

3 Counties Cross Country League Results

Venue **Wing**

24-November-2013

Pos.	No.	First Name	Surname	Club	Category	Points
1	509	Tim	Harris	Ampthill & Flitwick Flyers	M	1
2	511	Phil	Holland	Ampthill & Flitwick Flyers	M	2
3	806	ADAM	MILLS	Bedford Harriers	MV40	3
4	527	Craig	Palmer	Ampthill & Flitwick Flyers	M	4
5	96	Matthew	Howes	Wootton Road Runners	M	5
6	413	Chris	Lamb	Northampton Road Runners	M-2ndClaim	6
7	1236	Dave	Webster	Wellingborough AC	MV45	7
8	295	Andy	Mutton	North Herts Road Runners	M-2ndClaim	8
9	1229	Greg	Spellman	Wellingborough AC	MV45	9
10	991	Tom	Watson	Olney Runners	M	10
11	520	Jason	Moore	Ampthill & Flitwick Flyers	M	11
12	1390	Craig	Brown	Biggleswade AC	M	12
13	1413	David	Lee	Biggleswade AC	M	13
14	275	Robert John	Harris	North Herts Road Runners	M	14
15	1342	Craig	Halsey	Dunstable Road Runners	M-2ndClaim	15
16	486	Alex	Ash	Ampthill & Flitwick Flyers	M	16
17	401	Tony	Letts	Northampton Road Runners	MV45	17
18	712	Ian	Hamment	Bedford Harriers	M	18
19	863	paul	halford	Boxfit	MV45	19
20	320	James	Walsh	North Herts Road Runners	MV45	20
21	541	Steven	Upton	Ampthill & Flitwick Flyers	M	21
22	484	George	Arbuckle	Ampthill & Flitwick Flyers	MV40	22
23	510	Stephen	Hartley	Ampthill & Flitwick Flyers	MV40	23
24	1388	Richard	Bevan	Biggleswade AC	M	24
25	932	PAUL	WATTS	Team East Haddon	M	25
26	1408	Vince	Plosky	Biggleswade AC	MV40	26
27	1418	Paul	Davies	Biggleswade AC	MV40	27
28	60	Richard	Lack	Wootton Road Runners	MV40	28
29	304	Peter	Scrowther	North Herts Road Runners	MV50	29
30	1417	Ryan	Smith	Biggleswade AC	M	30
31	1196	Peter	Currington	Wellingborough AC	M-2ndClaim	31
32	1212	Jon	Kemp	Wellingborough AC	MV40	32
33	870	lyndon	moore	Boxfit	MV40	33
34	159	Martin	Crane	Leighton Fun Runners	MV40-2ndClaim	34
35	861	chris	george	Boxfit	M	35
36	543	Mark	Waine	Ampthill & Flitwick Flyers	MV40-2ndClaim	36
37	997	Keith	Miller	Olney Runners	MV50-2ndClaim	37
38	1189	James	Berry	Wellingborough AC	M	38
39	289	Nicholas	Malpeli	North Herts Road Runners	MV45	39
40	1220	Keith	Molloy	Wellingborough AC	MV45	40
41	108	Dave	Parkins	Wootton Road Runners	MV45	41
42	1085	Mark	Sains	Stopsley Striders	M	42
43	1339	Winston	Woodward	Dunstable Road Runners	M	43
44	1186	Neil	Barnett	Wellingborough AC	M	44
45	150	Steve	Harsion	Leighton Fun Runners	MV40	45
46	327	Dan	Hills	North Herts Road Runners	M	46
47	916	ANDY	GREEN	Team East Haddon	MV45	47
48	491	Andy	Bierton	Ampthill & Flitwick Flyers	MV40	48
49	1077	Lee	Murphy	Stopsley Striders	M	49
50	417	Sam	Brown	Northampton Road Runners	M	50

