Total 130**

## **Bedford Harriers**

### *Men*

| No. | First Name  | Surname  | Vet |  | Score      |
|-----|-------------|----------|-----|--|------------|
| 274 | Steven      | Horton   |     |  | 1          |
| 254 | Christopher | Dilley   |     |  | 5          |
| 266 | Pete        | Graham   |     |  | 9          |
| 276 | Phillip     | Jamieson |     |  | 12         |
| 325 | Stuart      | Dare     |     |  | 21         |
| 241 | Tony        | Barnes   | V50 |  | 25         |
| 259 | Gary        | Finch    | V45 |  | 32         |
|     |             |          |     |  | <b>105</b> |

### *Ladies*

| No. | First Name | Surname    | Vet |  | Score     |
|-----|------------|------------|-----|--|-----------|
| 370 | Anna       | Folland    | V45 |  | 4         |
| 356 | Sally      | Cartwright | V45 |  | 11        |
| 376 | Nora       | Haggart    | V55 |  | 25        |
|     |            |            |     |  | <b>40</b> |

**Total 145**

## **Biggleswade AC**

### *Men*

| No. | First Name | Surname   | Vet |  | Score      |
|-----|------------|-----------|-----|--|------------|
| 452 | Richard    | Bevan     |     |  | 8          |
| 459 | Paul       | Davies    | V45 |  | 14         |
| 464 | Nick       | Haworth   |     |  | 36         |
| 458 | Paul       | Cooke     |     |  | 45         |
| 465 | Giles      | Hawthorne | V40 |  | 46         |
| 470 | Rob        | Morgan    |     |  | 68         |
| 485 | Chris      | Adamson   | V55 |  | 108        |
|     |            |           |     |  | <b>325</b> |

### *Ladies*

| No. | First Name | Surname | Vet |  | Score     |
|-----|------------|---------|-----|--|-----------|
| 506 | Juliet     | Nayler  | V40 |  | 3         |
| 499 | Isobel     | Everest | V40 |  | 8         |
| 502 | Lindsay    | Lister  | V50 |  | 19        |
|     |            |         |     |  | <b>30</b> |

**Total 355**

## **Dunstable Road Runners**

### *Men*

| No. | First Name | Surname    | Vet |  | Score      |
|-----|------------|------------|-----|--|------------|
| 521 | Steve      | Buckle     |     |  | 3          |
| 544 | Lee        | Murphy     |     |  | 33         |
| 550 | Lee        | Richardson | V45 |  | 39         |
| 526 | Robert     | Curtis     | V50 |  | 61         |
| 523 | Mark       | Cornell    | V50 |  | 65         |
| 565 | Duncan     | Park       | V50 |  | 78         |
| 537 | Peter      | Keane      | V50 |  | 88         |
|     |            |            |     |  | <b>367</b> |

### *Ladies*

| No. | First Name | Surname | Vet |   | Score     |
|-----|------------|---------|-----|---|-----------|
| 594 | Rosie      | Keane   |     | x | 1         |
| 588 | Ruth       | Grint   | V45 |   | 21        |
| 606 | Emily      | Prejac  |     |   | 35        |
|     |            |         |     |   | <b>57</b> |

**Total 424**

## **Leighton Fun Runners**

### *Men*

| No. | First Name | Surname   | Vet |  | Score      |
|-----|------------|-----------|-----|--|------------|
| 648 | Steve      | Harrison  | V40 |  | 30         |
| 647 | Daniel     | Green     | V40 |  | 40         |
| 639 | Graeme     | Meichtry  |     |  | 53         |
| 629 | Jim        | Buttleman | V50 |  | 57         |
| 636 | Edward     | Kerr      |     |  | 72         |
| 642 | John       | Preston   | V40 |  | 83         |
| 643 | Rob        | Roy       | V50 |  | 135        |
|     |            |           |     |  | <b>470</b> |

### *Ladies*

| No. | First Name | Surname | Vet |  | Score     |
|-----|------------|---------|-----|--|-----------|
| 655 | Janice     | Brazier | V50 |  | 10        |
| 652 | Verity     | Allsopp |     |  | 24        |
| 657 | Julia      | Esmond  |     |  | 57        |
|     |            |         |     |  | <b>91</b> |

**Total 561**

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## North Herts Road Runners

### Men

| No. | First Name | Surname    | Vet | Score      |
|-----|------------|------------|-----|------------|
| 738 | Mark       | Vaughan    | V45 | 4          |
| 739 | James      | Walsh      | V45 | 17         |
| 690 | Adam       | Bowler     |     | 22         |
| 685 | John       | Auld       |     | 31         |
| 741 | Steve      | Williamson | V50 | 44         |
| 704 | Richard    | Harbon     | V50 | 47         |
| 712 | James      | Keogh      |     | 51         |
|     |            |            |     | <b>216</b> |

