

# 3 Counties Cross Country League Results

Venue **NHRR - Letchworth**

21-December-2014

| Pos. | No.  | First Name | Surname       | Club                      | Category      | Points |
|------|------|------------|---------------|---------------------------|---------------|--------|
| 1    | 588  | Tim        | Harris        | Amptill & Flitwick Flyers | M             | 1      |
| 2    | 1076 | Matt       | Leach         | North Herts Road Runners  | M-2ndClaim    | 2      |
| 3    | 401  | David      | Green         | Northampton Road Runners  | M             | 3      |
| 4    | 591  | Phil       | Holland       | Amptill & Flitwick Flyers | M             | 4      |
| 5    | 784  | Steven     | Horton        | Bedford Harriers          | M             | 5      |
| 6    | 609  | Craig      | Palmer        | Amptill & Flitwick Flyers | M             | 6      |
| 7    | 1168 | Oliver     | Saville       | North Herts Road Runners  | M-2ndClaim    |        |
| 8    | 1150 | Mark       | Vaughan       | North Herts Road Runners  | MV40          | 7      |
| 9    | 503  | Keith      | Miller        | Olney Runners             | MV50-2ndClaim | 8      |
| 10   | 895  | CHRIS      | GEORGE        | Boxfit                    | M             | 9      |
| 11   | 897  | PAUL       | HALFORD       | Boxfit                    | MV45          | 10     |
| 12   | 779  | Ian        | Hammett       | Bedford Harriers          | M             | 11     |
| 13   | 376  | Tony       | Letts         | Northampton Road Runners  | MV45          | 12     |
| 14   | 174  | Peter      | Currington    | Wellingborough AC         | M-2ndClaim    | 13     |
| 15   | 162  | Julian     | Blackwell     | Wellingborough AC         | MV40          | 14     |
| 16   | 830  | Phillip    | Jamieson      | Bedford Harriers          | M             | 15     |
| 17   | 188  | Andrew     | McKenna       | Wellingborough AC         | M             | 16     |
| 18   | 464  | Ed         | Wise          | Team East Haddon          | M-2ndClaim    | 17     |
| 19   | 1220 | James      | Armstrong     | Wootton Road Runners      | M             | 18     |
| 20   | 147  | Jon        | Kemp          | Wellingborough AC         | MV40          | 19     |
| 21   | 445  | ANDY       | GREEN         | Team East Haddon          | MV50          | 20     |
| 22   | 589  | Stephen    | Hartley       | Amptill & Flitwick Flyers | MV40          | 21     |
| 23   | 1274 | Paul       | Davies        | Biggleswade AC            | MV45          | 22     |
| 24   | 1113 | Dan        | Hills         | North Herts Road Runners  | M             | 23     |
| 25   | 1128 | Steve      | McKeown       | North Herts Road Runners  | MV45          | 24     |
| 26   | 1151 | James      | Walsh         | North Herts Road Runners  | MV45          | 25     |
| 27   | 592  | Tom        | Hopper        | Amptill & Flitwick Flyers | M             | 26     |
| 28   | 960  | Lee        | Murphy        | Stopsley Striders         | M             | 27     |
| 29   | 1367 | Geoffrey   | Bonnett       | Wootton Road Runners      | M             | 28     |
| 30   | 568  | Andy       | Bierton       | Amptill & Flitwick Flyers | MV40          | 29     |
| 31   | 603  | John       | Mitcalf       | Amptill & Flitwick Flyers | MV40          | 30     |
| 32   | 1198 | Richard    | Lack          | Wootton Road Runners      | MV40          | 31     |
| 33   | 747  | Tony       | Barnes        | Bedford Harriers          | MV50          | 32     |
| 34   | 152  | Anthony    | Saynor        | Wellingborough AC         | M             | 33     |
| 35   | 969  | Mark       | Sains         | Stopsley Striders         | M             | 34     |
| 36   | 671  | Anna       | Folland       | Bedford Harriers          | FV40          | 1      |
| 37   | 1125 | Nicholas   | Malpeli       | North Herts Road Runners  | MV45          | 35     |
| 38   | 579  | James      | Down          | Amptill & Flitwick Flyers | M-2ndClaim    | 36     |
| 39   | 672  | Gill       | Fullen        | Bedford Harriers          | FV50          | 2      |
| 40   | 99   | Kelly      | Barnett       | Wellingborough AC         | F             | 3      |
| 41   | 397  | Iir        | Brecani       | Northampton Road Runners  | M             | 37     |
| 42   | 843  | Kevin      | Shelton Smith | Bedford Harriers          | M             | 38     |
| 43   | 1084 | John       | Auld          | North Herts Road Runners  | M             | 39     |
| 44   | 1309 | Juliet     | Nayler        | Biggleswade AC            | FV40          | 4      |
| 45   | 1265 | Vince      | Plosky        | Biggleswade AC            | MV40          | 40     |
| 46   | 893  | DAVE       | COARD         | Boxfit                    | MV50          | 41     |
| 47   | 456  | MATTHEW    | TYRRELL       | Team East Haddon          | M             | 42     |
| 48   | 153  | Craig      | Shackleton    | Wellingborough AC         | M             | 43     |
| 49   | 1217 | William    | Davison       | Wootton Road Runners      | MV50          | 44     |
| 50   | 1081 | Mark       | Young         | North Herts Road Runners  | MV50          | 45     |

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|------|------|------------|------------|---------------------------|---------------|--------|
| 51   | 1226 | Julie      | Dixon      | Wootton Road Runners      | FV45          | 5      |
| 52   | 1141 | Adrian     | Sherwood   | North Herts Road Runners  | MV45          | 46     |
| 53   | 180  | Nick       | Sinnott    | Wellingborough AC         | MV40          | 47     |
| 54   | 664  | Sally      | Cartwright | Bedford Harriers          | FV45          | 6      |
| 55   | 1275 | Nick       | Haworth    | Biggleswade AC            | M             | 48     |
| 56   | 1245 | Adam       | Murphy     | Biggleswade AC            | M             | 49     |
| 57   | 963  | Gez        | Fallon     | Stopsley Striders         | MV40          | 50     |
| 58   | 769  | Gary       | Finch      | Bedford Harriers          | MV45          | 51     |
| 59   | 796  | Neil       | Lovesey    | Bedford Harriers          | MV55          | 52     |
