

3 Counties Cross Country League Results

Venue		Dunstable		11/01/2014	
Pos.	No.	First Name	Surname	Club	Category
1	860	darren	deed	Boxfit	M-2ndClaim
2	511	Phil	Holland	Amphill & Flitwick Flyers	M
3	527	Craig	Palmer	Amphill & Flitwick Flyers	M
4	1221	Stuart	Nelson	Wellingborough AC	M
5	1342	Craig	Halsey	Dunstable Road Runners	M-2ndClaim
6	504	Paul	Farmer	Amphill & Flitwick Flyers	M
7	520	Jason	Moore	Amphill & Flitwick Flyers	M
8	509	Tim	Harris	Amphill & Flitwick Flyers	M
9	494	Lewis	Cadman	Amphill & Flitwick Flyers	M
10	1346	Ross	Langley	Dunstable Road Runners	M-2ndClaim
11	806	ADAM	MILLS	Bedford Harriers	MV40
12	1388	Richard	Bevan	Biggleswade AC	M
13	1229	Greg	Spellman	Wellingborough AC	MV45
14	510	Stephen	Hartley	Amphill & Flitwick Flyers	MV40
15	401	Tony	Letts	Northampton Road Runners	MV45
16	319	Mark	Vaughan	North Herts Road Runners	MV40
17	863	paul	halford	Boxfit	MV45
18	1418	Paul	Davies	Biggleswade AC	MV40
19	320	James	Walsh	North Herts Road Runners	MV45
20	1196	Peter	Currington	Wellingborough AC	M-2ndClaim
21	422	Simeon	Howson	Northampton Road Runners	M
22	991	Tom	Watson	Olney Runners	M
23	519	John	Mitcalf	Amphill & Flitwick Flyers	M
24	1413	David	Lee	Biggleswade AC	M
25	870	lyndon	moore	Boxfit	MV40
26	543	Mark	Waine	Amphill & Flitwick Flyers	MV40-2ndClaim
27	491	Andy	Bierton	Amphill & Flitwick Flyers	MV40
28	932	PAUL	WATTS	Team East Haddon	M
29	541	Steven	Upton	Amphill & Flitwick Flyers	M
30	1212	Jon	Kemp	Wellingborough AC	MV40
31	553	James	Down	Amphill & Flitwick Flyers	M-2ndClaim
32	60	Richard	Lack	Wootton Road Runners	MV40
33	1085	Mark	Sains	Stopsley Striders	M
34	289	Nicholas	Malpeli	North Herts Road Runners	MV45
35	1339	Winston	Woodward	Dunstable Road Runners	M
36	304	Peter	Scrowther	North Herts Road Runners	MV50
37	1408	Vince	Plosky	Biggleswade AC	MV40
38	997	Keith	Miller	Olney Runners	MV50-2ndClaim
39	1189	James	Berry	Wellingborough AC	M
40	1077	Lee	Murphy	Stopsley Striders	M
41	793	Kevin	Willett	Bedford Harriers	MV50
42	753	Andy	Palembella	Bedford Harriers	M
43	586	Anna	Folland	Bedford Harriers	FV40
44	1419	Nick	Haworth	Biggleswade AC	M

45	1317 Stuart	Lamond	Dunstable Road Runners	M
46	1459 Chris	Lazenby	Wootton Road Runners	M
47	1417 Ryan	Smith	Biggleswade AC	M
48	327 Dan	Hills	North Herts Road Runners	M
49	697 Gary	Finch	Bedford Harriers	MV45
50	165 Paul	Tew	Leighton Fun Runners	MV50
51	484 George	Arbuckle	Amphill & Flitwick Flyers	MV40
52	1220 Keith	Molloy	Wellingborough AC	MV45
53	150 Steve	Harrison	Leighton Fun Runners	MV40
54	417 Sam	Brown	Northampton Road Runners	M
55	342 Mike	Sheppard	North Herts Road Runners	M-Guest
56	6 Julie	Dixon	Wootton Road Runners	FV40
57	1367 Juliet	Naylor	Biggleswade AC	FV40
58	1093 Patrick	Cosgrove	Stopsley Striders	M
59	1192 Julian	Blackwell	Wellingborough AC	MV40
60	322 Steve	Williamson	North Herts Road Runners	MV45
61	861 chris	george	Boxfit	M
62	882 gary	smith (jnr)	Boxfit	M
63	1460 Dave	Lazenby	Wootton Road Runners	M
64	1386 Michael	Blunt	Biggleswade AC	M
65	772 Dave	Sharman	Bedford Harriers	M