### Ladies

| No. | First Name | Surname | Vet | Score     |
|-----|------------|---------|-----|-----------|
| 759 | Paula      | Adams   | V45 | 13        |
| 776 | Fisher     | Hannah  |     | 18        |
| 760 | Linda      | Aird    | V55 | 51        |
|     |            |         |     | <b>82</b> |

**Total 298**

## Northampton Road Runners

### Men

| No. | First Name | Surname | Vet | Score      |
|-----|------------|---------|-----|------------|
| 826 | Iir        | Brecani |     | 42         |
| 851 | Mark       | Kennedy | V40 | 70         |
| 872 | Dave       | Whatton | V50 | 90         |
| 861 | Seb        | Perry   | V45 | 98         |
| 841 | Martin     | Gooding | V50 | 100        |
| 838 | John       | Fleming | V45 | 101        |
| 876 | Terry      | Begley  | V40 | 129        |
|     |            |         |     | <b>630</b> |

### Ladies

| No. | First Name | Surname     | Vet | Score      |
|-----|------------|-------------|-----|------------|
| 909 | Elaine     | Palmer      | V45 | 55         |
| 916 | Rebecca    | Shillington | V45 | 70         |
| 919 | Mary       | Sullivan    | V55 | 72         |
|     |            |             |     | <b>197</b> |

**Total 827**

## Olney Runners

### Men

| No. | First Name | Surname  | Vet | Score      |
|-----|------------|----------|-----|------------|
| 954 | Dean       | Sartin   |     | 50         |
| 943 | Simon      | Cook     | V40 | 69         |
| 966 | Steve      | Dicks    | V40 | 84         |
| 959 | Mike       | Pezaro   |     | 93         |
| 964 | Chris      | Barnes   | V45 | 111        |
| 952 | Jamie      | Riley    |     | 117        |
| 965 | Patrick    | Marshall | V55 | 133        |
|     |            |          |     | <b>657</b> |

### Ladies

| No. | First Name | Surname | Vet | Score      |
|-----|------------|---------|-----|------------|
| 973 | Caroline   | Dickens | V40 | 41         |
| 993 | Amy        | Butler  | V35 | 60         |
| 990 | Claire     | White   | V40 | 92         |
|     |            |         |     | <b>193</b> |

**Total 850**

## Stopsley Striders

### Men

| No.  | First Name | Surname   | Vet | Score      |
|------|------------|-----------|-----|------------|
| 1033 | Mark       | Sains     |     | 13         |
| 1034 | Nathan     | Scott     |     | 35         |
| 1011 | Paul       | Davis     |     | 41         |
| 1009 | Rob        | Corrie    |     | 56         |
| 1039 | Danny      | Kelly     | V50 | 77         |
| 1003 | Ben        | Bodsworth |     | 99         |
| 1041 | Glynn      | Simmons   | V45 | 112        |
|      |            |           |     | <b>433</b> |

### Ladies

| No.  | First Name | Surname   | Vet | Score      |
|------|------------|-----------|-----|------------|
| 1065 | Louise     | Peters    | V40 | 40         |
| 1064 | Lorraine   | Webb      | V40 | 65         |
| 1055 | Adele      | Heathcote |     | 69         |
|      |            |           |     | <b>174</b> |

**Total 607**

## Team East Haddon

### Men

| No.  | First Name | Surname  | Vet | Score      |
|------|------------|----------|-----|------------|
| 1093 | Jack       | Bond     |     | x 2        |
| 1090 | Stuart     | Wheeldon | V45 | 67         |
| 1091 | Rob        | White    | V50 | 82         |
| 1096 | Matt       | Dine     |     | 87         |
| 1097 | Peter      | Chandley | V50 | 91         |
| 1095 | Tom        | Cosford  |     | 122        |
| 1099 | Olli       | Wells    | V40 | 125        |
|      |            |          |     | <b>576</b> |

### Ladies

| No.  | First Name | Surname | Vet | Score     |
|------|------------|---------|-----|-----------|
| 1110 | Emma       | Bond    |     | x 6       |
| 1113 | Sarah      | Cosford |     | 22        |
| 1103 | Angela     | Freer   | V35 | 52        |
|      |            |         |     | <b>80</b> |