| 60   | 563  | Martin     | Beare      | Amptill & Flitwick Flyers | MV50          | 53     |
| 61   | 1109 | Richard    | Harbon     | North Herts Road Runners  | MV50          | 54     |
| 62   | 976  | Patrick    | Cosgrove   | Stopsley Striders         | MV50          | 55     |
| 63   | 1038 | Astrid     | McKeown    | North Herts Road Runners  | FV40          | 7      |
| 64   | 1213 | Graham     | Hollowell  | Wootton Road Runners      | MV45          | 56     |
| 65   | 1235 | Mervyn     | Dempsey    | Wootton Road Runners      | M             | 57     |
| 66   | 736  | Joanna     | Hudson     | Bedford Harriers          | F             | 8      |
| 67   | 1153 | Steve      | Williamson | North Herts Road Runners  | MV50          | 58     |
| 68   | 1199 | Paul       | Matthews   | Wootton Road Runners      | MV45          | 59     |
| 69   | 497  | Dean       | Sartin     | Olney Runners             | M             | 60     |
| 70   | 1304 | Isobel     | Everest    | Biggleswade AC            | FV40          | 9      |
| 71   | 461  | ROBERT     | WHITE      | Team East Haddon          | MV50          | 61     |
| 72   | 193  | Alan       | Griffiths  | Wellingborough AC         | MV45          | 62     |
| 73   | 295  | Lee        | Richardson | Dunstable Road Runners    | MV45          | 63     |
| 74   | 597  | Dan        | Karaiskou  | Amptill & Flitwick Flyers | M             | 64     |
| 75   | 59   | Clive      | Daniels    | Leighton Fun Runners      | MV40          | 65     |
| 76   | 41   | Jim        | Buttleman  | Leighton Fun Runners      | MV50          | 66     |
| 77   | 194  | Andrew     | Redden     | Wellingborough AC         | M             | 67     |
| 78   | 982  | John       | Chapman    | Stopsley Striders         | MV55          | 68     |
| 79   | 507  | John       | Crouch     | Olney Runners             | MV55          | 69     |
| 80   | 885  | MARTIN     | KIDNEY     | Boxfit                    | MV45          | 70     |
| 81   | 899  | NOEL       | KEENAN     | Boxfit                    | MV50          | 71     |
| 82   | 372  | Mark       | Garrett    | Northampton Road Runners  | MV50          | 72     |
| 83   | 1313 | Alice      | Ebbage     | Biggleswade AC            | F             | 10     |
| 84   | 755  | Gary       | Butler     | Bedford Harriers          | MV45          | 73     |
| 85   | 278  | Mark       | Pedder     | Dunstable Road Runners    | M             | 74     |
| 86   | 173  | Ed         | Norris     | Wellingborough AC         | M             | 75     |
| 87   | 800  | Justin     | Moir       | Bedford Harriers          | MV45          | 76     |
| 88   | 956  | Stuart     | Harries    | Stopsley Striders         | MV40          | 77     |
| 89   | 140  | Mark       | Bonham     | Wellingborough AC         | MV45          | 78     |
| 90   | 1095 | Mark       | Cook       | North Herts Road Runners  | MV50          | 79     |
| 91   | 961  | Chris      | Lamont     | Stopsley Striders         | MV60          | 80     |
| 92   | 176  | Michael    | Quinn      | Wellingborough AC         | MV50          | 81     |
| 93   | 117  | Harrette   | Woolley    | Wellingborough AC         | F             | 11     |
| 94   | 593  | Steve      | James      | Amptill & Flitwick Flyers | MV50          | 82     |
| 95   | 374  | Mark       | Kennedy    | Northampton Road Runners  | MV40          | 83     |
| 96   | 467  | Steve      | Heighway   | Team East Haddon          | MV40-2ndClaim |        |
| 97   | 198  | Keiran     | Burke      | Wellingborough AC         | M             | 84     |
| 98   | 809  | Richard    | Piron      | Bedford Harriers          | MV60          | 85     |
| 99   | 274  | Phil       | McClean    | Dunstable Road Runners    | MV55          | 86     |
| 100  | 170  | Tom        | Roberts    | Wellingborough AC         | M-2ndClaim    |        |

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| 101  | 983  | Paul B964        | Keech      | Stopsley Striders         | MV55     | 87     |
| 102  | 271  | Peter            | Keane      | Dunstable Road Runners    | MV50     | 88     |
| 103  | 1091 | Stewart          | Bryant     | North Herts Road Runners  | MV55     | 89     |
| 104  | 611  | Richard          | Pillinger  | Amphill & Flitwick Flyers | MV40     | 90     |
| 105  | 1020 | Jane             | Clarke     | North Herts Road Runners  | FV35     | 12     |
| 106  | 62   | Martin           | Addrison   | Leighton Fun Runners      | MV55     | 91     |
| 107  | 898  | RICHARD          | HOAR       | Boxfit                    | MV60     | 92     |
| 108  | 149  | Keith            | Lok        | Wellingborough AC         | M        | 93     |
| 109  | 955  | Natalie          | Lawrence   | Stopsley Striders         | F-Guest  |        |
| 110  | 1248 | Richard          | Bevan      | Biggleswade AC            | M        | 94     |
| 111  | 1013 | Paula            | Adams      | North Herts Road Runners  | FV45     | 13     |
| 112  | 492  | Russel I         | Rose       | Olney Runners             | MV45     | 95     |
| 113  | 984  | Glynn            | Simmons    | Stopsley Striders         | MV45     | 96     |
| 114  | 169  | Mark             | Viccars    | Wellingborough AC         | MV50     | 97     |
| 115  | 384  | Dave             | Whatton    | Northampton Road Runners  | MV50     | 98     |
| 116  | 1018 | Jane             | Chappell   | North Herts Road Runners  | FV45     | 14     |
| 117  | 590  | Ross             | Henson     | Amphill & Flitwick Flyers | M        | 99     |
| 118  | 512  | Jo               | Aatkar     | Amphill & Flitwick Flyers | FV45     | 15     |
| 119  | 765  | David            | Elliott    | Bedford Harriers          | MV40     | 100    |
| 120  | 958  | Andy             | Reid       | Stopsley Striders         | MV60     | 101    |
| 121  | 618  | Richard          | Stanley    | Amphill & Flitwick Flyers | MV45     | 102    |
| 122  | 261  | Mark             | Cornell    | Dunstable Road Runners    | MV50     | 103    |
| 123  | 594  | Sam              | James      | Amphill & Flitwick Flyers | M        | 104    |