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Pos.	No.	First Name	Surname	Club	Category	Points
51	697	Gary	Finch	Bedford Harriers	MV45	51
52	1419	Nick	Haworth	Biggleswade AC	M	52
53	1068	Chris	Carter	Stopsley Striders	M	53
54	534	Giles	Shorley	Amphill & Flitwick Flyers	M	54
55	753	Andy	Palembella	Bedford Harriers	M	55
56	77	Stephen	O'Reilly	Wootton Road Runners	MV45	56
57	1317	Stuart	Lamond	Dunstable Road Runners	M	57
58	545	Phil	Wolstencroft	Amphill & Flitwick Flyers	MV50	58
59	72	Simon	Tootell	Wootton Road Runners	M	59
60	1192	Julian	Blackwell	Wellingborough AC	MV40	60
61	1404	Adam	Murphy	Biggleswade AC	M	61
62	1403	Rob	Morgan	Biggleswade AC	M	62
63	730	Neil	Loader	Bedford Harriers	MV45	63
64	668	Paolo	Basso	Bedford Harriers	MV40	64
65	1266	Rosie	Keane	Dunstable Road Runners	F-2ndClaim	1
66	306	Adrian	Sherwood	North Herts Road Runners	MV45	65
67	165	Paul	Tew	Leighton Fun Runners	MV50	66
68	689	Stuart	Dare	Bedford Harriers	M	67
69	1296	Stuart	Berry	Dunstable Road Runners	MV45	68
70	147	Daniel	Duckworth	Leighton Fun Runners	M	69
71	1304	Robert	Curtis	Dunstable Road Runners	MV50	70
72	1244	Nick	Sinnott	Wellingborough AC	MV40	71
73	200	Astrid	Mckeown	North Herts Road Runners	FV40	2
74	59	Graham	Hollowell	Wootton Road Runners	MV45	72
75	1334	Matthew	Thompson	Dunstable Road Runners	MV50	73
76	856	mark	avril	Boxfit	MV50	74
77	322	Steve	Williamson	North Herts Road Runners	MV45	75
78	1064	Gez	Fallon	Stopsley Striders	MV40	76
79	6	Julie	Dixon	Wootton Road Runners	FV40	3
80	166	Ben	Sampson	Leighton Fun Runners	M	77
81	1367	Juliet	Nayler	Biggleswade AC	FV40	4
82	307	Peter	Sibbett	North Herts Road Runners	MV50	78
83	317	Steven	Tracey	North Herts Road Runners	MV40	79
84	92	Adrian	Sell	Wootton Road Runners	M	80
85	1239	David	Yarnall	Wellingborough AC	M	81
86	925	ADRIAN	HOMER	Team East Haddon	MV40	82
87	420	Carrick	Baldwin	Northampton Road Runners	M	83
88	611	Kirstie	Meeten	Bedford Harriers	FV35	5
89	969	Steve	Dicks	Olney Runners	MV40	84
90	1197	Matt	Dickie	Wellingborough AC	M	85
91	1093	Patrick	Cosgrove	Stopsley Striders	M	86
92	859	dave	coard	Boxfit	MV50	87
93	1386	Michael	Blunt	Biggleswade AC	M	88
94	568	Sally	Cartwright	Bedford Harriers	FV45	6
95	965	John	Crouch	Olney Runners	MV50	89
96	1074	Chris	Lamont	Stopsley Striders	MV60	90
97	731	Neil	Lovesey	Bedford Harriers	MV55	91
98	677	Gary	Butler	Bedford Harriers	MV45	92
99	803	TIM	DAVIES	Bedford Harriers	M	93
100	1120	Kelly	Barnett	Wellingborough AC	F	7