66	307 Peter	Sibbett	North Herts Road Runners	MV50
67	1056 Adrian	Copp	Stopsley Striders	MV40
68	568 Sally	Cartwright	Bedford Harriers	FV45
69	990 George	Watson	Olney Runners	M
70	859 dave	coard	Boxfit	MV50
71	262 Gary	Cook	North Herts Road Runners	M
72	1244 Nick	Sinnott	Wellingborough AC	MV40
73	730 Neil	Loader	Bedford Harriers	MV45
74	694 Alastair	Fadden	Bedford Harriers	MV45
75	59 Graham	Hollowell	Wootton Road Runners	MV45
76	1296 Stuart	Berry	Dunstable Road Runners	MV45
77	611 Kirstie	Meeten	Bedford Harriers	FV35
78	1404 Adam	Murphy	Biggleswade AC	M
79	1320 Cahal	McConville	Dunstable Road Runners	MV45
80	284 James	Keogh	North Herts Road Runners	M
81	856 mark	avril	Boxfit	MV50
82	1359 Isobel	Everest	Biggleswade AC	FV40
83	317 Steven	Tracey	North Herts Road Runners	MV40
84	508 James	Handley	Amphill & Flitwick Flyers	M
85	1064 Gez	Fallon	Stopsley Striders	MV40
86	1120 Kelly	Barnett	Wellingborough AC	F
87	1239 David	Yarnall	Wellingborough AC	M
88	1334 Matthew	Thompson	Dunstable Road Runners	MV50
89	140 Nicholas	Shermer	Leighton Fun Runners	M
90	1255 John	Donaldson	Wellingborough AC	MV50
91	52 Matthew	Brown	Wootton Road Runners	M
92	67 Ian	Randell	Wootton Road Runners	MV55
93	80 Michael	Carrea	Wootton Road Runners	M
94	761 Jerry	Pulinger	Bedford Harriers	MV55

95	93 Mervyn	Dempsey	Wootton Road Runners	M
96	868 noel	keenan	Boxfit	MV50
97	1071 Stuart	Harries	Stopsley Striders	M
98	1074 Chris	Lamont	Stopsley Striders	MV60
99	324 John	Russell	North Herts Road Runners	MV50
100	1072 Paul	Keech	Stopsley Striders	MV55
101	1394 Paul	Cooke	Biggleswade AC	M
102	151 Anthony	Smith	Leighton Fun Runners	M
103	686 Tony	Cormano	Bedford Harriers	M
104	757 Richard	Piron	Bedford Harriers	MV60
105	688 Steve	Daniels	Bedford Harriers	MV45
106	1355 Julie	Balaam	Biggleswade AC	FV35
107	880 phil	jenkins	Boxfit	M
108	969 Steve	Dicks	Olney Runners	MV40
109	1218 Neil	McDonald	Wellingborough AC	MV50
110	1345 Ben	Wells	Dunstable Road Runners	M
111	1302 Mark	Cornell	Dunstable Road Runners	MV45
112	965 John	Crouch	Olney Runners	MV50
113	885 james	cooper	Boxfit	M
114	1456 Niamh	Morrin	Wootton Road Runners	-Guest
115	1 Victoria	Ayliff	Wootton Road Runners	F
116	1314 Daniel	Holder	Dunstable Road Runners	M
117	1101 Paul	Davies	Stopsley Striders	M
118	1194 Roger	Bullen	Wellingborough AC	MV50
119	858 simon	bellinger	Boxfit	MV40
120	1399 Giles	Hawthorn	Biggleswade AC	M
121	925 ADRIAN	HOMER	Team East Haddon	MV40
122	496 Dave	Coker	Amptill & Flitwick Flyers	MV50
123	163 Rob	Laughton	Leighton Fun Runners	MV40
124	971 Alisdair	Gibson	Olney Runners	MV60-2ndClaim
125	459 Michelle	Morris	Amptill & Flitwick Flyers	F
126	269 David	Frampton	North Herts Road Runners	MV55
127	261 Gavin	Clarke	North Herts Road Runners	M
128	1331 John Charles	Sayer	Dunstable Road Runners	MV40
129	258 Stewart	Bryant	North Herts Road Runners	MV55
130	1313 Lee	Harper	Dunstable Road Runners	MV45
131	1226 Andrew	Redden	Wellingborough AC	M
132	547 Jonny	Oakley	Amptill & Flitwick Flyers	MV50
133	1193 Mark	Bonham	Wellingborough AC	MV45