| 124  | 792  | Stuart           | Knight     | Bedford Harriers          | MV45     | 105    |
| 125  | 1257 | Giles            | Hawthorne  | Biggleswade AC            | MV40     | 106    |
| 126  | 1246 | Charles          | Arnold     | Biggleswade AC            | MV55     | 107    |
| 127  | 1017 | Helen            | Cairns     | North Herts Road Runners  | FV40     | 16     |
| 128  | 525  | Caroline         | Gilby      | Amphill & Flitwick Flyers | FV50     | 17     |
| 129  | 65   | Edward           | Kerr       | Leighton Fun Runners      | M        | 108    |
| 130  | 612  | Bobby            | Riddaway   | Amphill & Flitwick Flyers | MV40     | 109    |
| 131  | 569  | Mark             | Billington | Amphill & Flitwick Flyers | MV50     | 110    |
| 132  | 264  | Matt             | Deller     | Dunstable Road Runners    | M        | 111    |
| 133  | 358  | Ronnie           | Ambrose    | Northampton Road Runners  | MV45     | 112    |
| 134  | 836  | Andrew           | Robertson  | Bedford Harriers          | MV55     | 113    |
| 135  | 84   | Karen            | Tomkins    | Wellingborough AC         | F        | 18     |
| 136  | 1239 | Jenni            | Kurby      | Wootton Road Runners      | F        | 19     |
| 137  | 620  | Jason            | Theobald   | Amphill & Flitwick Flyers | MV40     | 114    |
| 138  | 1027 | Yuko             | Gordon     | North Herts Road Runners  | FV60     | 20     |
| 139  | 710  | Juliet           | Smith      | Bedford Harriers          | FV45     | 21     |
| 140  | 120  | Annemarie-Lodder | Humphrey   | Wellingborough AC         | F        | 22     |
| 141  | 216  | Kim              | Gilbert    | Dunstable Road Runners    | F        | 23     |
| 142  | 823  | Mark             | Tinkler    | Bedford Harriers          | MV55     | 115    |
| 143  | 954  | Chris            | Caddy      | Stopsley Striders         | M        | 116    |
| 144  | 734  | Nora             | Haggart    | Bedford Harriers          | FV55     | 24     |
| 145  | 510  | Chris            | Barne      | Olney Runners             | MV45     | 117    |
| 146  | 1214 | David            | Chandler   | Wootton Road Runners      | MV55     | 118    |
| 147  | 564  | Jeremy           | Bell       | Amphill & Flitwick Flyers | MV50     | 119    |
| 148  | 1008 | Alan             | Weir       | Stopsley Striders         | MV65     | 120    |
| 149  | 146  | Gary             | Thacker    | Wellingborough AC         | M        | 121    |
| 150  | 54   | Rod              | Stiles     | Leighton Fun Runners      | MV50     | 122    |

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| 151  | 219  | Ruth        | Grint            | Dunstable Road Runners    | FV45     | 25     |
| 152  | 585  | Martin      | Godin            | Amphill & Flitwick Flyers | MV55     | 123    |
| 153  | 596  | Richie      | Jones            | Amphill & Flitwick Flyers | MV50     | 124    |
| 154  | 363  | Dave        | Blackburn        | Northampton Road Runners  | MV55     | 125    |
| 155  | 1311 | Fiona       | Wynde            | Biggleswade AC            | FV40     | 26     |
| 156  | 1261 | Rob         | Morgan           | Biggleswade AC            | M        | 126    |
| 157  | 542  | Katie       | Ruditis          | Amphill & Flitwick Flyers | F        | 27     |
| 158  | 966  | Andy        | Durrant          | Stopsley Striders         | MV55     | 127    |
| 159  | 825  | James       | Wallbank         | Bedford Harriers          | MV50     | 128    |
| 160  | 43   | Rob         | Roy              | Leighton Fun Runners      | MV45     | 129    |
| 161  | 323  | Beckie      | Hollowell        | Northampton Road Runners  | FV40     | 28     |
| 162  | 584  | Jeremy      | Godfrey          | Amphill & Flitwick Flyers | M        | 130    |
| 163  | 29   | Marianne    | Lee              | Leighton Fun Runners      | F        | 29     |
| 164  | 751  | Mourad      | Ben-Taieb        | Bedford Harriers          | MV55     | 131    |
| 165  | 865  | SARAH       | HALFORD          | Boxfit                    | FV35     | 30     |
| 166  | 524  | Claire      | Fisher           | Amphill & Flitwick Flyers | FV40     | 31     |
| 167  | 449  | SCOTT       | McKENZIE         | Team East Haddon          | MV40     | 132    |
| 168  | 658  | Samantha    | Baylis           | Bedford Harriers          | FV40     | 32     |
| 169  | 657  | Rebecca     | Baxter           | Bedford Harriers          | FV45     | 33     |
| 170  | 677  | Sally       | Gurney           | Bedford Harriers          | FV40     | 34     |
| 171  | 977  | Graham      | Busch            | Stopsley Striders         | MV55     | 133    |
| 172  | 399  | John        | Eales            | Northampton Road Runners  | MV45     | 134    |
| 173  | 1252 | Chris       | Clarke           | Biggleswade AC            | MV60     | 135    |
| 174  | 259  | John        | Brophy           | Dunstable Road Runners    | MV60     | 136    |
| 175  | 749  | Andrew      | Baylis           | Bedford Harriers          | MV40     | 137    |
| 176  | 240  | Emma        | Maggott          | Dunstable Road Runners    | FV35     | 35     |
| 177  | 634  | Jamie       | Holmes           | Amphill & Flitwick Flyers | M        | 138    |
| 178  | 738  | Caroline    | Devine           | Bedford Harriers          | FV50     | 36     |
| 179  | 613  | Mark        | Rouse            | Amphill & Flitwick Flyers | MV40     | 139    |
| 180  | 560  | Andy        | Atherton         | Amphill & Flitwick Flyers | MV50     | 140    |
| 181  | 328  | Wendy       | Parker           | Northampton Road Runners  | FV50     | 37     |
| 182  | 978  | Ben         | Bodsworth        | Stopsley Striders         | M        | 141    |
| 183  | 687  | Sally       | Johnston         | Bedford Harriers          | FV45     | 38     |
| 184  | 726  | Veronica    | Singleton-Lawley | Bedford Harriers          | FV50     | 39     |
| 185  | 943  | Geraldine   | Tate             | Stopsley Striders         | F        | 40     |
| 186  | 383  | Tom         | Sullivan         | Northampton Road Runners  | MV65     | 142    |