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Pos.	No.	First Name	Surname	Club	Category	Points
101	80	Michael	Carrea	Wootton Road Runners	M	94
102	67	Ian	Randell	Wootton Road Runners	MV55	95
103	1359	Isobel	Everest	Biggleswade AC	FV40	8
104	761	Jerry	Pulinger	Bedford Harriers	MV55	96
105	146	Clive	Daniels	Leighton Fun Runners	MV40	97
106	1302	Mark	Cornell	Dunstable Road Runners	MV45	98
107	772	Dave	Sharman	Bedford Harriers	M	99
108	985	Andrew	Reeves	Olney Runners	MV40	100
109	688	Steve	Daniels	Bedford Harriers	MV45	101
110	1310	Mark	Fussell	Dunstable Road Runners	M	102
111	284	James	Keogh	North Herts Road Runners	M	103
112	866	richard	hoar	Boxfit	MV60	104
113	1024	Alison	Sugars	Stopsley Striders	FV40	9
114	868	noel	keenan	Boxfit	MV50	105
115	933	ROBERT	WHITE	Team East Haddon	MV50	106
116	1399	Giles	Hawthorn	Biggleswade AC	M	107
117	880	phil	jenkins	Boxfit	M	108
118	152	Colin	Aitken	Leighton Fun Runners	M	109
119	1218	Neil	McDonald	Wellingborough AC	MV50	110
120	151	Anthony	Smith	Leighton Fun Runners	M	111
121	1394	Paul	Cooke	Biggleswade AC	M	112
122	396	Mark	Garrett	Northampton Road Runners	MV50	113
123	88	John	White	Wootton Road Runners	M	114
124	1454	Jim	Buttleman	Leighton Fun Runners	MV45	115
125	1209	Christopher	Jones	Wellingborough AC	M	116
126	258	Stewart	Bryant	North Herts Road Runners	MV55	117
127	52	Matthew	Brown	Wootton Road Runners	M	118
128	1072	Paul	Keech	Stopsley Striders	MV55	119
129	1320	Cahal	McConville	Dunstable Road Runners	MV45	120
130	459	Michelle	Morris	Amphill & Flitwick Flyers	F	10
131	1243	Edward	Norris	Wellingborough AC	M	121
132	971	Alisdair	Gibson	Olney Runners	MV60-2ndClaim	
133	528	Mike	Petty	Amphill & Flitwick Flyers	MV50	122
134	1054	John	Chapman	Stopsley Striders	MV55	123
135	54	Martin	Fowler	Wootton Road Runners	MV60	124
136	1314	Daniel	Holder	Dunstable Road Runners	M	125
137	261	Gavin	Clarke	North Herts Road Runners	M	126
138	1102	Wayne	Cartmell	Stopsley Striders	M-Guest	
139	508	James	Handley	Amphill & Flitwick Flyers	M	127
140	1277	Sarah	Thorne	Dunstable Road Runners	FV45	11
141	399	Mark	Kennedy	Northampton Road Runners	M	128
142	1406	Damian	Pitts	Biggleswade AC	M	129
143	1327	Mark	Pedder	Dunstable Road Runners	M	130
144	269	David	Frampton	North Herts Road Runners	MV55	131
145	1247	Tim	Ellwood	Wellingborough AC	MV45	132
146	1330	Gordon	Reeves	Dunstable Road Runners	MV45	133
147	1316	Peter	Keane	Dunstable Road Runners	MV50-2ndClaim	
148	547	Jonny	Oakley	Amphill & Flitwick Flyers	MV50	134
149	1414	Jon	Balaam	Biggleswade AC	MV40	135
150	1226	Andrew	Redden	Wellingborough AC	M	136

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Pos.	No.	First Name	Surname	Club	Category	Points
151	485	Ron	Armstrong	Ampthill & Flitwick Flyers	MV50	137
152	426	James	Smith	Northampton Road Runners	M	138
153	1	Victoria	Ayliff	Wootton Road Runners	F	12
154	103	William	Davison	Wootton Road Runners	MV50	139
155	97	Niall	Gardiner	Wootton Road Runners	M	140
156	163	Rob	Laughton	Leighton Fun Runners	MV40	141
157	1313	Lee	Harper	Dunstable Road Runners	MV45	142
158	748	Dean	Newman	Bedford Harriers	MV40	143
159	808	Paul	Forman	Bedford Harriers	MV40	144
160	732	Mark	Lowe	Bedford Harriers	MV45	145
161	1166	Sarah	Ellwood	Wellingborough AC	FV35	13
162	1308	Matt	Falkner	Dunstable Road Runners	M	146
163	777	Paul	Stuart	Bedford Harriers	MV45	147
164	436	Jo	Aatkar	Ampthill & Flitwick Flyers	FV45	14
165	383	Darren	Baldwin	Northampton Road Runners	MV45	148
166	168	Paula	Adams	North Herts Road Runners	FV40	15
167	1318	Stewart	Mackay	Dunstable Road Runners	MV50	149
168	825	sarah	halford	Boxfit	FV35	16
169	1095	Peter	Breslin	Stopsley Striders	MV45	150
170	603	Sally	Johnston	Bedford Harriers	FV45	17
171	490	Jeremy	Bell	Ampthill & Flitwick Flyers	MV50	151
172	66	Terry	Peters	Wootton Road Runners	MV55	152
173	1225	Michael	Quinn	Wellingborough AC	MV50	153
174	766	Colin	Ross	Bedford Harriers	MV55	154
175	865	paul	hlton	Boxfit	MV50	155
176	1453	Spare		Leighton Fun Runners	M	156
177	416	Jonathon	Panter	Northampton Road Runners	MV45	157
178	175	Jane	Clarke	North Herts Road Runners	F	18
179	831	claire	murphy	Boxfit	F	19
180	1121	Katharine	Baxter	Wellingborough AC	F	20
181	801	DAVID	ELLIOT	Bedford Harriers	M	158
182	1141	Louise	Kemp	Wellingborough AC	FV35	21
183	921	PETER	TAYLOR	Team East Haddon	MV50	159
184	452	Theresa	Jackson	Ampthill & Flitwick Flyers	FV40	22
185	492	Mark	Billington	Ampthill & Flitwick Flyers	MV45	160
186	1344	James	Neal	Dunstable Road Runners	M	161
187	410	Dave	Whatton	Northampton Road Runners	MV45	162
188	1238	Peter	Williams	Wellingborough AC	MV40	163
189	968	Dave	Pepper	Olney Runners	MV55	164
190	1094	John	Ryan	Stopsley Striders	MV50	165
191	382	Martin	Andrews	Northampton Road Runners	M	166
192	1234	Barry	Wake	Wellingborough AC	M	167
193	539	Jason	Theobald	Ampthill & Flitwick Flyers	MV40	168
194	9	Frances	Hooper	Wootton Road Runners	FV35	23
195	1136	Annemarie	Humphrey-Lodder	Wellingborough AC	F	24
196	1264	Ruth	Grint	Dunstable Road Runners	FV45	25
197	927	SCOTT	McKENZIE	Team East Haddon	MV40	169
198	1329	William	Quinn	Dunstable Road Runners	MV60	170
199	4	Lee	Clayson	Wootton Road Runners	FV45	26
200	123	Verity	Allsop	Leighton Fun Runners	F	27