134	404 Peter	Moor	Northampton Road Runners	MV40
135	677 Gary	Butler	Bedford Harriers	MV45
136	1319 Phil	McClean	Dunstable Road Runners	MV55
137	447 Amy	Farr	Amptill & Flitwick Flyers	F
138	1297 Steven	Bracken	Dunstable Road Runners	M
139	153 John	Preston	Leighton Fun Runners	MV40
140	426 James	Smith	Northampton Road Runners	M
141	488 Mike	Bannister	Amptill & Flitwick Flyers	M
142	399 Mark	Kennedy	Northampton Road Runners	M
143	1240 James	York	Wellingborough AC	M
144	103 William	Davison	Wootton Road Runners	MV50

145	66 Terry	Peters	Wootton Road Runners	MV55
146	142 Chris	Taylor	Leighton Fun Runners	MV45
147	54 Martin	Fowler	Wootton Road Runners	MV60
148	436 Jo	Aatkar	Amphill & Flitwick Flyers	FV45
149	528 Mike	Petty	Amphill & Flitwick Flyers	MV50
150	1316 Peter	Keane	Dunstable Road Runners	MV50-2ndClaim
151	987 John	Risby	Olney Runners	MV55
152	259 Dominic	Buck	North Herts Road Runners	M
153	1238 Peter	Williams	Wellingborough AC	MV40
154	1344 James	Neal	Dunstable Road Runners	M
155	168 Paula	Adams	North Herts Road Runners	FV40
156	410 Dave	Whatton	Northampton Road Runners	MV45
157	873 anthony	wright	Boxfit	MV40
158	263 Mark	Cook	North Herts Road Runners	MV50
159	1406 Damian	Pitts	Biggleswade AC	M
160	1233 Mark	Viccars	Wellingborough AC	MV50
161	825 sarah	halford	Boxfit	FV35
162	1087 Glynn	Simmons	Stopsley Striders	MV45
163	485 Ron	Armstrong	Amphill & Flitwick Flyers	MV50
164	145 Tam	Quinn	Leighton Fun Runners	MV45
165	396 Mark	Garrett	Northampton Road Runners	MV50
166	603 Sally	Johnston	Bedford Harriers	FV45
167	1166 Sarah	Ellwood	Wellingborough AC	FV35
168	450 Caroline	Gilby	Amphill & Flitwick Flyers	FV45
169	539 Jason	Theobald	Amphill & Flitwick Flyers	MV40
170	799 TOM	BEACH	Bedford Harriers	M
171	152 Colin	Aitken	Leighton Fun Runners	M
172	892 Ross	Finlay	Boxfit	M
173	766 Colin	Ross	Bedford Harriers	MV55
174	325 Dan	Mallett	North Herts Road Runners	M
175	1082 Andrew	Reid	Stopsley Striders	MV60
176	732 Mark	Lowe	Bedford Harriers	MV45
177	831 claire	murphy	Boxfit	F
178	173 Helen	Cairns	North Herts Road Runners	FV35
179	1443 Kim	Gilbert	Dunstable Road Runners	F
180	691 Jim	Dunn	Bedford Harriers	MV50
181	1136 Annemarie	Humphrey-Lodder	Wellingborough AC	F
182	427 Terry	Begley	Northampton Road Runners	MV40
183	927 SCOTT	McKENZIE	Team East Haddon	MV40
184	963 Chris	Barnes	Olney Runners	MV45
185	551 Garry	Biddle	Amphill & Flitwick Flyers	MV45-2ndClaim
186	9 Frances	Hooper	Wootton Road Runners	FV35
187	490 Jeremy	Bell	Amphill & Flitwick Flyers	MV50
188	875 stuart	juggins	Boxfit	M
189	383 Darren	Baldwin	Northampton Road Runners	MV45
190	416 Jonathon	Panter	Northampton Road Runners	MV45
191	1094 John	Ryan	Stopsley Striders	MV50
192	865 paul	hlton	Boxfit	MV50
193	1264 Ruth	Grint	Dunstable Road Runners	FV45
194	1141 Louise	Kemp	Wellingborough AC	FV35

195	1447 Rod	Styles	Leighton Fun Runners	MV45
196	774 Graham	Short	Bedford Harriers	MV50
197	818 Chris	Linney	Bedford Harriers	MV40
198	1080 Phil	Nitchen	Stopsley Striders	M
199	540 Nick	Tillett	Amphill & Flitwick Flyers	MV55