| 187  | 970  | Daniel      | Mann             | Stopsley Striders         | M        | 143    |
| 188  | 447  | NEIL        | KEY              | Team East Haddon          | MV40     | 144    |
| 189  | 617  | Dave        | Stanley          | Amphill & Flitwick Flyers | MV60     | 145    |
| 190  | 1096 | John        | Cooper           | North Herts Road Runners  | MV45     | 146    |
| 191  | 1057 | Caroline    | Thrussell        | North Herts Road Runners  | FV50     | 41     |
| 192  | 756  | Christopher | Capps            | Bedford Harriers          | MV55     | 147    |
| 193  | 1201 | Andrey      | Starcevic        | Wootton Road Runners      | MV55     | 148    |
| 194  | 262  | Bill        | Crane            | Dunstable Road Runners    | MV60     | 149    |
| 195  | 1208 | James       | Meade            | Wootton Road Runners      | MV40     | 150    |
| 196  | 1009 | Richard     | Hardy            | Stopsley Striders         | MV60     | 151    |
| 197  | 443  | SAM         | CORTESE          | Team East Haddon          | MV55     | 152    |
| 198  | 360  | Martin      | Andrews          | Northampton Road Runners  | M        | 153    |
| 199  | 599  | Shaun       | Kirtley          | Amphill & Flitwick Flyers | MV40     | 154    |
| 200  | 82   | Stephanie   | Dennis           | Wellingborough AC         | F        | 42     |

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| 201  | 1183 | Julia       | Weatherill      | Wootton Road Runners      | FV40          | 43     |
| 202  | 540  | Julie       | Pritchett       | Amphill & Flitwick Flyers | FV40          | 44     |
| 203  | 714  | Beverley    | Tredget         | Bedford Harriers          | FV50          | 45     |
| 204  | 917  | Paula       | Nicol           | Boxfit                    | FV35          | 46     |
| 205  | 486  | Keith       | Curwood         | Olney Runners             | M             | 155    |
| 206  | 1001 | Geoff       | Dowsett         | Stopsley Striders         | MV60          | 156    |
| 207  | 7    | Katy        | Garnham-Lee     | Leighton Fun Runners      | F             | 47     |
| 208  | 24   | Deena       | Bland           | Leighton Fun Runners      | FV35          | 48     |
| 209  | 1207 | Tony        | Amartan         | Wootton Road Runners      | MV50          | 157    |
| 210  | 237  | Freya       | Vafadari        | Dunstable Road Runners    | F-2ndClaim    | 49     |
| 211  | 971  | Kelvin      | Chadwick        | Stopsley Striders         | M             | 158    |
| 212  | 409  | Mark        | Lewis           | Northampton Road Runners  | MV45          | 159    |
| 213  | 267  | Stephen     | Grint           | Dunstable Road Runners    | MV45          | 160    |
| 214  | 985  | Dave        | Debnam          | Stopsley Striders         | MV65          | 161    |
| 215  | 100  | Kim         | Geeves          | Wellingborough AC         | F             | 50     |
| 216  | 58   | Mark        | McLoughlin      | Leighton Fun Runners      | MV50          | 162    |
| 217  | 932  | Karen       | Ashby           | Stopsley Striders         | FV55          | 51     |
| 218  | 980  | Simon       | Cain            | Stopsley Striders         | MV40          | 163    |
| 219  | 545  | Keri        | Withers         | Amphill & Flitwick Flyers | FV50          | 52     |
| 220  | 1366 | Rebecca     | Gordon          | Wootton Road Runners      | F             | 53     |
| 221  | 944  | Liz         | Davies          | Stopsley Striders         | FV50          | 54     |
| 222  | 1331 | Mark        | Edwards         | Wellingborough AC         | MV45          | 164    |
| 223  | 666  | Sue         | Cross           | Bedford Harriers          | FV50          | 55     |
| 224  | 327  | Elaine      | Palmer          | Northampton Road Runners  | FV45          | 56     |
| 225  | 987  | Stewart     | Read            | Stopsley Striders         | MV40          | 165    |
| 226  | 8    | Emma        | Brace           | Leighton Fun Runners      | FV40          | 57     |
| 227  | 1190 | Lisa        | Chandler-Hughes | Wootton Road Runners      | FV60          | 58     |
| 228  | 1131 | Derek       | Myall           | North Herts Road Runners  | MV65          | 166    |
| 229  | 1111 | Alan        | Hazlehurst      | North Herts Road Runners  | MV45          | 167    |
| 230  | 731  | Karen       | Robertson       | Bedford Harriers          | FV50          | 59     |
| 231  | 1279 | Simon       | Strong          | Biggleswade AC            | MV40          | 168    |
| 232  | 575  | Rob         | Cook            | Amphill & Flitwick Flyers | MV55          | 169    |
| 233  | 211  | Erica       | Darby           | Dunstable Road Runners    | FV50          | 60     |
| 234  | 30   | Kerry       | Whitford        | Leighton Fun Runners      | FV35          | 61     |
| 235  | 753  | Tom         | Brassington     | Bedford Harriers          | MV60          | 170    |
| 236  | 61   | Kevin       | Kemp            | Leighton Fun Runners      | MV55-2ndClaim | 171    |
| 237  | 989  | Willie      | Ellingham       | Stopsley Striders         | MV50          | 172    |
| 238  | 787  | Tony        | Jones           | Bedford Harriers          | MV50          | 173    |
| 239  | 775  | Stephen     | Gaunt           | Bedford Harriers          | MV55          | 174    |
| 240  | 967  | Lance       | Richardson      | Stopsley Striders         | MV60          | 175    |
| 241  | 630  | Terry       | Down            | Amphill & Flitwick Flyers | MV60-2ndClaim |        |
| 242  | 1187 | Tricia      | Harrison        | Wootton Road Runners      | FV55          | 62     |
| 243  | 767  | Christopher | Fadden          | Bedford Harriers          | MV50          | 176    |
| 244  | 66   | Keith       | Phillips        | Leighton Fun Runners      | MV60          | 177    |
| 245  | 329  | Jo          | Smith           | Northampton Road Runners  | FV50          | 63     |
| 246  | 286  | Paul        | Stack           | Dunstable Road Runners    | MV50          | 178    |
| 247  | 67   | Colin       | Larkins         | Leighton Fun Runners      | MV55          | 179    |
| 248  | 692  | Viv         | Kilgour         | Bedford Harriers          | FV50          | 64     |