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Pos.	No.	First Name	Surname	Club	Category	Points
201	963	Chris	Barnes	Olney Runners	MV45	171
202	1080	Phil	Nitchen	Stopsley Striders	M	172
203	1028	Linda	Scanlon	Stopsley Striders	FV35	28
204	862	peter	geraerts	Boxfit	MV45	173
205	787	James	Wallbank	Bedford Harriers	MV50	174
206	15	Polly	Randell	Wootton Road Runners	FV55	29
207	1063	Jeff	Dowsett	Stopsley Striders	MV60	175
208	970	Steven	Garrod	Olney Runners	MV55	176
209	540	Nick	Tillett	Amphill & Flitwick Flyers	MV55	177
210	530	Mark	Rouse	Amphill & Flitwick Flyers	M	178
211	423	Michael	Hollowell	Northampton Road Runners	MV40	179
212	487	Andy	Atherton	Amphill & Flitwick Flyers	MV50	180
213	120	Marianne	Lee	Leighton Fun Runners	F	30
214	531	John	Saunders	Amphill & Flitwick Flyers	MV55	181
215	755	Tony	Parello	Bedford Harriers	MV50	182
216	105	Deepesh	Patel	Wootton Road Runners	M	183
217	536	Richard	Stanley	Amphill & Flitwick Flyers	MV45	184
218	788	Rob	Wallis	Bedford Harriers	MV50	185
219	7	Zoe	Hemsley	Wootton Road Runners	FV40	31
220	468	Katie	Ruditis	Amphill & Flitwick Flyers	F	32
221	975	Patrick	Marshall	Olney Runners	MV50	186
222	224	Caroline	Thrusell	North Herts Road Runners	FV50	33
223	1397	John	Haines	Biggleswade AC	MV55	187
224	798	STUART	SNELSON	Bedford Harriers	M	188
225	61	Nicholas	Huntley-Welsener	Wootton Road Runners	MV40	189
226	867	lee	hutchinson	Boxfit	M	190
227	976	John	Mason	Olney Runners	MV50	191
228	1070	Richard	Hardy	Stopsley Striders	MV55	192
229	1089	Alan	Weir	Stopsley Striders	MV65	193
230	1098	Andrew	Durrant	Stopsley Striders	MV55	194
231	607	Jenny	Lovesey	Bedford Harriers	FV50	34
232	352	Beckie	Hollowell	Northampton Road Runners	FV40	35
233	1248	Gary	Zoboky	Wellingborough AC	MV50	195
234	162	Robert	Roy	Leighton Fun Runners	MV45	196
235	51	Richard	Baldwin	Wootton Road Runners	MV45	197
236	1422	james	Rastrick	Biggleswade AC	M	198
237	121	Georgina	Lee	Leighton Fun Runners	FV35	36
238	191	Zoe	Hague	North Herts Road Runners	F	37
239	842	davina	large	Boxfit	F	38
240	1366	Natalie	Morgan	Biggleswade AC	FV35	39
241	782	Mark	Tinkler	Bedford Harriers	MV55	199
242	701	Simon	Forbes	Bedford Harriers	M	200
243	1365	Monika	Molnar	Biggleswade AC	F	40
244	938	Caroline	Dickens	Olney Runners	FV35	41
245	516	Shaun	Kirtley	Amphill & Flitwick Flyers	MV40	201
246	1201	Tony	Hale	Wellingborough AC	MV60	202
247	678	Chris	Capps	Bedford Harriers	MV55	203
248	287	Tony	Llewellyn	North Herts Road Runners	MV55	204
249	1392	Nigel	Bush	Biggleswade AC	MV65	205
250	623	Juliet	Smith	Bedford Harriers	FV45	42