**Total 656**

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## Wellingborough AC

### Men

| No.  | First Name | Surname    | Vet |   | Score      |
|------|------------|------------|-----|---|------------|
| 1168 | Greg       | Spellman   | V45 |   | 10         |
| 1141 | Jon        | Kemp       | V40 |   | 20         |
| 1163 | Craig      | Shackleton |     |   | 27         |
| 1160 | Tom        | Roberts    |     | x | 34         |
| 1130 | Dariusz    | Gertchen   | V40 |   | 37         |
| 1184 | Roger      | Bullen     | V50 |   | 52         |
| 1165 | Ben        | Shirley    |     |   | 54         |
|      |            |            |     |   | <b>234</b> |

### Ladies

| No.  | First Name | Surname | Vet |  | Score     |
|------|------------|---------|-----|--|-----------|
| 1203 | Kelly      | Barnett |     |  | 2         |
| 1218 | Sarah      | Ellwood | V40 |  | 16        |
| 1223 | Louise     | Kemp    | V35 |  | 36        |
|      |            |         |     |  | <b>54</b> |

**Total 288**

## Wootton Road Runners

### Men

| No.  | First Name | Surname   | Vet |  | Score      |
|------|------------|-----------|-----|--|------------|
| 1268 | James      | Armstrong |     |  | 16         |
| 1296 | Geoff      | Bonnet    |     |  | 26         |
| 1288 | Simon      | Tootell   |     |  | 28         |
| 1279 | Richard    | Lack      | V45 |  | 29         |
| 1289 | Dean       | Weldon    | V40 |  | 38         |
| 1275 | Graham     | Hollowell | V45 |  | 60         |
| 1293 | Michael    | Carrea    |     |  | 63         |
|      |            |           |     |  | <b>260</b> |

### Ladies

| No.  | First Name | Surname   | Vet |   | Score     |
|------|------------|-----------|-----|---|-----------|
| 1313 | Julie      | Dixon     | V45 |   | 7         |
| 1318 | Maree      | Jesson    | V40 | x | 9         |
| 1330 | Fleur      | Starcevic |     |   | 20        |
|      |            |           |     |   | <b>36</b> |

**Total 296**

## Z-Spare1

### Men

| No. | First Name | Surname | Vet |  | Score       |
|-----|------------|---------|-----|--|-------------|
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | <b>8638</b> |

### Ladies

| No. | First Name | Surname | Vet |  | Score       |
|-----|------------|---------|-----|--|-------------|
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | <b>3702</b> |

**Total 12340**

## Z-Spare2

### Men

| No. | First Name | Surname | Vet |  | Score       |
|-----|------------|---------|-----|--|-------------|
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | <b>8638</b> |

### Ladies

| No. | First Name | Surname | Vet |  | Score       |
|-----|------------|---------|-----|--|-------------|
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | 1234        |
|     |            |         |     |  | <b>3702</b> |

**Total 12340**

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Venue

**Wellingborough**

**25-October-2015**

## Team Summary

|                                       | Men      |           | Ladies   |           | Combined Team |            |
|---------------------------------------|----------|-----------|----------|-----------|---------------|------------|
| <b>Ampthill &amp; Flitwick Flyers</b> | <b>1</b> | <b>99</b> | 2        | 31        | <b>1</b>      | <b>130</b> |
| <b>Bedford Harriers</b>               | 2        | 105       | 4        | 40        | 2             | 145        |
| <b>Biggleswade AC</b>                 | 6        | 325       | <b>1</b> | <b>30</b> | 6             | 355        |
| <b>Dunstable Road Runners</b>         | 7        | 367       | 6        | 57        | 7             | 424        |
| <b>Leighton Fun Runners</b>           | 9        | 470       | 9        | 91        | 8             | 561        |
| <b>North Herts Road Runners</b>       | 3        | 216       | 8        | 82        | 5             | 298        |
| <b>Northampton Road Runners</b>       | 11       | 630       | 12       | 197       | 11            | 827        |
| <b>Olney Runners</b>                  | 12       | 657       | 11       | 193       | 12            | 850        |
| <b>Stopsley Striders</b>              | 8        | 433       | 10       | 174       | 9             | 607        |
| <b>Team East Haddon</b>               | 10       | 576       | 7        | 80        | 10            | 656        |
| <b>Wellingborough AC</b>              | 4        | 234       | 5        | 54        | 3             | 288        |
| <b>Wootton Road Runners</b>           | 5        | 260       | 3        | 36        | 4             | 296        |
| <b>Z-Spare1</b>                       | 13       | 8638      | 13       | 3702      | 13            | 12340      |
| <b>Z-Spare2</b>                       | 13       | 8638      | 13       | 3702      | 13            | 12340      |
| <b>Z-Spare3</b>                       | 13       | 8638      | 13       | 3702      | 13            | 12340      |