| 249  | 991  | Tony        | Riley           | Stopsley Striders         | MV70          | 180    |
| 250  | 1308 | Natalie     | Morgan          | Biggleswade AC            | FV35          | 65     |

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| 251  | 1060 | Sue        | Vaughan   | North Herts Road Runners  | FV45     | 66     |
| 252  | 774  | Richard    | Gallivan  | Bedford Harriers          | MV55     | 181    |
| 253  | 48   | Nick       | Hughes    | Leighton Fun Runners      | MV45     | 182    |
| 254  | 1014 | Linda      | Aird      | North Herts Road Runners  | FV55     | 67     |
| 255  | 28   | Emily      | Larkins   | Leighton Fun Runners      | F        | 68     |
| 256  | 51   | Stephen    | Moore     | Leighton Fun Runners      | MV50     | 183    |
| 257  | 536  | Caroline   | O'Mahoney | Amphill & Flitwick Flyers | FV50     | 69     |
| 258  | 319  | Jo         | Letts     | Northampton Road Runners  | FV40     | 70     |
| 259  | 529  | Paula      | James     | Amphill & Flitwick Flyers | FV45     | 71     |
| 260  | 1219 | Francisco  | Ortiz     | Wootton Road Runners      | MV45     | 184    |
| 261  | 835  | Richard    | Watson    | Bedford Harriers          | MV45     | 185    |
| 262  | 47   | Len        | Holland   | Leighton Fun Runners      | MV70     | 186    |
| 263  | 6    | Taraneh    | Gerami    | Leighton Fun Runners      | FV55     | 72     |
| 264  | 1216 | Mick       | Wood      | Wootton Road Runners      | MV60     | 187    |
| 265  | 929  | Kim        | Caddy     | Stopsley Striders         | F        | 73     |
| 266  | 224  | Lisa       | Langford  | Dunstable Road Runners    | FV35     | 74     |
| 267  | 1365 | Edward     | Snook     | Wootton Road Runners      | M        | 188    |
| 268  | 124  | Mandy      | Allen     | Wellingborough AC         | FV50     | 75     |
| 269  | 674  | Lesley     | Gaunt     | Bedford Harriers          | FV50     | 76     |
| 270  | 1    | Steph      | Nash      | Leighton Fun Runners      | FV35     | 77     |
| 271  | 1074 | Georgina   | Quayle    | North Herts Road Runners  | FV55     | 78     |
| 272  | 326  | Mary       | Sullivan  | Northampton Road Runners  | FV55     | 79     |
| 273  | 717  | Diane      | Wallis    | Bedford Harriers          | FV55     | 80     |
| 274  | 88   | Dawn       | Holloway  | Wellingborough AC         | FV45     | 81     |
| 275  | 531  | Laura      | Johnston  | Amphill & Flitwick Flyers | FV45     | 82     |
| 276  | 330  | Kirsty     | Turner    | Northampton Road Runners  | F        | 83     |
| 277  | 1047 | Carina     | Quayle    | North Herts Road Runners  | FV55     | 84     |
| 278  | 221  | Tina       | Keane     | Dunstable Road Runners    | FV45     | 85     |
| 279  | 90   | Sally      | Hewitt    | Wellingborough AC         | FV60     | 86     |
| 280  | 92   | Mary       | Moore     | Wellingborough AC         | F        | 87     |
| 281  | 705  | Elaine     | Reynolds  | Bedford Harriers          | FV50     | 88     |
| 282  | 513  | Sofia      | Aatkar    | Amphill & Flitwick Flyers | F        | 89     |
| 283  | 533  | Liz        | Kirtley   | Amphill & Flitwick Flyers | FV40     | 90     |
| 284  | 318  | Helen      | Blackburn | Northampton Road Runners  | FV50     | 91     |
| 285  | 346  | Rachel     | Palmer    | Northampton Road Runners  | F        | 92     |
| 286  | 997  | Zena       | Ellis     | Stopsley Striders         | F        | 93     |
| 287  | 653  | Claire     | Adamson   | Bedford Harriers          | F        | 94     |
| 288  | 652  | Anne       | Adamson   | Bedford Harriers          | FV50     | 95     |
| 289  | 722  | Sylvia     | Snowling  | Bedford Harriers          | FV55     | 96     |
| 290  | 822  | Ian        | Sturdgess | Bedford Harriers          | MV50     | 189    |
| 291  | 325  | Keran      | Irving    | Northampton Road Runners  | FV45     | 97     |
| 292  | 331  | Carol      | Whatton   | Northampton Road Runners  | FV50     | 98     |
| 293  | 340  | Lynsey     | Brecani   | Northampton Road Runners  | F        | 99     |
| 294  | 615  | Dave       | Sedgley   | Amphill & Flitwick Flyers | MV70     | 190    |
| 295  | 934  | Pam        | Abbitt    | Stopsley Striders         | FV60     | 100    |
| 296  | 425  | VAL        | BRIDGES   | Team East Haddon          | FV60     | 101    |
| 297  | 321  | Sally      | Garrett   | Northampton Road Runners  | FV50     | 102    |
| 298  | 673  | Angela     | Gallivan  | Bedford Harriers          | FV55     | 103    |
| 299  | 679  | Lorena     | Henderson | Bedford Harriers          | FV40     | 104    |
| 300  | 927  | Helen      | Morris    | Stopsley Striders         | FV75     | 105    |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 301  |     |            |         |      |          |        |
| 302  |     |            |         |      |          |        |
| 303  |     |            |         |      |          |        |
| 304  |     |            |         |      |          |        |
| 305  |     |            |         |      |          |        |
| 306  |     |            |         |      |          |        |
| 307  |     |            |         |      |          |        |
| 308  |     |            |         |      |          |        |
| 309  |     |            |         |      |          |        |
| 310  |     |            |         |      |          |        |
| 311  |     |            |         |      |          |        |
| 312  |     |            |         |      |          |        |
| 313  |     |            |         |      |          |        |
| 314  |     |            |         |      |          |        |
| 315  |     |            |         |      |          |        |
| 316  |     |            |         |      |          |        |
| 317  |     |            |         |      |          |        |
| 318  |     |            |         |      |          |        |
| 319  |     |            |         |      |          |        |
| 320  |     |            |         |      |          |        |
| 321  |     |            |         |      |          |        |