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Pos.	No.	First Name	Surname	Club	Category	Points
251	1311	Stephen	Grint	Dunstable Road Runners	MV45	206
252	119	Deena	Bland	Leighton Fun Runners	FV35	43
253	642	CHERYL	BOSHER	Bedford Harriers	FV35	44
254	1336	Jonathan	Venning	Dunstable Road Runners	MV60	207
255	922	ROB	WATKINSON	Team East Haddon	MV50	208
256	505	Mark	Fisher	Amptill & Flitwick Flyers	MV45	209
257	550	Spare		Amptill & Flitwick Flyers	M	210
258	124	Charlotte	Woodhouse	Leighton Fun Runners	FV35	45
259	926	NEIL	KEY	Team East Haddon	MV40	211
260	5	Andrea	Collingwood	Wootton Road Runners	FV35	46
261	467	Niki	Rouse	Amptill & Flitwick Flyers	FV40	47
262	303	Matthew	Rix	North Herts Road Runners	M	212
263	936	Bethan	Courtman	Olney Runners	FV45	48
264	1062	Dave	Debnam	Stopsley Striders	MV65	213
265	445	Nicky	Double	Amptill & Flitwick Flyers	FV35	49
266	914	SAM	CORTESE	Team East Haddon	MV55	214
267	466	Julie	Pritchett	Amptill & Flitwick Flyers	FV35	50
268	549	Fraser	Geddes	Amptill & Flitwick Flyers	M	215
269	3	Carrie	Carruthers	Wootton Road Runners	FV50	51
270	260	Colin	Calcutt	North Herts Road Runners	MV50	216
271	1263	Anne	Golding	Dunstable Road Runners	FV55	52
272	91	Roux	Oldfield	Wootton Road Runners	MV45	217
273	643	CARRIE	TRAILL	Bedford Harriers	F	53
274	804	MARK	O'LEARY	Bedford Harriers	M	218
275	1125	Laura	Burton	Wellingborough AC	F	54
276	630	Bev	Tredget	Bedford Harriers	FV45	55
277	192	Jo	Harbon	North Herts Road Runners	FV45	56
278	1081	Stewart	Read	Stopsley Striders	MV40	219
279	723	Tony	Jones	Bedford Harriers	MV50	220
280	627	Paula	Stuart	Bedford Harriers	FV45	57
281	752	Russel	Page	Bedford Harriers	MV50	221
282	356	Jo	Lee	Northampton Road Runners	F	58
283	424	Jon	Dilworth	Northampton Road Runners	MV55	222
284	1190	Rob	Bing	Wellingborough AC	MV40	223
285	1250	Amos	Hill	Wellingborough AC	MV40	224
286	1438	Erica	Darby	Dunstable Road Runners	FV45	59
287	827	greer	kidney	Boxfit	FV40	60
288	429	Richard	Gent	Northampton Road Runners	MV40	225
289	130	Sally	Dickinson	Leighton Fun Runners	FV40	61
290	31	Janet	Mitchell	Wootton Road Runners	FV50	62
291	1159	Natasha	Wain	Wellingborough AC	FV40	63
292	351	Jocelyn	Granger	Northampton Road Runners	FV50	64
293	767	Alex	Rothwell	Bedford Harriers	MV50	226
294	649	Lisa	Webster	Bedford Harriers	FV40	65
295	1006	Karen	Ashby	Stopsley Striders	FV50	66
296	357	Elaine	Palmer	Northampton Road Runners	FV45	67
297	1435	Wendy	Cope	Dunstable Road Runners	FV50	68
298	411	Paul	Braddock	Northampton Road Runners	MV45	227
299	1173	Naomi	Harte	Wellingborough AC	F	69
300	345	Suzanne	Baldwin	Northampton Road Runners	FV45	70