200	102 Michael	Wheeler	Wootton Road Runners	M
201	536 Richard	Stanley	Amphill & Flitwick Flyers	MV45
202	123 Verity	Allsop	Leighton Fun Runners	F
203	1277 Sarah	Thorne	Dunstable Road Runners	FV45
204	492 Mark	Billington	Amphill & Flitwick Flyers	MV45
205	530 Mark	Rouse	Amphill & Flitwick Flyers	M
206	762 Alan	Rickhuss	Bedford Harriers	MV50
207	787 James	Wallbank	Bedford Harriers	MV50
208	1028 Linda	Scanlon	Stopsley Striders	FV35
209	1365 Monika	Molnar	Biggleswade AC	F
210	423 Michael	Hollowell	Northampton Road Runners	MV40
211	1187 Naythan	Bellamy	Wellingborough AC	MV40
212	120 Marianne	Lee	Leighton Fun Runners	F
213	1063 Jeff	Dowsett	Stopsley Striders	MV60
214	826 kirsty	geraerts	Boxfit	F
215	15 Polly	Randell	Wootton Road Runners	FV55
216	483 Paresh	Aatkar	Amphill & Flitwick Flyers	MV45
217	593 Nora	Haggart	Bedford Harriers	FV55
218	81 John	Ferris	Wootton Road Runners	MV50
219	1303 Bill	Crane	Dunstable Road Runners	MV60
220	1121 Katharine	Baxter	Wellingborough AC	F
221	798 STUART	SNELSON	Bedford Harriers	M
222	1210 Steve	Kearns	Wellingborough AC	M
223	862 peter	geraerts	Boxfit	MV45
224	1200 Alan	Griffiths	Wellingborough AC	MV45
225	1052 Graham	Busch	Stopsley Striders	MV55
226	926 NEIL	KEY	Team East Haddon	MV40
227	516 Shaun	Kirtley	Amphill & Flitwick Flyers	MV40
228	468 Katie	Ruditis	Amphill & Flitwick Flyers	F
229	505 Mark	Fisher	Amphill & Flitwick Flyers	MV45
230	1099 Matthew	Davies	Stopsley Striders	M
231	921 PETER	TAYLOR	Team East Haddon	MV50
232	975 Patrick	Marshall	Olney Runners	MV50
233	559 Sam	Bayliss	Bedford Harriers	FV40
234	788 Rob	Wallis	Bedford Harriers	MV50
235	100 Chris	Jakeman	Wootton Road Runners	M
236	1089 Alan	Weir	Stopsley Striders	MV65
237	546 Jeremy	Godfrey	Amphill & Flitwick Flyers	M
238	352 Beckie	Hollowell	Northampton Road Runners	FV40
239	1165 Kelly	Burn	Wellingborough AC	FV35
240	701 Simon	Forbes	Bedford Harriers	M
241	224 Caroline	Thrussell	North Herts Road Runners	FV50
242	500 Barry	Dackombe	Amphill & Flitwick Flyers	MV45
243	842 davina	large	Boxfit	F
244	678 Chris	Capps	Bedford Harriers	MV55

245	867 lee	hutchinson	Boxfit	M
246	1254 Nick	Breeze	Wellingborough AC	M
247	487 Andy	Atherton	Ampthill & Flitwick Flyers	MV50
248	1219 Stuart	Mellows	Wellingborough AC	MV45
249	642 CHERYL	BOSHER	Bedford Harriers	FV35
250	714 Paul	Harris	Bedford Harriers	MV45
251	1442 Katie	Gibbons	Dunstable Road Runners	FV35
252	188 Yuko	Gordon	North Herts Road Runners	FV60
253	1366 Natalie	Morgan	Biggleswade AC	FV35
254	143 Patrick	Waring	Leighton Fun Runners	MV55
255	1032 Lynn	Doyle	Stopsley Striders	FV40
256	475 Keri	Withers	Ampthill & Flitwick Flyers	FV45
257	1104 Simon	Norris	Stopsley Striders	MV45
258	669 Andrew	Bayliss	Bedford Harriers	MV40
259	633 Sarah	Wanden	Bedford Harriers	FV45
260	266 Mark	Draper	North Herts Road Runners	MV55
261	1282 Joanne	Jeffer	Dunstable Road Runners	FV35
262	466 Julie	Pritchett	Ampthill & Flitwick Flyers	FV35
263	745 Gary	Moore	Bedford Harriers	MV50
264	477 Pippa	Jamieson	Ampthill & Flitwick Flyers	FV45