| 322  |     |            |         |      |          |        |
| 323  |     |            |         |      |          |        |
| 324  |     |            |         |      |          |        |
| 325  |     |            |         |      |          |        |
| 326  |     |            |         |      |          |        |
| 327  |     |            |         |      |          |        |
| 328  |     |            |         |      |          |        |
| 329  |     |            |         |      |          |        |
| 330  |     |            |         |      |          |        |
| 331  |     |            |         |      |          |        |
| 332  |     |            |         |      |          |        |
| 333  |     |            |         |      |          |        |
| 334  |     |            |         |      |          |        |
| 335  |     |            |         |      |          |        |
| 336  |     |            |         |      |          |        |
| 337  |     |            |         |      |          |        |
| 338  |     |            |         |      |          |        |
| 339  |     |            |         |      |          |        |
| 340  |     |            |         |      |          |        |
| 341  |     |            |         |      |          |        |
| 342  |     |            |         |      |          |        |
| 343  |     |            |         |      |          |        |
| 344  |     |            |         |      |          |        |
| 345  |     |            |         |      |          |        |
| 346  |     |            |         |      |          |        |
| 347  |     |            |         |      |          |        |
| 348  |     |            |         |      |          |        |
| 349  |     |            |         |      |          |        |
| 350  |     |            |         |      |          |        |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 351  |     |            |         |      |          |        |
| 352  |     |            |         |      |          |        |
| 353  |     |            |         |      |          |        |
| 354  |     |            |         |      |          |        |
| 355  |     |            |         |      |          |        |
| 356  |     |            |         |      |          |        |
| 357  |     |            |         |      |          |        |
| 358  |     |            |         |      |          |        |
| 359  |     |            |         |      |          |        |
| 360  |     |            |         |      |          |        |
| 361  |     |            |         |      |          |        |
| 362  |     |            |         |      |          |        |
| 363  |     |            |         |      |          |        |
| 364  |     |            |         |      |          |        |
| 365  |     |            |         |      |          |        |
| 366  |     |            |         |      |          |        |
| 367  |     |            |         |      |          |        |
| 368  |     |            |         |      |          |        |
| 369  |     |            |         |      |          |        |
| 370  |     |            |         |      |          |        |
| 371  |     |            |         |      |          |        |
| 372  |     |            |         |      |          |        |
| 373  |     |            |         |      |          |        |
| 374  |     |            |         |      |          |        |
| 375  |     |            |         |      |          |        |
| 376  |     |            |         |      |          |        |
| 377  |     |            |         |      |          |        |
| 378  |     |            |         |      |          |        |
| 379  |     |            |         |      |          |        |
| 380  |     |            |         |      |          |        |
| 381  |     |            |         |      |          |        |
| 382  |     |            |         |      |          |        |
| 383  |     |            |         |      |          |        |
| 384  |     |            |         |      |          |        |
| 385  |     |            |         |      |          |        |
| 386  |     |            |         |      |          |        |
| 387  |     |            |         |      |          |        |
| 388  |     |            |         |      |          |        |
| 389  |     |            |         |      |          |        |
| 390  |     |            |         |      |          |        |
| 391  |     |            |         |      |          |        |
| 392  |     |            |         |      |          |        |
| 393  |     |            |         |      |          |        |
| 394  |     |            |         |      |          |        |
| 395  |     |            |         |      |          |        |
| 396  |     |            |         |      |          |        |
| 397  |     |            |         |      |          |        |
| 398  |     |            |         |      |          |        |
| 399  |     |            |         |      |          |        |
| 400  |     |            |         |      |          |        |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 401  |     |            |         |      |          |        |
| 402  |     |            |         |      |          |        |
| 403  |     |            |         |      |          |        |
| 404  |     |            |         |      |          |        |
| 405  |     |            |         |      |          |        |
| 406  |     |            |         |      |          |        |
| 407  |     |            |         |      |          |        |
| 408  |     |            |         |      |          |        |
| 409  |     |            |         |      |          |        |
| 410  |     |            |         |      |          |        |
| 411  |     |            |         |      |          |        |
| 412  |     |            |         |      |          |        |
| 413  |     |            |         |      |          |        |
| 414  |     |            |         |      |          |        |
| 415  |     |            |         |      |          |        |