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Pos.	No.	First Name	Surname	Club	Category	Points
301	169	Linda	Aird	North Herts Road Runners	FV55	71
302	1143	Diana	Logan	Wellingborough AC	FV40	72
303	989	Mike	Smith	Olney Runners	MV55	228
304	473	Annette	Bell	Amptill & Flitwick Flyers	FV45	73
305	693	Chris	Fadden	Bedford Harriers	MV50	229
306	651	Stacey	Owen	Bedford Harriers	F	74
307	1131	Kim	Geeves	Wellingborough AC	F	75
308	226	Sue	Vaughan	North Herts Road Runners	FV45	76
309	1009	Liz	Davies	Stopsley Striders	FV50	77
310	16	Catherine	Riley	Wootton Road Runners	FV45	78
311	500	Barry	Dackombe	Amptill & Flitwick Flyers	MV45	230
312	425	Eamon	Kennedy	Northampton Road Runners	MV45	231
313	195	Nicky	Kemp	North Herts Road Runners	FV40	79
314	1440	Margaret	Dewinter	Dunstable Road Runners	FV60	80
315	682	Darren	Cimelli	Bedford Harriers	M	232
316	802	STEVE	BALL	Bedford Harriers	MV45	233
317	1333	Paul	Stack	Dunstable Road Runners	MV45	234
318	1088	Andy	Ward	Stopsley Striders	MV65	235
319	323	Brian	Bailey	North Herts Road Runners	MV65	236
320	673	Tom	Brassington	Bedford Harriers	MV55	237
321	1135	Dawn	Holloway	Wellingborough AC	FV45	81
322	893	Linda	Pollard	Boxfit	FV55	82
323	813	Andy	Purdy	Bedford Harriers	MV55	238
324	876	paul	evans	Boxfit	M	239
325	1401	Peter	Howell	Biggleswade AC	MV65	240
326	1230	Adrian	Spicer	Wellingborough AC	MV40	241
327	255	Paul	Bowal	North Herts Road Runners	MV50	242
328	32	Emma	Stewart	Wootton Road Runners	F	83
329	43	Glen	Cousner	Wootton Road Runners	MV45	243
330	1083	Lance	Richardson	Stopsley Striders	MV55	244
331	462	Fiona	Owen	Amptill & Flitwick Flyers	FV45	84
332	359	Jo	Smith	Northampton Road Runners	FV45	85
333	839	shelley	henderson	Boxfit	F	86
334	421	Andy	Cottrell	Northampton Road Runners	MV50	245
335	1124	Gillian	Brightwell	Wellingborough AC	FV50	87
336	632	Diane	Wallis	Bedford Harriers	FV50	88
337	157	Nicholas	Hughes	Leighton Fun Runners	MV45	246
338	181	Karen	Dodsworth	North Herts Road Runners	FV50	89
339	1168	Victoria	Watson	Wellingborough AC	FV45	90
340	871	gary	smith (snr)	Boxfit	MV50	247
341	518	Terry	McHugh	Amptill & Flitwick Flyers	MV55	248
342	355	Mary	Sullivan	Northampton Road Runners	FV55	91
343	845	debra	johnson	Boxfit	FV50	92
344	131	Katie	Orman	Leighton Fun Runners	F	93
345	569	Nette	Cheetham	Bedford Harriers	FV45	94
346	1275	Tara	Shorey	Dunstable Road Runners	FV35	95
347	524	Brendan	O'Mahoney	Amptill & Flitwick Flyers	MV50	249
348	10	Lorayne	Keet Marsh	Wootton Road Runners	FV55	96
349	1170	Helen	King	Wellingborough AC	F	97
350	19	Liz	Cahill	Wootton Road Runners	FV50	98