265	424 Jon	Dilworth	Northampton Road Runners	MV55
266	850 Hannah	Tulley	Boxfit	F
267	630 Bev	Tredget	Bedford Harriers	FV45
268	922 ROB	WATKINSON	Team East Haddon	MV50
269	883 colin	moore (snr)	Boxfit	MV45
270	657 Ronnie	Lawley	Bedford Harriers	FV50
271	467 Niki	Rouse	Ampthill & Flitwick Flyers	FV40
272	1462 Tania	Mulvey	Wootton Road Runners	F
273	429 Richard	Gent	Northampton Road Runners	MV40
274	643 CARRIE	TRAILL	Bedford Harriers	F
275	854 Steve	Tyler	Boxfit	M
276	914 SAM	CORTESE	Team East Haddon	MV55
277	119 Deena	Bland	Leighton Fun Runners	FV35
278	1143 Diana	Logan	Wellingborough AC	FV40
279	473 Annette	Bell	Ampthill & Flitwick Flyers	FV45
280	1006 Karen	Ashby	Stopsley Striders	FV50
281	1009 Liz	Davies	Stopsley Striders	FV50
282	303 Matthew	Rix	North Herts Road Runners	M
283	1190 Rob	Bing	Wellingborough AC	MV40
284	443 Steph	Cooper	Ampthill & Flitwick Flyers	FV35
285	357 Elaine	Palmer	Northampton Road Runners	FV45
286	1227 Niteen	Sawant	Wellingborough AC	M
287	1081 Stewart	Read	Stopsley Striders	MV40
288	382 Martin	Andrews	Northampton Road Runners	M
289	782 Mark	Tinkler	Bedford Harriers	MV55
290	813 Andy	Purdy	Bedford Harriers	MV55
291	554 John	Kenyon	Ampthill & Flitwick Flyers	MV40-2ndClaim
292	1452 Kerry	Whitford	Leighton Fun Runners	F
293	569 Nette	Cheetham	Bedford Harriers	FV45
294	1256 Howard	Smith	Wellingborough AC	MV50

295	1127 Jaimie	Cunnington	Wellingborough AC	F
296	876 paul	evans	Boxfit	M
297	130 Sally	Dickinson	Leighton Fun Runners	FV40
298	192 Jo	Harbon	North Herts Road Runners	FV45
299	1401 Peter	Howell	Biggleswade AC	MV65
300	358 Wendy	Parker	Northampton Road Runners	FV50
301	345 Suzanne	Baldwin	Northampton Road Runners	FV45
302	1159 Natasha	Wain	Wellingborough AC	FV40
303	727 Simon	King	Bedford Harriers	MV45
304	989 Mike	Smith	Olney Runners	MV55
305	938 Caroline	Dickens	Olney Runners	FV35
306	305 Tim	Sheppard	North Herts Road Runners	MV55
307	21 Tracy	Ferris	Wootton Road Runners	FV35
308	1088 Andy	Ward	Stopsley Striders	MV65
309	752 Russel	Page	Bedford Harriers	MV50
310	1131 Kim	Geeves	Wellingborough AC	F
311	169 Linda	Aird	North Herts Road Runners	FV55
312	385 Dave	Blackburn	Northampton Road Runners	MV55
313	359 Jo	Smith	Northampton Road Runners	FV45
314	121 Georgina	Lee	Leighton Fun Runners	FV35
315	403 Jim	McGowan	Northampton Road Runners	M
316	351 Jocelyn	Granger	Northampton Road Runners	FV50
317	226 Sue	Vaughan	North Herts Road Runners	FV45
318	1173 Naomi	Harte	Wellingborough AC	F
319	1137 Mary	Hunsley	Wellingborough AC	F
320	767 Alex	Rothwell	Bedford Harriers	MV50
321	1083 Lance	Richardson	Stopsley Striders	MV55
322	937 Helen	Diamand	Olney Runners	FV35
323	125 Laura	Jackson	Leighton Fun Runners	FV40
324	195 Nicky	Kemp	North Herts Road Runners	FV40
325	157 Nicholas	Hughes	Leighton Fun Runners	MV45
326	871 gary	smith (snr)	Boxfit	MV50
327	314 Ian	Sutcliffe	North Herts Road Runners	MV65
328	156 Taraneh	Gerami	Leighton Fun Runners	FV55
329	131 Katie	Orman	Leighton Fun Runners	F
330	161 Kevin	Kemp	Leighton Fun Runners	MV55
331	632 Diane	Wallis	Bedford Harriers	FV50