| 416  |     |            |         |      |          |        |
| 417  |     |            |         |      |          |        |
| 418  |     |            |         |      |          |        |
| 419  |     |            |         |      |          |        |
| 420  |     |            |         |      |          |        |
| 421  |     |            |         |      |          |        |
| 422  |     |            |         |      |          |        |
| 423  |     |            |         |      |          |        |
| 424  |     |            |         |      |          |        |
| 425  |     |            |         |      |          |        |
| 426  |     |            |         |      |          |        |
| 427  |     |            |         |      |          |        |
| 428  |     |            |         |      |          |        |
| 429  |     |            |         |      |          |        |
| 430  |     |            |         |      |          |        |
| 431  |     |            |         |      |          |        |
| 432  |     |            |         |      |          |        |
| 433  |     |            |         |      |          |        |
| 434  |     |            |         |      |          |        |
| 435  |     |            |         |      |          |        |
| 436  |     |            |         |      |          |        |
| 437  |     |            |         |      |          |        |
| 438  |     |            |         |      |          |        |
| 439  |     |            |         |      |          |        |
| 440  |     |            |         |      |          |        |
| 441  |     |            |         |      |          |        |
| 442  |     |            |         |      |          |        |
| 443  |     |            |         |      |          |        |
| 444  |     |            |         |      |          |        |
| 445  |     |            |         |      |          |        |
| 446  |     |            |         |      |          |        |
| 447  |     |            |         |      |          |        |
| 448  |     |            |         |      |          |        |
| 449  |     |            |         |      |          |        |
| 450  |     |            |         |      |          |        |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 451  |     |            |         |      |          |        |
| 452  |     |            |         |      |          |        |
| 453  |     |            |         |      |          |        |
| 454  |     |            |         |      |          |        |
| 455  |     |            |         |      |          |        |
| 456  |     |            |         |      |          |        |
| 457  |     |            |         |      |          |        |
| 458  |     |            |         |      |          |        |
| 459  |     |            |         |      |          |        |
| 460  |     |            |         |      |          |        |
| 461  |     |            |         |      |          |        |
| 462  |     |            |         |      |          |        |
| 463  |     |            |         |      |          |        |
| 464  |     |            |         |      |          |        |
| 465  |     |            |         |      |          |        |
| 466  |     |            |         |      |          |        |
| 467  |     |            |         |      |          |        |
| 468  |     |            |         |      |          |        |
| 469  |     |            |         |      |          |        |
| 470  |     |            |         |      |          |        |
| 471  |     |            |         |      |          |        |
| 472  |     |            |         |      |          |        |
| 473  |     |            |         |      |          |        |
| 474  |     |            |         |      |          |        |
| 475  |     |            |         |      |          |        |
| 476  |     |            |         |      |          |        |
| 477  |     |            |         |      |          |        |
| 478  |     |            |         |      |          |        |
| 479  |     |            |         |      |          |        |
| 480  |     |            |         |      |          |        |
| 481  |     |            |         |      |          |        |
| 482  |     |            |         |      |          |        |
| 483  |     |            |         |      |          |        |
| 484  |     |            |         |      |          |        |
| 485  |     |            |         |      |          |        |
| 486  |     |            |         |      |          |        |
| 487  |     |            |         |      |          |        |
| 488  |     |            |         |      |          |        |
| 489  |     |            |         |      |          |        |
| 490  |     |            |         |      |          |        |
| 491  |     |            |         |      |          |        |
| 492  |     |            |         |      |          |        |
| 493  |     |            |         |      |          |        |
| 494  |     |            |         |      |          |        |
| 495  |     |            |         |      |          |        |
| 496  |     |            |         |      |          |        |
| 497  |     |            |         |      |          |        |
| 498  |     |            |         |      |          |        |
| 499  |     |            |         |      |          |        |
| 500  |     |            |         |      |          |        |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 501  |     |            |         |      |          |        |
| 502  |     |            |         |      |          |        |
| 503  |     |            |         |      |          |        |
| 504  |     |            |         |      |          |        |
| 505  |     |            |         |      |          |        |
| 506  |     |            |         |      |          |        |
| 507  |     |            |         |      |          |        |
| 508  |     |            |         |      |          |        |