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Pos.	No.	First Name	Surname	Club	Category	Points
351	1335	Alan	Turquand	Dunstable Road Runners	MV45	250
352	34	Kay	Duffy	Wootton Road Runners	FV35	99
353	1268	Lisa	Langford	Dunstable Road Runners	F	100
354	1154	Lynda	Rowse	Wellingborough AC	FV45	101
355	833	donna	thomas	Boxfit	FV45	102
356	204	Miranda	Morgan	North Herts Road Runners	FV55	103
357	1278	Anita	Wilson	Dunstable Road Runners	FV40	104
358	671	Norman	Beckwith	Bedford Harriers	MV70	251
359	824	ingrid	bacon	Boxfit	FV55	105
360	1272	Tara	Pountney	Dunstable Road Runners	FV35	106
361	992	Shaun	Wilson	Olney Runners	MV45	252
362	726	Bill	Khinda	Bedford Harriers	MV60	253
363	348	Jo	Cummings	Northampton Road Runners	FV40	107
364	498	Rob	Cook	Amphill & Flitwick Flyers	MV55	254
365	449	Rebecca	Fleckney	Amphill & Flitwick Flyers	F	108
366	1265	Tina	Keane	Dunstable Road Runners	FV45-2ndClaim	
367	1157	Tracey	Treadwell	Wellingborough AC	FV35	109
368	626	Sylvia	Snowling	Bedford Harriers	FV50	110
369	35	Samantha	Stewart	Wootton Road Runners	F	111
370	30	Julia	Hunter-Welsener	Wootton Road Runners	FV40	112
371	12	Fiona	Kinder	Wootton Road Runners	FV45	113
372	1096	Bill	Bennington	Stopsley Striders	MV75	255
373	1048	Phil	Abbitt	Stopsley Striders	MV60	256
374	835	elaine	wheeler	Boxfit	FV50	114
375	176	Lindsay	Cook	North Herts Road Runners	FV35	115
376	282	Brian	Judkins	North Herts Road Runners	MV55	257
377	1281	Tara	Adams	Dunstable Road Runners	FV45	116
378	1142	Trudi	Knight	Wellingborough AC	FV40	117
379	346	Helen	Blackburn	Northampton Road Runners	FV45	118
380	1133	Sally	Hewitt	Wellingborough AC	FV60	119
381	219	Joy	Stroud	North Herts Road Runners	FV65	120
382	297	Patrick	Norris	North Herts Road Runners	MV55	258
383	680	Jack	Chana	Bedford Harriers	MV60	259
384	360	Kirsty	Turner	Northampton Road Runners	F	121
385	533	Dave	Sedgley	Amphill & Flitwick Flyers	MV70	260
386	1008	Tracey	Barrett	Stopsley Striders	F	122
387	463	Annie	Page	Amphill & Flitwick Flyers	FV40	123
388	1021	Judy	Reid	Stopsley Striders	FV60	124
389	179	Cathy	Craig	North Herts Road Runners	FV60	125
390	225	Jane	Tyler	North Herts Road Runners	FV50	126
391	1118	Mandy	Allen	Wellingborough AC	FV50	127
392	442	Jane	Cook	Amphill & Flitwick Flyers	FV55	128
393	904	Val	Bridges	Team East Haddon	FV60	129
394	1253	Graham	Bayes	Wellingborough AC	MV65	261
395	361	Carol	Whatton	Northampton Road Runners	FV50	130
396	1033	Lehla	Carter	Stopsley Striders	F	131
397	840	steph	evans	Boxfit	F	132
398	299	Geoff	Pettengell	North Herts Road Runners	MV60	262
399	1343	Lee	Gauntlett	Dunstable Road Runners	M	263
400	613	Susan	Pack	Bedford Harriers	FV45	133

3 Counties Cross Country League Results

Venue Wing

24-November-2013

Pos.	No.	First Name	Surname	Club	Category	Points
401	1005	Pam	Abbitt	Stopsley Striders	FV60	134
402	350	Sally	Garrett	Northampton Road Runners	FV50	135
403	1172	Beth	York	Wellingborough AC	F	136
404	1057	Ian	Cousins	Stopsley Striders	MV65	264
405	1019	Helen	Morris	Stopsley Striders	FV75	137
406	132	Stephanie	Nash	Leighton Fun Runners	FV35	138
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3 Counties Cross Country League Results

Venue **Wing**

24-November-2013

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3 Counties Cross Country League Results

Venue **Wing**

24-November-2013

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3 Counties Cross Country League Results

Venue **Wing**

24-November-2013

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