332	8 Gillian	Jakeman	Wootton Road Runners	FV35
333	682 Darren	Cimelli	Bedford Harriers	M
334	1448 Jeri	March	Leighton Fun Runners	FV40
335	323 Brian	Bailey	North Herts Road Runners	MV65
336	409 Tom	Sullivan	Northampton Road Runners	MV60
337	704 Richard	Gallivan	Bedford Harriers	MV50
338	74 Michael	Wood	Wootton Road Runners	MV60
339	1450 Jason	Charley	Leighton Fun Runners	MV40
340	455 Sue	Jones	Amphill & Flitwick Flyers	FV50
341	164 Len	Holland	Leighton Fun Runners	MV65
342	476 Paula	James	Amphill & Flitwick Flyers	FV45
343	524 Brendan	O'Mahoney	Amphill & Flitwick Flyers	MV50
344	1446 Paul	Thomas	Leighton Fun Runners	MV50

345	1295 Scott	Baillie	Dunstable Road Runners	MV40
346	671 Norman	Beckwith	Bedford Harriers	MV70
347	1215 Ian	Mann	Wellingborough AC	MV50
348	111 Julia	Esmond	Leighton Fun Runners	F
349	348 Jo	Cummings	Northampton Road Runners	FV40
350	1176 Karen	Tomkins	Wellingborough AC	F
351	154 Gordon	Hill	Leighton Fun Runners	MV70
352	449 Rebecca	Fleckney	Amphill & Flitwick Flyers	F
353	454 Laura	Johnston	Amphill & Flitwick Flyers	FV45
354	726 Bill	Khinda	Bedford Harriers	MV60
355	845 debra	johnson	Boxfit	FV50
356	552 Joe	Walters	Amphill & Flitwick Flyers	M
357	355 Mary	Sullivan	Northampton Road Runners	FV55
358	680 Jack	Chana	Bedford Harriers	MV60
359	1157 Tracey	Treadwell	Wellingborough AC	FV35
360	216 Christine	Sharp	North Herts Road Runners	FV55
361	1458 Gerald	Matthews	Wootton Road Runners	MV65-Guest
362	591 Lynne	Greenard	Bedford Harriers	FV65
363	176 Lindsay	Cook	North Herts Road Runners	FV35
364	1457 Alan	Richardson	Wootton Road Runners	MV60
365	1096 Bill	Bennington	Stopsley Striders	MV75
366	656 Jenny	King	Bedford Harriers	FV55
367	34 Kay	Duffy	Wootton Road Runners	FV35
368	1021 Judy	Reid	Stopsley Striders	FV60
369	360 Kirsty	Turner	Northampton Road Runners	F
370	1048 Phil	Abbitt	Stopsley Striders	MV60
371	626 Sylvia	Snowling	Bedford Harriers	FV50
372	219 Joy	Stroud	North Herts Road Runners	FV65
373	282 Brian	Judkins	North Herts Road Runners	MV55
374	1343 Lee	Gauntlett	Dunstable Road Runners	M
375	346 Helen	Blackburn	Northampton Road Runners	FV45
376	1118 Mandy	Allen	Wellingborough AC	FV50
377	361 Carol	Whatton	Northampton Road Runners	FV50
378	354 Keran	Irving	Northampton Road Runners	FV40
379	1175 Michelle	Barnett	Wellingborough AC	FV40
380	840 steph	evans	Boxfit	F
381	904 Val	Bridges	Team East Haddon	FV60
382	299 Geoff	Pettengell	North Herts Road Runners	MV60
383	442 Jane	Cook	Amphill & Flitwick Flyers	FV55
384	498 Rob	Cook	Amphill & Flitwick Flyers	MV55
385	132 Stephanie	Nash	Leighton Fun Runners	FV35
386	127 Donna	Fowler-Reid	Leighton Fun Runners	FV45
387	137 Gary	Reid	Leighton Fun Runners	MV45
388	1005 Pam	Abbitt	Stopsley Striders	FV60
389	350 Sally	Garrett	Northampton Road Runners	FV50
390	1172 Beth	York	Wellingborough AC	F
391	1133 Sally	Hewitt	Wellingborough AC	FV60
392	180 Monica	Cullin	North Herts Road Runners	FV65
393	1019 Helen	Morris	Stopsley Striders	FV75

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