| 509  |     |            |         |      |          |        |
| 510  |     |            |         |      |          |        |
| 511  |     |            |         |      |          |        |
| 512  |     |            |         |      |          |        |
| 513  |     |            |         |      |          |        |
| 514  |     |            |         |      |          |        |
| 515  |     |            |         |      |          |        |
| 516  |     |            |         |      |          |        |
| 517  |     |            |         |      |          |        |
| 518  |     |            |         |      |          |        |
| 519  |     |            |         |      |          |        |
| 520  |     |            |         |      |          |        |
| 521  |     |            |         |      |          |        |
| 522  |     |            |         |      |          |        |
| 523  |     |            |         |      |          |        |
| 524  |     |            |         |      |          |        |
| 525  |     |            |         |      |          |        |
| 526  |     |            |         |      |          |        |
| 527  |     |            |         |      |          |        |
| 528  |     |            |         |      |          |        |
| 529  |     |            |         |      |          |        |
| 530  |     |            |         |      |          |        |
| 531  |     |            |         |      |          |        |
| 532  |     |            |         |      |          |        |
| 533  |     |            |         |      |          |        |
| 534  |     |            |         |      |          |        |
| 535  |     |            |         |      |          |        |
| 536  |     |            |         |      |          |        |
| 537  |     |            |         |      |          |        |
| 538  |     |            |         |      |          |        |
| 539  |     |            |         |      |          |        |
| 540  |     |            |         |      |          |        |
| 541  |     |            |         |      |          |        |
| 542  |     |            |         |      |          |        |
| 543  |     |            |         |      |          |        |
| 544  |     |            |         |      |          |        |
| 545  |     |            |         |      |          |        |
| 546  |     |            |         |      |          |        |
| 547  |     |            |         |      |          |        |
| 548  |     |            |         |      |          |        |
| 549  |     |            |         |      |          |        |
| 550  |     |            |         |      |          |        |

# 3 Counties Cross Country League Results

Venue NHRR - Letchworth

21-December-2014

| Pos. | No. | First Name | Surname | Club | Category | Points |
|------|-----|------------|---------|------|----------|--------|
| 551  |     |            |         |      |          |        |
| 552  |     |            |         |      |          |        |
| 553  |     |            |         |      |          |        |
| 554  |     |            |         |      |          |        |
| 555  |     |            |         |      |          |        |
| 556  |     |            |         |      |          |        |
| 557  |     |            |         |      |          |        |
| 558  |     |            |         |      |          |        |
| 559  |     |            |         |      |          |        |
| 560  |     |            |         |      |          |        |
| 561  |     |            |         |      |          |        |
| 562  |     |            |         |      |          |        |
| 563  |     |            |         |      |          |        |
| 564  |     |            |         |      |          |        |
| 565  |     |            |         |      |          |        |
| 566  |     |            |         |      |          |        |
| 567  |     |            |         |      |          |        |
| 568  |     |            |         |      |          |        |
| 569  |     |            |         |      |          |        |
| 570  |     |            |         |      |          |        |
| 571  |     |            |         |      |          |        |
| 572  |     |            |         |      |          |        |
| 573  |     |            |         |      |          |        |
| 574  |     |            |         |      |          |        |
| 575  |     |            |         |      |          |        |
| 576  |     |            |         |      |          |        |
| 577  |     |            |         |      |          |        |
| 578  |     |            |         |      |          |        |
| 579  |     |            |         |      |          |        |
| 580  |     |            |         |      |          |        |
| 581  |     |            |         |      |          |        |
| 582  |     |            |         |      |          |        |
| 583  |     |            |         |      |          |        |
| 584  |     |            |         |      |          |        |
| 585  |     |            |         |      |          |        |
| 586  |     |            |         |      |          |        |
| 587  |     |            |         |      |          |        |
| 588  |     |            |         |      |          |        |
| 589  |     |            |         |      |          |        |
| 590  |     |            |         |      |          |        |
| 591  |     |            |         |      |          |        |
| 592  |     |            |         |      |          |        |
| 593  |     |            |         |      |          |        |
| 594  |     |            |         |      |          |        |
| 595  |     |            |         |      |          |        |
| 596  |     |            |         |      |          |        |
| 597  |     |            |         |      |          |        |
| 598  |     |            |         |      |          |        |
| 599  |     |            |         |      |          |        |
| 600  |     |            |         |      |          |        |